

Wellness Policy Component: Celebrations

District	BP/AR (Year)	Page	Language
1. Alpine	BP (2017)	5	<p>Celebrations:</p> <ul style="list-style-type: none"> ● Schools will limit celebrations that involve food to no more than three class parties per school year. Each party should include no more than one food or beverage that does not meet nutrition standards for foods and beverages sold individually (above). ● At the middle school, this will mean that there would be no more than 3 parties per student per school year. The district will disseminate a list of healthy party ideas to parents and teachers. <p>Birthdays Celebrations:</p> <p>No celebratory food items will be allowed on school sites during the school day in celebration of a student’s birthday. The District encourages and supports the use of non-food celebratory activities and will provide a list of suggestions to schools and parents.</p> <p>Other Celebrations/Special Occasions:</p> <ul style="list-style-type: none"> ● All food items and/or donations of food items by outside parties are strongly encouraged to meet or exceed California Nutritional Standards and guidelines set forth by the District. School staff shall encourage parents/guardians or other volunteers to support the District’s nutritional education program by considering nutritional quality when selecting any food or beverage they may donate for an occasional class party. ● All foods items brought on campus by parents/guardians or other volunteers or school staff for celebrations should be store bought, prepackaged, and pre-wrapped items with a label, listing ingredients so students with food allergies are protected from accidental exposure. ● No home-cooked meals should be served to students in order to minimize the risk of foodborne illnesses.
2. Bonsall	BP (2018)	5	<p>Encourage schools to limit celebrations that involve food during the school day and encourage the serving of healthy foods.</p> <ul style="list-style-type: none"> • The District determines that the maximum number of classroom celebrations will be no more than 3 per year. This will be consistent at each school site. • Require that schools do not lose instructional time for birthday celebrations. • Encourage classroom and school celebrations to be centered around physical activity and games that will get students moving rather than sitting and eating. • Recommend a nutritional snack list that will be provided for parents/guardians who choose to bring treats for classes. • Encourage school organizations and Parent Teacher Associations to work with School Nutrition Services to purchase foods for events whenever possible • Encourage

			school organizations and Parent Teacher Associations to work with School Nutrition Services to purchase foods for events whenever possible.
3. Borrego	BP (2017)	8	All foods offered on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards including through: 1. Celebrations and parties. The district will provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas. Healthy party ideas are available from the Alliance for a Healthier Generation and from the USDA 2. Classroom snacks brought by parents. The District will provide to parents a list of foods and beverages that meet Smart Snacks nutrition standards.
4. Cajon Valley	BP (2017)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
5. Cardiff	BP (2022)	2	The district shall: Require that schools limit celebrations and classroom parties that involve food during the school day and encourage the servings of healthful foods.
6. Chula Vista	BP (2017)		1. School-Sponsored Events/Celebrations During School Day <ul style="list-style-type: none"> • For events hosted on school campuses from midnight through 30 minutes after the school day ends: • Organizers must ensure that: <ul style="list-style-type: none"> • All food items brought on campus by parents/guardians or other volunteers or school staff for celebrations should be store bought, pre-packaged, and pre-wrapped items with a label listing ingredients so students with food allergies are protected from accidental exposure. • No home cooked foods should be served to students in order to minimize the risk of food-borne illnesses. • Organizers are strongly encouraged to ensure that: <ul style="list-style-type: none"> • All donated or purchased foods and beverages served meet the Smart Snacks in Schools nutrition standards (foods and beverages <i>sold to students must meet</i> the California Smart Snacks in Schools nutrition standards). • Schools shall limit celebrations that involve food during instructional time to no more than two times per school year. • If possible, the celebration should take place during the last half hour of the school day. • Birthday Celebrations: No celebratory food items will be allowed on school sites during the school day in celebration of a student's birthday. The District encourages and supports the use of nonfood

			<p>celebratory activities and will provide a list of suggestions to schools and parents.</p> <p>2. School-Sponsored Events After School Day</p> <ul style="list-style-type: none"> For events hosted on school campuses more than 30 minutes after the school day ends, (such as an open house, parent meetings, carnivals, etc.), organizers are strongly encouraged to balance non-nutritious food and beverage offerings with healthy food items that meet California Smart Snacks in Schools nutrition standards.
7. Coronado	BP (2019)	5	<p>Celebrations during the School Day Schools shall limit celebrations that involve food during instructional time to no more than three times per school year. If possible, the celebration should take place during the last half hour of the school day. School celebrations will include no more than one food or beverage that does not meet the nutrition standards for food and beverages.</p> <p><u>Birthday Celebrations</u> No celebratory food items will be allowed on school sites during the school day in celebration of a student’s birthday. The District encourages and supports the use of nonfood celebratory activities and will provide a list of suggestions to schools and parents on the District Food Services & Student Nutrition website.</p> <p><u>Other Celebrations/Special Occasions</u> All food items and/or donations of food items by outside parties are strongly encouraged to meet or exceed California Nutrition Standards and guidelines set forth by the District. School staff shall encourage parents/guardians or other volunteers to support the District’s nutrition education program by considering nutritional quality when selecting any food or beverages they may donate for an occasional class party.</p> <p>All food items brought on campus by parents/guardians or other volunteers or school staff for celebrations should be store bought, prepackaged, and prewrapped items with a label listing ingredients so students with food allergies are protected from accidental exposure. No home-cooked meals should shall be served to students in order to minimize the risk of foodborne illnesses.</p> <p><u>Communications with Parents and Other Community Members</u> Providing parents with a list of foods that meet the District snack, celebrations, and fundraising standards and guidelines on the District Food Services and Student Nutrition website.</p>
8. Del Mar	BP (2014)	8	<p>Celebrations Schools should limit celebrations that involve food during the school day to no more than one party per class per month. Each party should include no more than one food or beverage</p>

			that does not meet nutrition standards for foods and beverages sold individually. The district will disseminate a list of healthy party ideas to parents and teachers. These celebrations should occur at least 30 minutes after the lunch hour. Annual District celebrations, such as 6th Grade Promotion, are exempt.
9. Dehesa	BL (2019)	5	<p>Celebrations: ● Dehesa School will limit celebrations that involve food to no more than three class parties per school year, including graduation or promotion parties. All food items must meet nutrition standards for foods and beverages sold individually(above). ● All food items brought on school campus must be checked in to office staff before being brought to the classroom.</p> <p>Birthday Celebrations: No celebratory food items will be allowed on school sites during the school day in celebration of a student’s birthday. The District encourages and supports the use of non-food celebratory activities and will provide a list of suggestions to schools and parents.</p> <p>Other Celebrations/Special Occasions: ● All food items and/or donations of food items by outside parties are strongly encouraged to meet or exceed California Nutritional Standards and guidelines set forth by the District. School staff shall encourage parents/guardians or other volunteers to support the District’s nutritional education program by considering nutritional quality when selecting any food or beverage they may donate for an occasional class party. ● All foods items brought on campus by parents/guardians or other volunteers or school staff for celebrations should be store bought, prepackaged, and pre-wrapped items with a label, listing ingredients so students with food allergies are protected from accidental exposure. ● No home-cooked meals should be served to students in order to minimize the risk of foodborne illnesses.</p> <p>9</p> <p>Communication with Parents and other Community Members Providing parents with a list of foods that meet Districts snack, celebrations, and fundraising standards and guidelines.</p>
10. Encinitas	BP (2017)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
11. Escondido Union	BP (2017)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
12. Escondido Union High	BP (2018)	5	School staff shall strongly encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks that they may donate for occasional class parties or

			<p>celebrations. Foods and beverages that do not meet nutritional standards shall be limited to no more than one food or beverage per party or celebration.</p> <p>Class parties or celebrations shall be held after the last lunch period or be incorporated into the school lunch program through Nutrition Services. The frequency of class parties or celebrations shall be left to the discretion of the site administrator.</p> <p>Nutrition Services shall have sole authority to provide food and beverages from the beginning of the school day until after the last lunch period to ensure food safety and to maximize the schools' ability to serve healthy and appealing meals.</p>
13. Fallbrook Union	BP (2016)	3	<p>Principals shall recommend the use of non-food rewards and healthy alternative meals or snack choices when events are being planned for students. This includes teachers, parents, parent teacher organizations, community groups, and others who plan celebrations or reward events for students.</p> <p>Classroom or School Celebrations Healthy drinks and snack food items are recommended for classroom or school celebrations. A special event meal may be utilized as a celebration when it is part of the National School Lunch Program. Also, food may be part of a celebration when it is not the main focus of the event. Examples of this are lunch with a teacher, principal or special person and awards assemblies where food is not a reward. When food or beverage items are being utilized, they must be given after the lunch time of the students and an allowable snack or school beverage must be offered.</p> <p>Student Stores The district health council recommends all student stores limit sales to non-food items.</p> <p>Birthday or Personal Celebrations Birthday or personal celebrations in the classroom may only be recognized with items that meet the allowable snacks and must be purchased and not made at home. All celebration items must be approved by the Principal or designee before being distributed to students.</p>
14. Fallbrook Union High	BP (2018)	2	<p>School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.</p>
15. Grossmont	BP (2019)	4	<p>School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by limiting foods or beverages that do not meet nutritional standards to no more than one such food or beverage per party.</p>

			Class parties or celebrations shall be held after the lunch period when possible.
16. Jamul-Dulzura	BP (2018)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
17. Julian Union Elementary	BP (2019)	11	Celebrations and Rewards All foods offered on the school campus will meet or exceed the USDA Smart Snacks in School nutrition including: 1. Celebrations and parties. The district will provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas. Healthy party ideas are available from the Alliance for a Healthier Generation and from the USDA. 2. Classroom snacks brought by parents. The District will provide to parents a list of foods and beverages that meet Smart Snacks nutrition standards.
18. Julian Union High	BP (2017)	3	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
19. La Mesa- Spring Valley	BP (2017)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
20. Lakeside	BP (2022)	6	<i>Foods Not Intended for Consumption at School: Competitive Foods and Beverages, Celebrations and Rewards</i> 2. Classroom parties and celebrations should not be held during school meal periods. 3. Students or adults providing food for parties and celebrations should be aware that foods that comply with the USDA and California state nutrition standards are the most appropriate for a school setting. 6. The principal may determine any special circumstances in which non-compliant foods should be made available to students during the school day. These should be limited to infrequent events. 7. Classroom celebrations which include food that does not comply with the USDA and California state nutrition standards should be limited to no more than twice per school year.
21. Lemon Grove	BP (2018)	9	The District's nutrition guidelines shall apply to all foods and beverages sold or served to students, staff and families on every PreK-8 campus and administrative building, including but not limited to: snacks; rewards; celebrations...

		11	<p><i>Competitive Foods and Beverages</i></p> <p>Class parties or celebrations must adhere to the District’s nutrition guidelines and may only be held after the lunch period. NS will provide a list of healthy party ideas to families and teachers, including non-food celebration ideas.</p>
22. Mt. Empire	BP (2017)	4	<p>School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.</p>
23. National	BP (2023)	4	<p>Celebrations All persons providing beverages and snacks for class celebrations and school sponsored events shall adhere to SB 12 and SB 965 standards as listed above. Class and/or birthday celebrations will be planned to take place after lunch service. Only foods or beverages produced in a commercial kitchen or facility National School District which is subject to regular health inspections by a local, state, or federal agency may be served to students; no homemade foods of any kind may be served. Student allergies should be reviewed and considered when planning such events. This information is available from the school nurse or from CNS.</p>
		7	<p>CNS can provide parents a list of foods that meet the District’s snack standards and ideas for healthy celebrations/parties, rewards, and fundraising activities upon request</p>
24. Oceanside	BP (2021)	3	<p>School staff shall require parents/guardians or other volunteers to support the district's nutrition education program by meeting or exceeding California Smart Snacks in Schools nutrition standards when selecting any snacks which they may donate for occasional class parties.</p> <p>(http://www.cde.ca.gov/ls/nu/he/compfoods.asp (https://simbli.eboardsolutions.com/SU/UTWjoeHkyGawwZqh5OLxYQ==)). The Nutrition Services Director will provide options for classroom parties. All parents and teachers are encouraged to serve food items from this menu. Some items may be available for no cost or at competitive pricing. All food must be commercially prepared and packaged. Any homemade items are prohibited. Any food to be served that is not from existing menus must be approved prior to purchase by the Nutrition Services Director. This ensures food served is both healthy and safe. Class parties or celebrations shall be held after the lunch period when possible.</p>
25. Poway	BP (2018)	2	<p>Nutrition standards adopted by the District for foods and beverages provided through student stores, vending machines, fundraisers, classroom celebrations, or other venues shall meet or exceed local, state, and federal nutrition standards.</p>
26. Ramona	BP (2019)	4	<p>School staff shall encourage parents/guardians or other volunteers to support the district's wellness goals by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by</p>

			taking a balanced approach in selecting foods and beverages. Class parties or celebrations shall be held after the lunch period when possible. To minimize risk of accidental food allergen exposure, school staff shall consider classroom celebrations that do not include food.
27. SD Unified	BP (2017)	3	l. Ensure all foods offered or provided on the school campus, including in school sponsored extended learning programs, celebrations, parties, classroom snacks, and student rewards for performance or behavior, comply with the federal Smart Snacks in School nutrition standards (charter schools) and the California Smart Snacks in School Competitive Food and Beverage nutrition standards (non-charter schools).
	Frame- work (2015)	11	m. Provide teachers and other relevant staff information on non-food, healthy celebrations and rewards. Celebrations: In circumstances where food cannot be avoided at celebrations, those responsible for bringing foods to celebrations (whether school staff, parents/guardians, volunteers) are instructed to select food items that meet the criteria described in the “Allowable Foods” section below. School staff and parents shall be provided with non-food and healthy snack ideas for celebrations. It is best practice for celebrations to be held after the lunch period.
		31	Supporting a Healthy Diet: Parent/guardian support is essential in optimizing the health and educational success of students. The district provides parents and staff a list of foods and beverages that meet the district snack, celebration and fundraising standards and guidelines through the Food Services Department website or the Wellness website at www.sandi.net/wellness or in written format upon request. In addition, schools are advised to engage parents in the following ways in regards to healthy eating: <ul style="list-style-type: none"> • Provide parents with nonfood and healthy snack ideas for celebrations.
28. San Dieguito	BP (2019)	2	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
29. San Marcos	BP (2016)	4	Principals shall encourage the use of non-food reward items and healthy alternative meals or snack choices when events are being planned for students. This includes teachers, parents, parent teacher organizations, community groups, and others who plan celebrations or reward events for students.
30. San Pasqual	BP (2013)	3	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class

		9	parties or celebrations shall be held after the lunch period when possible.
31. San Ysidro	BP (2019)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class celebrations. Class celebrations shall be held after the lunch period when possible.
32. Santee	BP (2018)	7	Celebrations & School Sponsored Activities Celebrations, or school sponsored activities that include state and federally regulated non-compliant food shall be limited to once per month. When food or beverage items are served as part of an event, they shall be served only after lunch.
		9	FOOD SAFETY AT SCHOOL School staff shall encourage parents/guardians and other volunteers to support the District's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. The service of foods or beverages that do not meet Smart Snacks in Schools nutritional standards shall be limited to no more than one such food or beverage per party. Class parties or celebrations shall be held only after lunch. All food and beverage items brought onto campus by parents/guardians, volunteers, community organizations, or businesses shall be store-bought, prepackaged, and with a label listing ingredients so students with food allergies are protected from accidental exposure. In order to minimize the risk of foodborne illnesses, no home-cooked foods or beverages shall be served to students. School staff shall require parents/guardians, volunteers, community organizations, and businesses to adhere to the Wellness Policy when donating food and beverage items for school-based or school-sponsored events.
33. Solana Beach	BP (2021)	3	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
34. South Bay	BP (2023)	2	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
		3	The Board and the Superintendent or designee shall establish

			<p>indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to:</p> <p>5. Extent to which other foods and beverages that are available on campus during the school day, such as foods and beverages for classroom parties, school celebrations, and rewards/incentives, comply with nutrition standards.</p>
6. Spencer Valley	BP (2016)	4	<p>Students shall be discouraged from bring non-nutritious food items from home such as candy, soda, and sports drinks. Families and volunteers shall be encouraged to support the District's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional celebrations such as student birthdays, holidays, etc. These celebrations shall be held during lunch or after school and not in the classrooms when possible. Staff shall be prohibited from using non-nutritious food items for school performance rewards or incentives.</p>
7. Sweetwater	BP (2017)	6	<p>5. Fundraising, Food Sales, and Activities</p> <p>10. Celebrations and parties: Celebrations during school hours are strongly encouraged to use non-food activities. The district will provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas.</p> <p>https://www.healthiergeneration.org/asset/1062yk/07-278_HSPFramework.pdf</p>
8. Vallecitos	BP (2017)	5	<p>School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by limiting foods or beverages that do not meet nutritional standards to no more than one such food or beverage per party. Class parties or celebrations shall be held after the lunch period when possible.</p>
9. Valley Center-Pauma	BP (2016)	3	<p>School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by focusing classroom celebrations on activities, rather than food. Foods and beverages served at school or classroom celebrations are encouraged to meet the District's Nutritional Standards for fat, sugar, calories, and sodium content. Class parties or celebrations should be held after the lunch period when possible. Nutritional standards will be listed on the District's website.</p>
10. Vista	BP (2021)	2	<p>Resources will be made available to schools to determine if a food or beverage is compliant with the nutrition guidelines for fundraising and donations for celebrations.</p> <p>School staff shall encourage parents/guardians or other volunteers to support the District's nutrition education</p>

			program when selecting any snacks which they may donate for school approved class parties or celebrations. Class parties or celebrations shall be held after the lunch period when possible.
11. Warner Unified	BP (2018)	1	Outreach to parents/guardians shall emphasize when food may be used in the classroom for reinforcement, celebration, or education, as well as the relationship between student health and academic performance.
		2	The District encourages class parties or celebrations to involve non-food items to the extent possible.