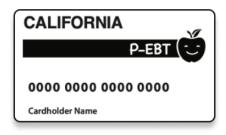


Working Together to Shape a Healthy Future Facilitated by UC San Diego Center for Community Health

# San Diego County Childhood Obesity Initiative June Newsletter

### Pandemic Electronic Benefits Transfer (P-EBT)

While schools are closed due to COVID-19, families with students who were receiving free or reduced-price breakfast and lunch at school can get up to **\$365 per child** for groceries this summer. This federal nutrition benefit is called Pandemic-EBT (P-EBT) and is available for families *in addition* to continued grab-and-go meal services at many school sites in San Diego County. For more information and flyers available for distribution, visit San Diego Hunger Coalition's resource page <u>here</u>. To access the application, click <u>here</u>. The deadline to apply online is June 30.



# San Diego County Childhood Obesity Initiative Highlight: Schools and After-Schools Domain

The YMCA partnered with the San Diego Hunger Coalition, the San Diego Hunger Coalition, County of San Diego Human and Health Services Agency and San Diego Unified School District Food & Nutrition Services to expand the Child and Adult Care Program (CACFP) afterschool supper program at Franklin Elementary. This pilot program resulted in after-school supper expansion to multiple sites in three school districts, bring better nutrition to kids, increased federal funding to districts, and savings to the after-school providers like the YMCA.



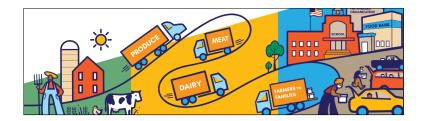
## COVID-19 Flyers on Food Safety & Food Assistance Programs

UCSD Center for Community Health has partnered with ideas42 and the University of California Agriculture and Natural Resources Nutrition Policy Institute to create flyers on safe food consumption and food assistance programs available in light of COVID-19. These flyers are available for distribution to community members in both Spanish and English. Click <u>here</u> to download the English flyers. Click <u>here</u> to download the Spanish flyers.



## Food Distribution: Farmers to Families Food Boxes

The USDA is partnering with farmers, food processors, food distributors, and non-profit organizations to prevent food waste and connect communities with accessible, fresh, and nutritious foods during the COVID-19 pandemic. Deliveries will be accepted between June 1 and June 30. Delivery requests must be for a minimum of 4 pallets. Each pallet contains 80 food boxes. Only 1 drop site is allowed per district. To request a delivery on behalf of your organization, click <u>here</u> to download the order form.



## City Heights Fresh 5: 5 Farms, 5 Items, 5 Dollars & Locally Grown Food Finder

City Heights Fresh 5 is an affordable locally grown food opportunity to help families in need in City Heights. \$5 Fresh Five produce bag is made available from one of UCSD Center for Community Health farm partners and **Subscribe** 

Past Issues

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to meet the current food security challenges around the county.



### Food Distribution: Local Avocado Farmer

A local farmer in Fallbrook, Julia Rasor, currently has around 5,500 pounds of Hass avocados. Julia is looking for ways to sell and distribute her avocados before the season ends. Each avocado sells for \$0.52-0.74, with discounts for smaller sizes, darker skin, or large volume orders. Julia is able to deliver 200-500 pounds of avocados per delivery. Contact Dane Peterson at dpeterson@sdchip.org to support a local farmer by submitting an order request.



### Webinar: Youth Advocacy for Better and Equitable Physical Activity

### **Environments**

#### Thursday, June 11 from 11:00 AM - 12:15 PM PT

As part of the PlayCore Scholar Series, the Youth Engagement and Action for Health (YEAH!) project will be giving a presentation on their work with Black, Indigenous, Latinx, and AAPI youth in lower-income communities. YEAH!

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#### Grant Opportunity: GENYOUth

GENYOUth is awarding grants up to \$3,000 per school for meal distribution and delivery efforts on a rolling deadline. Resources such as soft-sided coolers, bags and containers for individual servings and protective gear for food service sanitation and safety are vital to ensure children continue to receive nutritious meals. Each school can only submit 1 application. The Principal, Nutrition Manager, District School Nutrition Director, or District Superintendent must be the person to submit the application. Click <u>here</u> to access the grant application.



#### Grant Opportunity: Action for Healthy Kids, Game on Grant

Action for Healthy Kids is awarding grants from \$2,500 - \$5,000 for schools serving military families (20% of student population or more) to implement programs that facilitate social-emotional character development at school and home (i.e. physical activity, play, etc.). Multiple schools in the same district can apply. For more information, click <u>here</u> or contact AFH State Representative Natalie Camacho at

ncamacho@actionforhealthykids.org.



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