

COI YEAR IN REVIEW 2025

2025 was a terrific year for COI starting with our Community Council and Leadership Council Strategic Planning sessions. We ended the year with dispersing mini-grant awards for seven organizations, including three schools.



2025-30 STRATEGIC PLANNING

In March 2025 COI facilitated two strategic planning sessions. First with the Community Council and then with COI leadership and key partners.



LETTERS OF SUPPORT

In 2025, COI wrote seven Letters of Support for organizations and municipalities whose projects align with our goals, priorities, and strategies.



LETTERS OF SUPPORT

Who we supported

Outcome

<p>City of Oceanside, support for Coastal Rail Project / Ciudad de Oceanside, apoyo al proyecto ferroviario costero</p>	<p>To be determined / Pendiente de definición</p>
<p>City of Oceanside, support for their Active Transportation Plan Grant / Ciudad de Oceanside, apoyo a su subvención del Plan de Transporte Activo</p>	<p>Awarded \$595,000 by the Caltrans Sustainable Transportation Planning Grant program / Recibió una subvención de \$595,000 del programa de subvenciones para la planificación del transporte sostenible de Caltrans.</p>
<p>CA Association of Food Banks, SB 225 / Asociación de Bancos de Alimentos de California, SB 225</p>	<p>Bill held in the Senate Appropriations Committee / Proyecto de ley retenido en el Comité de Asignaciones del Senado</p>
<p>SANDAG VZAP, Supported their application for American Planning Association Award / SANDAG VZAP apoyó su solicitud para el premio de la Asociación Estadounidense de Planificación</p>	<p>Received the SD regional award, moved forward to the state level, but was not awarded / Recibió el premio regional de SD, pasó a la fase estatal, pero no fue premiado.</p>
<p>City of San Diego, El Cajon Cal Trans Planning Grant / Ciudad de San Diego, Subvención de planificación de CalTrans para El Cajon</p>	<p>Not awarded, decision made at the state level / No se otorgó el premio; la decisión se tomó a nivel estatal.</p>
<p>SANDAG Mid City Link: Safety Improvements Project / Proyecto SANDAG Mid City Link: Mejoras de seguridad</p>	<p>To be determined</p>
<p>Health and Human Services Agency Sustainable Transportation Planning Grant / Subvención de la Agencia de Salud y Servicios Humanos para la planificación del transporte sostenible.</p>	<p>To be determined</p>

MINI GRANT AWARDEES

A total of \$40,000 was awarded to support community health initiatives. \$10,000 from COI to promote healthy eating and physical activity and \$30,000 from Kaiser Hospital Foundation for community-driven breastfeeding and lactation projects.



Bancroft Elementary School is creating school-based opportunities that promote both physical and nutritional health by building on their Run Club, Playworks, and community garden.

The Escondido Union Cal-SAFE Program on supporting our new garden at our childcare center. This garden will provide exposure to fresh food off the vine for both teenage parents as well as their children. It will allow children to work in the garden with their caregivers, to plant, tend, and harvest fruits and vegetables.



MINI GRANT AWARDEES

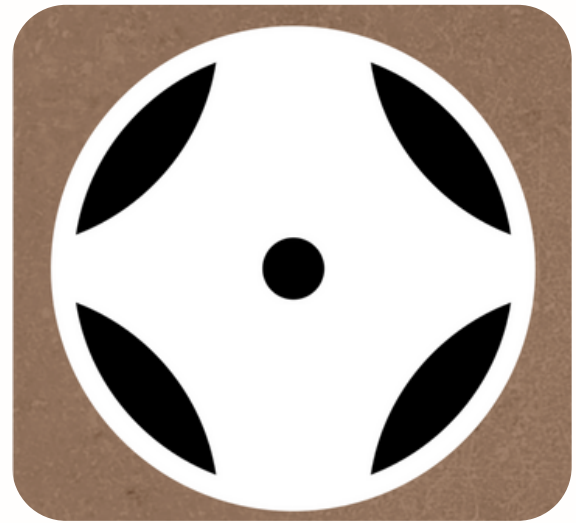
Vista High School is improving access to essential services and addresses key health needs by creating supportive spaces for both students and families. Families will have access to food, clothing, toiletries, school supplies, and wellness resources, helping to reduce barriers related to food insecurity and basic needs. They'll also provide students with healthy snacks and beverages, encouraging better nutrition during the school day. Their Lunch Free Play program will also directly addresses the growing need for increased physical activity among teens.



TranscenDANCE offers young people ages 9-13 years old to engage in safe physical activity in an inclusive and culturally relevant manner. They are building on an existing program that explores dance and performing arts after school and weekends through rigorous dance training and immersion in a culturally appropriate social change/social emotional learning curriculum.

MINI GRANT AWARDEES

Around Birth will expand Perinatal Community Health Worker walk-in clinic to San Diego. Activities will include breastfeeding & human milk access, access to healthy food, and physical activity and stress reduction activities.



Global Communities will provide training and mentoring to Lactation Educators, implement in-person lactation support activities in the Southeast San Diego and El Cajon, and strengthen and expand access to a multi-lingual “Breastfeeding Warmline.”

San Diego Lactation Equity Alliance will implement the Community Infant Feeding Safe Spaces Initiative by offering pop-up style infant feeding spaces and safe infant feeding spaces at community events and public outdoor gatherings. They will provide free or low-cost mini lactation consultations, distribute infant feeding supplies, and provide families with a place to breastfeed, pump, or bottle feed in public without stigma



ADDITIONAL GRANTS

In 2025 COI received additional funding from the Office of Minority Health, Kaiser Permanente, and the American Heart Association



KIN COMMUNITY RESEARCHERS

The COI Community Council Next of Kin (NoK) subcommittee co-designed the RFA and granting process, leading to the release of the RFA to award \$175,000.



They received 74 grant applications requesting over \$2.2 million, and six applicants were awarded funding; they are currently onboarding and will begin their projects on January 1.

PRESENTATIONS

In 2025 COI facilitated five presentations including tabling at the 2025 Live Well Advance Conference



<p>D11 Caltrans Bicycle and Pedestrian Advisory Committee / Comité Asesor de Bicicletas y Peatones de Caltrans D11</p>	<p>August 20th</p>
<p>K-12 Telebriefing / Teleinformes K-12</p>	<p>August 26th</p>
<p>Coffee with the Principal / Café con el director</p>	<p>September 17th</p>
<p>SANDAG Task Force Meeting / Reunión del grupo de trabajo de SANDAG</p>	<p>September 30th</p>
<p>2025 Live Well Advance Tabling / Presentación anticipada de Live Well 2025</p>	<p>October 22nd</p>

PARK AND WALK AUDIT



In September we held a Park and Walk Audit covering the route from Logan Heights Community Memorial Park to Rodriguez Elementary School.





DOMAIN UPDATES



Community Council

- Launched the NOK Subcommittee with leadership from Community Co-Pi's to co-develop the KIN Community Granting Program & launched the RFA in August
- Developed recommendations for their focus areas and carried these forward to inform the development of the COI 5-Year Strategic Plan
- Advocated for the continuation of funds for the Mas Fresco Plus program resulting in half a million dollars being awarded from the SD County Board of Supervisor for the continuation of the program

Business Domain

- Added UC Milk Bank information in two breastfeeding rooms at County offices
- Making progress on developing breastfeeding friendly recognition program for businesses



DOMAIN UPDATES



Community Domain

- Welcomed new Community Domain Co-Chair Anae Evangelista, Community Impact Manager with San Diego Hunger Coalition
- Recruited and Convened a selection committee for the COI Mini-Grants
- Facilitated Sun Bucks Advocacy trainings



Early Childhood Domain

- Organized and facilitated a training for early childcare providers in August about how to provide safe sleep and breastfeeding friendly environments (50 people attended)
- Launched breastfeeding friendly recognition program for early childcare centers.



DOMAIN UPDATES

Government Domain

- Presented on the Safe Routes to Healthy Places Work Plan to the D11 Caltrans BPAC meeting
- Worked with the county on the AB43 rollout in incorporated areas of the county
- Connected COI with the SEAPED Coalition
- Led and facilitated Park & Walk audit training in preparation for the Annual All Partner Convening



Healthcare Domain

- We welcomed a new Domain Chair, Rachel Perkins.
- Participated in the Logan Heights park audit.
- Collaborated with Rady's, UCSD Health, and the City of San Diego Parks and Recreation Aquatic Department to promote free water competency lessons
- Reestablished the Physician Advisory Council.



DOMAIN UPDATES

Media Domain

- Created a Media and Communications plan for COI
- Added Anita Lightfoot to Media Domain workgroup so that we have more collaboration between COI and HHSA communication mediums
- Started planning for COI's 20th Anniversary - in January all Media Domain meetings will act as Anniversary Planning Meetings



Schools & After-School Domain

- Worked with the county to create 2026 Proposed Legislation Sponsorship Form
- Collaborated with the Early Childhood Domain to promote the link between less screen time, better sleep, and learning.
- Connected COI to schools contacts near the Logan Heights Memorial Park audit (and making connections between schools and other park audit locations)





**Thank you to all our partners
and the support of the County
of San Diego Health and
Human Services Agency.**

