

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[View this email in your browser](#)

Working Together to Shape a Healthy Future

Facilitated by UC San Diego Center for Community Health

September Newsletter

Congratulations to Operation Samahan!

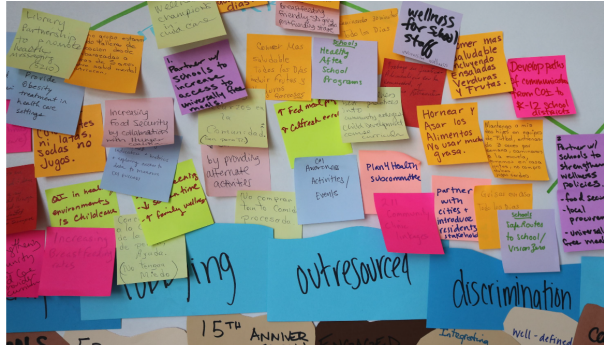
Our BIPOC-led partner, Operation Samahan, has been awarded "Nonprofit of the Year" by the California Association of Nonprofits. Operation Samahan is recognized as a Federally Qualified Health Center with multiple locations in North County and South Bay that serve under-resourced communities of color, particularly Filipinx communities. Samahan Health Centers has done outstanding work adapting to COVID-19 and their communities' changing needs including offering free COVID-19 testing for uninsured individuals, training their health care providers on telehealth and providing appointments virtually, and offering free hot meal distribution. To learn more about Operation Samahan, click [here](#).



New 2020 San Diego County Childhood Obesity Initiative (COI) Strategic Planning Process Report!

[Subscribe](#)[Past Issues](#)[Translate ▾](#)

areas and strategies during our Strategic Planning Retreat in February. Decisions were made throughout the day and important questions were considered that will drive and shape our work using policy, systems and environmental change strategies to create healthier places for children to live, learn and play. Read the report [here](#).



Black Breastfeeding Week 2020

During the last week of August, our team and partners engaged in learning more and raising awareness for Black Breastfeeding Week 2020. With the help of Joangrace Espiritu of the YMCA of San Diego and Ashley Vaughn of the American Red Cross, Women, Children and Infant (WIC) Program of San Diego, we created consistent messaging and then posted it across [Facebook](#) and [Twitter](#) to share a story from Jessica, a Black mother and WIC client, and provided informative resources. Our Program Specialist, Carissa Hwu, also wrote a piece on the institutional barriers Black mothers face in accessing prenatal, neonatal, and lactation resources, as well as ways that we can push for reproductive justice. To read the piece, click [here](#).



CA4LessSoda

[Subscribe](#)

[Past Issues](#)

[Translate](#) ▼

is a coalition working to restore decision-making power to cities by overturning this pre-emption. Consuming sugary beverages is directly associated with diabetes and obesity, as well as dental health issues. Soda tax revenue has been used in other cities to support and uplift struggling communities in response to COVID-19 challenges. Click [here](#) to read the CA4Less newsletter on legislative updates and impacts!



Core funding provided by:



Facilitated by:



This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

UC San Diego Live Well @ Work · 4305 University Ave · Suite 590 · San Diego, CA 92105 · USA

