

## Wellness Policy Attribute: **Safe Routes to School and Active Transportation**

<b>District</b>	<b>BP/AR (Year)</b>	<b>Page</b>	<b>Language</b>
1. <b>Alpine</b>	BP (2017)	11	Safe Routes to School: The school district will encourage agencies having jurisdiction to determine safe routes to school in order to make it safer and easier for students to walk and bike to school. When appropriate, the district will work together with local public works, public safety, and/or police departments in those efforts. The school district will explore the availability of federal "safe routes to school" funds, administered by the state department of transportation, to finance such improvements.
2. <b>Borrego Springs</b>	BP (2017)	1  14	<p><b>Preamble:</b> In addition, students who are physically active through active transport to and from school, recess, physical activity breaks, high-quality physical education and extracurricular activities – do better academically.</p> <p><b>Active Transport</b> The District will support active transport to and from school, such as walking or biking. The District will encourage this behavior by engaging in <i>six or more</i> of the activities below; including but not limited to:</p> <ul style="list-style-type: none"> <li>• Designate safe or preferred routes to school</li> <li>• Promote activities such as participation in International Walk to School Week, National Walk and Bike to School Week.</li> <li>• Secure storage facilities for bicycles and helmets (e.g., bicycle racks and lockers)</li> <li>• Instruction on walking/bicycling safety provided to students</li> </ul> <p>Promote safe routes program to students, staff, and parents via newsletters and District website Use walking school buses Document the number of children walking and or biking to and from school.</p>
3. <b>Cajon Valley</b>	BP (2017)	2	All students shall be provided opportunities to be physically active on a regular basis. Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
4. <b>Cardiff</b>	BP (2022)	4	<b>Physical Activity</b> The district shall:

			<ul style="list-style-type: none"> <li>Encourage active transport to and from school through our Walk/Bike to School Program.</li> </ul>
5. <b>Carlsbad</b>	BP (2017)	3	All students shall be provided opportunities to be physically active on a regular basis. Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
6. <b>Chula Vista</b>	BP (2017)	15	<b>Safe Routes to School</b> The District: Will assess routes and, if necessary, facilitate improvements to make it safer and easier for students to walk and bike to school. Will, when appropriate, work together with local public works, public safety, and/or police departments in those efforts. Will explore the availability of federal Safe Routes to School (SRTS) funds administered by the California Department of Transportation to finance such improvements. May identify a coordinator or establish District or school site committees to oversee, coordinate, and communicate SRTS activities. Members of the SRTS committee at both the District and school levels shall include students, parents, principal, other school staff, and representatives from local city or law enforcement agencies.
7. <b>Coronado</b>	BP (2016)	1	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
8. <b>Del Mar</b>	BP (2014)	1	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before and afterschool programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in class physical activity breaks, and other structured and unstructured activities.
9. <b>Encinitas</b>	BP (2017)	3  11	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
10. <b>Escondido Union High</b>	BP (2018)	3	All students shall be provided opportunities to be physically active on a regular basis. Opportunities for moderate to

			vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
11. <b>Grossmont</b>	BP (2019)	2	Opportunities for moderate to vigorous physical activity shall be provided through physical education, and recess and may also be provided through school athletic programs, extracurricular programs, before - and/or afterschool programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
12. <b>Julian Union</b>	BP (2019)	19	<p><b>Active Transportation</b></p> <p>The District will support active transport to and from school, such as walking or biking, through its intergenerational Safe Pathways to School program. The District will encourage active transportation by:</p> <ul style="list-style-type: none"> <li>▪ Providing secure storage facilities for bicycles</li> <li>▪ Conducting a monthly all-district walk to school event</li> <li>▪ Partnering with local law enforcement and community residents to act as crossing guards and walking mentors at events</li> <li>▪ Providing instruction on walking/bicycling safety to students</li> <li>▪ Promoting activities such as participation in International Walk to School Week and National Walk to School Week</li> <li>▪ Promoting Safe Pathways programs to students, staff, and parents via newsletters, websites, local newspaper</li> <li>▪ Promoting the use of crosswalks on streets leading to schools</li> </ul>
13. <b>Julian Union High</b>	BP (2017)	2	<p>Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.</p> <p><b>Safe Routes to School</b></p> <p>The school district will assess and, if necessary and to the extent possible, make needed improvements to make it safer and easier for students to walk and bike to school. When appropriate, the district will work together with local public works, public safety, and/or police departments in those efforts.</p>
14. <b>Lakeside</b>	BP (2022)	13	<b>Active Transport:</b> The District will support active transport to and from school, such as walking or biking.

15. <b>La Mesa-Spring Valley</b>	BP (2017)	3	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
16. <b>Lemon Grove</b>	BP (2018)	13	<i>Physical Activity</i> District staff shall work with relevant City departments and local agencies (e.g., San Diego County LiveWell) to assess walking and biking conditions at each school and leverage opportunities to make it easier for students to walk or bike to school. Schools shall participate in and actively promote <i>Walk &amp; Roll to School Day</i> , and <i>Bike and Roll to School Week</i> .
17. <b>Mt. Empire</b>	BP (2017)	7	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
18. <b>National</b>	BP (2023)	6	<b>Active Transport</b> The district will encourage students to walk or bike to school. The district will assess routes and, if necessary, facilitate improvements to make it safer and easier for students to walk and bike to school.
19. <b>Oceanside</b>	BP (2021)	5	<b>Physical Activity</b> The district supports and encourages active transport to and from school, such as walking or biking to increase physical activity and decrease traffic congestion around schools. When appropriate, the district will collaborate with local public works, public safety, and/or police departments to achieve safe routes for walking to school and explore the availability of grant funds and other funding sources to support related projects and activities.
20. <b>Poway</b>	BP (2018)	2	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before and after school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.

21. <b>Ramona</b>	BP (2019)	2	Opportunities for moderate to vigorous physical activity shall be provided through physical education, recess, school athletic programs, extracurricular programs, before- and/or after-school programs, summer learning programs, and other structured and unstructured activities.
22. <b>San Diego Unified</b>	BP (2022)	5	<b>Physical Activity</b> g. Support and encourage active transport to and from school, such as walking or biking.
23. <b>San Dieguito</b>	BP (2019)	1	All students shall be provided opportunities to be physically active on a regular basis. Opportunities for moderate to vigorous physical activity shall be provided through physical education and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
24. <b>San Pasqual</b>	BP (2012)	8	Establish and maintain a safe physical environment for students and staff including acceptable indoor air quality, ambient lighting and temperature conditions, equipment safety, hygienic facilities, safe transportation, and ensuring optimal social environment in schools.
25. <b>San Ysidro</b>	BP (2019)	2	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
26. <b>Santee</b>	BP (2018)	5	<b>Active Transport</b> The district shall encourage its students to walk or bike to school and shall ensure that it is safe for them to do so. To accomplish this goal, the district shall assess routes and, if necessary, facilitate improvements to make it safer and easier for students to walk and bike to school. The district shall develop partnerships with community organizations, local public works and/or public safety to create and implement a comprehensive active transportation program, such as Safe Routes to School, and to explore the availability of active transportation funds.
27. <b>Solana Beach</b>	BP (2021)	2	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.
28. <b>South Bay</b>	BP (2023)	1	Opportunities for moderate to vigorous physical activity shall be provided through physical education, recess, and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer

			learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities
29. <b>Sweetwater</b>	BP (2017)	3	2. Physical Activity Active transportation to and from school will be encouraged as an opportunity for physical activity by providing secure bicycle and skateboard racks when possible, and by participating in Safe Routes to School activities and funding opportunities when appropriate.
30. <b>Vista</b>	BP (2021)	1	Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before- and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.