

San Diego County Childhood Obesity Initiative: July Newsletter

Precision Medicine and ACEs Questionnaire Request

What is the questionnaire? The aim of this questionnaire is to better understand the health impacts of trauma, toxic stress, food insecurity, and other adverse events that occur during childhood through a Precision Medicine approach, particularly as a path toward reducing health disparities.

Who should complete the questionnaire? Community-based and healthcare organizations providing direct service to patients and clients

When is it due? We would greatly appreciate if you could respond to the following questionnaire [here](#) by 7/15. We expect it to take approximately 5 -10 minutes to complete.

What information will this questionnaire provide? Learning how COVID-19 has impacted your patients and how childhood trauma assessments may be used in your practices. Learning how COVID has impacted your patients and clients and how childhood trauma assessments are used in your clinic or at your agency will also help us to develop and incorporate trainings related to Precision Medicine and Adverse Childhood Experiences (ACEs) that could potentially be offered for your staff and/or community.

Who developed the questionnaire? A collaborative network comprised of participants from the San Diego County Childhood Obesity Initiative, San Diego's local family medical centers (Scripps Mercy Hospital-Chula Vista, Family Medicine, and Rady Children's Hospital), community centers (UC San Diego Center for Community Health, County of San Diego), and Academic Institutions (UCSD and USD), we are working to better understand the trauma and adverse events faced by members of the communities you serve and your involvement in assessing childhood traumas.

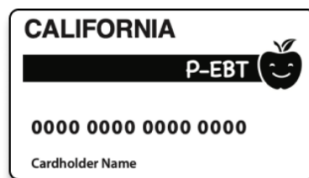


Pandemic EBT Deadline Extension: July 15, 2020

Pandemic EBT (P-EBT) is a federal nutrition program that supports families with students who were receiving free or reduced-price breakfast and lunch at school. While schools are closed due to COVID-19, these families can get up to **\$365 per child** for groceries this summer, *in addition* to continued grab-and-go meal services at many school sites in San Diego County. **P-EBT and school meals are not public charge benefits and do not affect immigration status.** The deadline to enroll has been extended from June 30th to July 15, 2020. **Please help us spread the word.**

Over 250,000 San Diego students are eligible for \$365 in P-EBT benefits. That's \$91,250,000 in grocery money available to families!

For more information and flyers available for distribution, visit San Diego Hunger Coalition's resource page [here](#). To access the application, click [here](#).



San Diego County Childhood Obesity Initiative: Mini Grant Awardees

We proudly present our 2020 COI mini grant awardees! We congratulate our four incredible teams on their projects in social and food justice, community leadership and health and racial equity as it relates to thriving children and families:

- Media Arts Center San Diego: Stories of Resilience
- Sun Coast Co-Op: Cooking for Salud Teen Program
- City Heights Community Development Corporation: New Roots Community Garden
- Mundo Gardens: A Living Pantry, Market, and Garden Workshops

To learn more about each of these organizations and their projects, click [here](#).

Healthy Food Access Program Specialist Position Open

The UC San Diego Center for Community Health has posted a part-time Project Specialist position for its Healthy Food Access Program. This program is funded by the County of San Diego and provides services to implement and interweave healthy eating and active living policy, system, and environmental (PSE) change.

The Program Specialist will provide support in the implementation of food access services within San Diego County as well as assist in the community outreach and engagement, technical assistance, nutrition education delivery, data collection and progress reporting for ten food pantries. Applicants with community organizing, civic engagement, and/or community outreach experience are highly encouraged to apply. Click [here](#) to access and share the application with any eligible applicants.

Boost Collaborative Training

BOOST (Best Out of School Time) is hosting free weekly online training sessions to facilitate professional development opportunities for educators teaching students from pre-kindergarten to higher education. The content in the coming weeks will include enrichment activities for students, COVID-19 response strategies, and community building. Click [here](#) to learn more and register for the training sessions.



Let's Eat Healthy Movement

The Dairy Council of California has officially launched its Let's Eat Healthy Movement, a movement that elevates the health of children and families through the pursuit of lifelong healthy eating habits. Let's Eat Healthy invites partner coordination, collaboration, and co-creation to help ensure children and families are supported to grow healthfully. Visit HealthEating.org for more information, resources, revised nutrition and education philosophies, and streamlined navigation features.



2020 Chula Vista Elementary School District Wellness Champion Award Winners Announcement

We are sharing this message on behalf of Heather Cruz who is the Coordinator of Physical Education, Health, & Wellness, Chula Vista Elementary School District:

"I would like to personally congratulate all of our nominees of the 2nd annual CVESD Wellness Champion Award. This year we received over 50 nominations! The work you are doing goes above and beyond for our students, staff, and community. My sincere thanks to each of you. Our Wellness Champion Award committee has met and selected 1 winner and 5 finalists.

On behalf of the CVESD Wellness Committee, I am honored to announce the winner of the 2020 CVESD Wellness Champion Award is: **DIANE TRAILER, a teacher at Cook Elementary.**

Congratulations as well to our 5 finalists:

ASHLEY GONZALEZ, Physical Education Teacher at Loma Verde/Rohr

BRYAN WALLBANK, Teacher at Valley Vista Elementary

LUIS DELEON, Student at Camarena Elementary

MELISSA MURRAY, Physical Education Teacher at Harborside/Olympic View

MICHELLE POSADA, Parent at Finney Elementary

We have also selected a winner for the SCHOOL Wellness Champion Award: **LOMA VERDE ELEMENTARY.**

Lastly, a huge thank you to **Computers 2 Kids, San Diego** for their donation of Lenovo Chromebooks for our winning individual (Diane Trailer) and school (Loma Verde)."



**CHULA VISTA ELEMENTARY
SCHOOL DISTRICT**

Each Child is an Individual of Great Worth

Core funding provided by:



Facilitated by:

