

Wellness Policy Attribute: **Water Access and Safety**

District	BP/AR (Year)	Page	Language
1. Alpine	BP (2017)	5	Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children's diets and health, with an emphasis on serving healthy snacks that include fruits and vegetables and <i>water</i> as a primary beverage.
2. Borrego Springs	BP (2017)	8	<p><i>Water</i></p> <p>To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day* and throughout every school campus* (“school campus” and “school day” are defined in the glossary). The District will make drinking water available where school meals are served during meal times.</p> <ul style="list-style-type: none"> ▪ Water jugs will be available in the cafeteria if a drinking fountain is not present. ▪ All water sources and containers will be maintained on a regular basis to ensure good hygiene and health safety standards. Such sources and containers may include drinking fountains, water jugs, hydration stations, water jets and other methods for delivering drinking water. ▪ Students will be allowed to bring and carry non-glass water bottles filled only with water with them throughout the day. ▪ The Borrego Water District is working with BSUSD to test drinking water at all sites for lead. Depending on the results, appropriate measures will be taken.
3. Cajon Valley	BP (2017)		The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
4. Cardiff	BP (2022)	2	<p>Provide free drinking water during meals, including both drinking fountains and water bottle refilling stations.</p> <p>Provide free drinking water at both school sites including drinking fountains and reusable water bottle filling stations.</p>
5. Carlsbad	BP (2017)	5	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
6. Chula Vista	BP (2017)	3 9	<p>Reimbursable Meals</p> <p>Provide access to free, fresh drinking water during meal times in the food service area(s) of the school. (SB 1413)</p> <p>Nutrition Promotion and Marketing in Schools</p>

			Students should be encouraged to consume water through education about the health benefits of water, allowing students to refill reusable, capped water bottles, with clean potable water during the school day to consume in the classroom, and by maintaining clean, functioning water fountains.
7. Dehesa	BP (2019)	5	Snacks: Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children's diets and health, with an emphasis on serving healthy snacks that include fruits and vegetables and water as a primary beverage.
		7	Promote the consumption of water, fruits, vegetables, whole-grain products, low-fat or fat-free unflavored dairy products, and healthy food preparation methods emphasizing calorie balance between food intake and energy expenditure through physical activity and exercise.
		8	Marketing activities that promote healthful behaviors (and are therefore allowable) include: vending machine covers promoting water;...
8. Del Mar	BP (2014)	2	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
9. Encinitas	BP (2017)	4	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
		5	Schools shall provide access to free, potable water during meal times in the food service area, and shall encourage students' consumption of water through education about the health benefits of water and serving water in an appealing manner.
10. Escondido Union	BP (2018)	4	The superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
11. Escondido Union High	BP (2018)	5	The Superintendent or designee will provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and will encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.

12. Fallbrook Union High	BP (2018)	3	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
13. Grossmont	BP (2019)	4	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
14. Jamul-Dulzura	BP (2020)	4	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
15. Julian Union	BP (2019)	9	<p><i>Water</i> To promote hydration drinking water will be available to all students throughout the school day and at each school campus via water refill stations. The District will make drinking water available where school meals are served during mealtimes.</p> <p>All water sources and containers will be maintained on a regular basis to ensure good hygiene and health safety standards. Such sources include hydration stations, drinking fountains, water jugs, and other methods for delivering drinking water. Students will be allowed to bring and carry water bottles filled with only water with them throughout the day.</p> <p><i>Essential Healthy Eating Topics in Health Education</i></p> <ul style="list-style-type: none"> ▪ Importance of water consumption
16. Julian Union High	BP (2017)	8	<p>Beverages Schools will offer an accessible water station located within the snack/lunch area during meals and nutrition breaks to ensure that all children have access to water.</p> <p>Snacks Snacks served during the school day or in after-school programs will make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.</p> <p>Nutritional Guidelines for Foods Available at School The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.</p>

17. La Mesa-Spring Valley	BP (2017)	4	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
18. Lakeside	BP (2022)	6	Water To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day and throughout every school campus. The District will make drinking water available where school meals are served during mealtimes.
19. Lemon Grove	BP (2018)	9 10	<i>Nutrition Guidelines For all Foods and Beverages</i> To promote hydration; free, safe, unflavored drinking water will be available to all students throughout the school day. Students shall be provided access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758. In addition, students will be allowed to bring and carry water bottles filled with only water with them throughout the day. <i>Nutrition Promotion</i> NS and ECE will post the following information on the web: a description of the Federal Child Nutrition programs in which the District participates as well as any unique school meal activities that are provided; a description of the District's nutrition guidelines for school meals and all other foods available to students during the school day; the current menus including nutritional information for the foods being served; guidelines regarding food allergies; administrative regulations regarding competitive foods and beverages; and policies regarding the availability and locations of free drinking water throughout the school day, including during the meal service.
20. Mt. Empire	BP (2017)	3	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
21. National	BP (2023)	3 4	Free Drinking Water Fresh drinking water will be provided for free during all meal times in food services areas at all District schools, including both indoor and outdoor eating areas. SB 965 compliant beverages are: Water: No added sweeteners and no serving size limit
22. Oceanside	BP (2021)	2	Nutritional Guidelines for Foods Available at School The District shall ensure schools provide free, easily accessible, and potable drinking water on school grounds in hightraffic and common areas, both throughout the school day

		9	<p>and beyond regular school hours and meet the following: 1. Age-appropriate water sources must be available for pre-k and kindergarten students. 2. There must be a minimum of one (1) drinking fountain or bottle filling station per one hundred (100) building occupants. 3. Water sources must be regularly cleaned to maintain sanitary conditions and maintained on a regular basis to ensure they function properly. 4. During mealtimes, schools must provide access to cups or other drinking containers 5. Students, teachers, and staff shall be allowed to bring and carry approved water bottles. 6. All newly constructed public-school buildings and public-school buildings undergoing additions or major building renovations shall be equipped with water bottle filling stations, to meet a minimum of one (1) water bottle filling station located in or near cafeterias, gymnasiums, outdoor recreation spaces, and other high-traffic areas.</p> <p>Community Engagement School-sponsored events will feature healthy food and beverages choices, which will always include FREE water.</p>
23. Poway	BP (2018)	2	The Superintendent or designee shall provide access to free, potable water in the food and nutrition area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
24. Ramona	BP (2019)	3	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
25. San Diego Unified	BP (2017)	3 7	<p>Goals for Food and Nutrition are:</p> <p>j. Make available free potable drinking water for all students, at minimum during mealtimes.</p> <p>Health-Promoting School Environments</p> <p>e. Support availability and consumption of water throughout the school day and extended day.</p>
26. San Dieguito	BP (2019)	2	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
27. San Pasqual	BP (2013)	3	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.

			them about the health benefits of water and serving water in an appealing manner. This may include allowing students to refill reusable water bottles with clean, potable water during the school day. Well water is routinely tested quarterly and on a yearly cycle, and the results are made public each June.
33. Sweetwater	BP (2017)	4	<ol style="list-style-type: none"> 1. Students shall be provided access to free potable drinking water in eating areas during meal times and throughout the school day by allowing for installation or renovation of water stations when possible. 2. Students shall also be encouraged to consume water during the school day and in campus after-school programs by allowing capped water bottles in classrooms and other campus areas.
		5	<p>5. Fundraising, Food Sales, and Activities</p> <ol style="list-style-type: none"> 1. ...Marketing activities that promote healthful behaviors (and are therefore allowable) include: vending machine covers promoting water; pricing structures that promote healthy options in a la carte lines or; sales of fruit for fundraisers. 6. School-based or school-sponsored events including during after-school or non- school hours shall include one or more healthy options when selling/serving/offering foods and beverages. (i.e. water, fruits, vegetables, whole grains, low fat dairy products.)
34. Vallecitos	BP (2017)	4	The Superintendent/Principal or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
35. Valley Center-Pauma	BP (2016)	3	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
36. Vista	BP (2021)	2	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.