

COI Mini-Grant RFA (2025-26)

Start of Block: Default Question Block

The San Diego County Childhood Obesity Initiative (COI) is offering a total of \$10,000 in mini-grants to support short-term projects that promote healthy food, physical activity, and/or healthy people in healthy places. Thanks to additional support from the Kaiser Hospital Foundation, we also have \$30,000 to fund projects specifically focused on human milk and breastfeeding.

- *For projects related to **healthy food, physical activity, and/or healthy people in healthy places** we will fund requests up to \$3,000.*
- *For projects related to **human milk or breastfeeding**, we will fund requests up to \$10,000.*

Projects that align with COI's goals, address health challenges, and are community-focused will be prioritized. Proposals may support new efforts or build on existing efforts.

Project period: **October 2025 – June 2026**

Applicants must be **based in San Diego County**

Grantees must attend **2-3 required COI meetings**

Applications are due by Friday, August 22, 2025. For questions or support, contact: sd-coi@ucsd.edu, subject line "COI Mini-Grants." For more details view the 2025 COI Mini-Grant RFA.

End of Block: Default Question Block

Start of Block: Applicant Information

Q1 Applicant Information

Q2 Organization/Affiliation Name

Q3 Primary Contact Name (First & Last)



Q4 Email Address



Q5 Phone Number XXX-XXX-XXXX



Q6 Zip Code

Q7 Organization Type (select all that apply)

☐

Community-led group (with a fiscal sponsor) (1)

☐

Tax-exempt organization (501(c)(3) or equivalent) (2)

☐

City or tribal government (3)

☐

San Diego County school or school district (4)

☐

Other (please specify): (5)

Q8 Are you or your organization currently a member of the San Diego County Childhood Obesity Initiative (COI)?

☐ Yes (1)

☐ No (2)

Display this question:

If Are you or your organization currently a member of the San Diego County Childhood Obesity Initiat... = Yes

Q9 If yes, which workgroup are you a part of? (select all that apply)

- ☐ Business Domain (1)
 - ☐ Community Council (2)
 - ☐ Community Domain (3)
 - ☐ Early Childhood Domain (4)
 - ☐ Healthcare Domain (5)
 - ☐ Government Domain (6)
 - ☐ Leadership Council (7)
 - ☐ Media Domain (8)
 - ☐ Schools & After-School Domain (9)
 - ☐ COI All-Partner (10)
 - ☐ Other (please describe): (11)
-

End of Block: Applicant Information

Start of Block: Project Overview

Q29 Project Overview

Q10 What is the title of your project?

Q11 Age range that your project will serve (select all that apply):

- ☐ Prenatal (during pregnancy) (1)
 - ☐ 0-12 months (infants) (2)
 - ☐ 1-3 years (toddlers) (3)
 - ☐ 3-5 years (preschoolers/early childhood) (4)
 - ☐ 6-12 years (elementary-age children) (5)
 - ☐ 13-18 years (teens) (6)
 - ☐ 18-25 years (young adults) (7)
 - ☐ Adults (18+) (8)
 - ☐ Seniors (60+) (9)
 - ☐ Families (10)
 - ☐ Other (please describe): (11)
-

Q12 Population of Focus *(e.g. pregnant individuals, low-income families, people experiencing food insecurity, communities of color, residents in rural areas, people with chronic health conditions, immigrant and refugee families, youth living in areas without safe places to play, childcare providers, etc.)*

Q13 Geographic focus of your project (city, neighborhood, or region in San Diego County):

Q14 Is this a new project or support for an existing project?

- ☐ New Project – This is a new effort that has not yet been implemented. (1)
- ☐ Support for an Existing Project – This project builds on or adds to an effort that is already underway. (2)

Q18 Does your project support access to human milk or breastfeeding?

- ☐ Yes (1)
- ☐ No (2)

Q16 Describe your planned activities. *Emphasize health outcomes, capacity building, or service delivery. *If this is building upon an existing project, please include how this funding will enhance or expand the work.*

Q15 Which COI goal(s) does your project support? (select all that apply)

- ☐ Healthy Food – Increase access to healthy food and beverages. ^{*If}
applying for a project that supports human milk/breastfeeding select this option. (1)
- ☐ Physical Activity – Increase opportunities for safe physical activity. (2)
- ☐ Healthy People in Healthy Places – Create and improve social, economic,
service, institutional, and built environments that support healthy eating and active living. (3)
-

Q17 Briefly describe how your activities align with the COI's goal(s).

Q19 How does your project improve access to services or address specific health needs within your target audience? *This could be through your approach, who leads the work, or the intended outcomes.*

End of Block: Project Overview

Start of Block: Timeline

Q30 Timeline

Q20 Provide a brief timeline of your project activities. *(All activities must take place between October 2025 and June 2026 for a total of a 9 month time period).*

Example format:

Month 1: Community outreach and planning

Month 2-3: Develop workshops

Month 4-6: Implement workshops

Month 7-8: Conduct surveys

Month 9: Reporting

Q35 Optional: Upload timeline of project activities.

End of Block: Timeline

Start of Block: Impact & Measurement

Q21 What change or impact do you hope to see?

Q22 How will you track progress and impact? *Things to consider: what, how, and when will you measure it?*

End of Block: Impact & Measurement

Start of Block: Budget

Q31 Budget

Q34 How much funding are you requesting?

*For projects related to **healthy food, physical activity, and/or healthy people in healthy places** we will fund project requests **up to \$3,000**.*

*For projects related to **human milk or breastfeeding**, we will fund project requests **up to \$10,000**.*

Q24 Please upload a brief budget. Include all expenses and how funds will be used (e.g. supplies, outreach materials, stipends for community participants, etc.)

Unallowable expenses include:

- Staff salaries
- Fundraising events
- Political campaigns
- Cash prizes
- Tobacco, alcohol, and firearms
- Religious activities
- Purchase of unhealthy foods and beverages
- We reserve the right to identify additional unallowable activities

NOTE: Stipends for community members, youth, and volunteers are encouraged.

Q36 Will your organization be using a fiscal sponsor? If your organization is not a 501(c)(3) nonprofit or cannot receive funds directly, you may partner with a fiscal sponsor to apply. A fiscal sponsor is an established organization that agrees to manage grant funds on behalf of a smaller group that may not have nonprofit status. Examples of fiscal sponsors include, but are not limited to: community-based nonprofit, local health agency, educational institution with grant management capacity.

☐ No (1)

☐ Yes (2)

Display this question:

If Will your organization be using a fiscal sponsor? If your organization is not a 501(c)(3) nonpro... =
Yes

Q37 Please upload a letter of commitment from the fiscal sponsor.

The fiscal sponsor is responsible for:

Receiving and distributing funds

Ensuring proper financial oversight

Supporting compliance with tax and legal requirements

End of Block: Budget

Start of Block: Participation Agreement

Q32 Participation Agreement

Q25 If selected, can you commit to:

Attending 2-3 COI meetings

Submitting a brief final report

☐ Yes (1)

☐ No (2)

End of Block: Participation Agreement

Start of Block: Additional Info

Q26 Optional: Anything else you'd like us to know?

End of Block: Additional Info

Start of Block: Block 9

Q33 How did you hear about the COI mini-grant RFA? (select all that apply)

- ☐ COI weekly email (1)
 - ☐ HMI newsletter (2)
 - ☐ Social media (Instagram, Facebook, LinkedIn) (3)
 - ☐ COI workgroup meeting (4)
 - ☐ COI staff member (5)
 - ☐ Community meeting or event (6)
 - ☐ Partner organization (please specify): (7)
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- ☐ Other (please specify): (8)
-

End of Block: Block 9

Start of Block: Block 8

Q27 Thank you for taking the time to apply for the COI Mini-Grant. We appreciate your commitment to creating healthier communities across San Diego County. If you have any questions about the application or need assistance, please contact:sd-coi@ucsd.edu with the subject line "Mini-Grants"

End of Block: Block 8
