

Wellness Policy Component: **School Site Wellness**

District	BP/AR (Year)	Page	Language
1. Cardiff	(BP) 2022	5	<p>The district shall: Provide appropriate and continuing professional development that is supportive of the adopted school wellness policy to teachers, school/district food service personnel, other staff and members of the District Wellness Committee.</p> <p>The district shall establish an ongoing District Wellness Committee with community-wide representation. Information about joining the council will be made available to parents each school year.</p> <p>The District Wellness Committee shall conduct an annual assessment of nutrition and physical activity programs and policies, to be compiled at the district level and reported to the school community.</p>
2. Chula Vista	BP (2017)	19	<p>School Site Wellness Councils</p> <p>By August 2020, each school site will identify a wellness lead. In addition, schools are encouraged to create a School Site Wellness Council. The Superintendent/designee may appoint a School Health Council consisting of various stakeholders. The Council may include District administrators, parents, classroom teachers, students, health professionals, school nurses, health educators, physical education teachers, counselors, and/or others interested in school health issues.</p> <p>The School Site Wellness Council shall assist with policy development and advise the District on health-related issues, activities, policies, and programs. At the discretion of the Superintendent/designee, the Council’s charges may include planning and implementing activities. to promote health within the school or community.</p>
3. Escondido Union High	BP (2018)	6	<p>Program Implementation and Evaluation</p> <p>The Superintendent designates the individual(s) identified below as the individual(s) responsible for ensuring that each school site complies with the district's wellness policy. (42</p>
4. Lakeside	BP (2022)	2	<p>II. District Wellness Committee</p> <p>To the extent possible, the DWC will include representatives from each school site and reflect the diversity of the community.</p>

5. Lemon Grove	BP (2018)	16	<p>Each school is encouraged to establish and/or maintain a School Wellness Committee to help implement and evaluate adherence to the Policy. This will involve: assessing the school’s healthy eating and physical activity policies and practices; writing an action plan for the school year based on the assessment; implementing the plan; and communicating wellness related policies to the school community.</p> <p>Each school is encouraged to create a ‘school wellness report card’ that details its progress in various areas.</p>
6. National	BP (2023)	1	<p>WELLNESS COMMITTEE</p> <p>The National School District (District) has an existing Wellness Committee that meets at least four times per year to establish goals for and oversee school health and safety policies and programs, including development, implementation and periodic review and update of this district-level wellness policy. The Wellness Committee membership is ideally composed of Parents, Principals, Child Nutrition Services, Health Services, Teachers, District Administrators, and representatives of local and state hunger and welfare agencies. The Wellness Committee works to assist in developing, implementing, monitoring, and revising the District’s Wellness Policy and the goals as related to the District’s Strategic Plan.</p>
7. Ocean-side Unified	BP (2021)	2	<p>School Site Wellness Coordinators</p> <p>By October 1st of each year, the school administrators will identify an adjunct duty site Wellness Lead charged with operational responsibility for ensuring that each school site implements this policy. The site Wellness Lead shall be a member of the District Wellness Committee to assist with policy development and advise the District Wellness Committee on health-related issues, activities, policies, and programs. In addition, schools are encouraged to create a School Site Wellness Committee, which may include students and families.</p>

<p>8. San Diego Unified</p>	<p>BP (2022)</p>	<p>1</p>	<p>School Site Wellness Committees On an annual basis, at the start of each school year, each school principal will designate a staff member to serve as their School Site Wellness Coordinator and establish a School Site Wellness Committee. The committee should include representatives of the school and classified and certificated employees who have a direct impact on students' physical, mental-emotional, nutritional, and educational well-being, as well as site administrators, parents, students, and community partners.</p>
<p>9. San Dieguito</p>	<p>BP (2019)</p>	<p>3</p>	<p>The Superintendent or designee shall invite feedback on district and school wellness activities from food service personnel, school administrators, the Student Wellness council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons.</p>
<p>10. San Marcos</p>	<p>BP (2016)</p>	<p>4</p>	<p>F. Program Implementation and Evaluation The board shall establish and maintain a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy. Primary operational responsibility for the district's wellness policy shall be as follows:</p> <p>1) School principals to ensure that nutrition guidelines for foods available at schools are followed, that any competitive foods sales during the school day meet state and federal regulations, including board approval, and that the District adopted course of study for KH12 physical education will be implemented and other District approved physical activity programs will be provided.</p>
<p>11. South Bay</p>	<p>BP (2023)</p>	<p>1</p>	<p>School Health Council/Committee The Superintendent or designee shall encourage parents/guardians, students, food service employees, physical education teachers, school health professionals, Board members, school administrators, and members of the public to become involved in the development, implementation, and review and periodic update of the district's student wellness policy. In addition, the Superintendent or designee will actively seek members through the website and by emailing invitations to participate.</p>

<p>12. Sweetwater</p>	<p>BP (2017)</p>	<p>2</p>	<p>District Wellness Committee</p> <p>b. Each school site is encouraged to:</p> <ul style="list-style-type: none"> • Create a site-based wellness committee. • Designate a wellness champion who will serve as a point of contact for the Wellness Committee, • Support wellness policy implementation at the school site • Attend district wellness committee meetings as available.
<p>13. Vista</p>	<p>BP (2021)</p>	<p>1</p>	<p>School Wellness Council</p> <p>The Superintendent or designee shall encourage parents/guardians, students, food service employees, physical education teachers, school health professionals, Board members, school administrators, and members of the public to participate in the development, implementation, and periodic review and update of the District’s student wellness policy. (42 USC 1758b; 7 CFR 210.30)</p> <p>To fulfill this requirement, the Superintendent or designee shall appoint a school wellness council or other District committee and a wellness council coordinator. The council or committee may also include District administrators, educators, curriculum directors, counselors, before-and after-school program staff, health practitioners and/or others interested in school health issues.</p> <p>The Superintendent or designee may make available to the public and school community a list of the names, position titles, and contact information of the wellness council members.</p> <p>The Wellness Council shall advise the District on health-related issues, activities, policies, and programs. At the discretion of the Superintendent or designee, the duties of the council may include planning, implementation, and evaluation of activities to promote health within the school or community.</p>

<p>14. Warner</p>	<p>BP (2018)</p>	<p>1</p>	<p>School Health Council/Committee The Superintendent or designee shall appoint a school health council or other committee consisting of stakeholder representatives including: parents/guardians, students, school food service professionals, school administrators, representatives of the Board and members of the public. The council or committee may also include District administrators, health professionals, school nurses, health educators, physical education teachers, counselors, and/or others interested in school health issues. The purpose of a school health council or committee is to advise the District on health-related issues, activities, policies, regulations, and programs, and to develop goals for nutrition education, physical activity, and other school based activities that are designed to promote student wellness in a manner that the District determines appropriate. At the discretion of the Superintendent or designee, the council's charges may include planning and implementing activities to promote health within the District or community.</p> <p>Nutrition Education and Physical Activity Goals The Board shall review and adopt goals proposed by the School Health Council/Committee for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness in a manner that the District determines appropriate.</p>
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