



# San Diego County Childhood Obesity Newsletter

April 27, 2020, Volume 1, Number 1



## Sugary Drinks and Health Equity Webinar

April 30, 11 AM PT

ChangeLab Solutions is hosting a webinar to provide the latest research and strategies to lower consumption of sugar sweetened beverages. They will be using a health equity lens to discuss ways to support low-income communities who are most affected by targeted ads and a lack of access to nutritious foods.

[Register](#)



## Environmental Justice Small Grant Program

The California Environmental Protection Agency has extended their deadline to **May 1st** for an Environmental Justice Small Grant Program. \$1 million (50k over 12 months per awardee) is available to eligible community-based nonprofit groups and federally recognized tribal governments, to support environmental justice-related projects across California. See details below. Access the application here.

[Learn More](#)

## Eat the Change Mini Grant



Eat the Change is launching a new grant program that will award up to \$10,000 to support community-based organizations in their efforts to educate and mobilize consumers (including students) around the benefits of adopting more climate-friendly, plant-based diets and other issues related to the links between diet and climate change. The deadline for this application is **May 15**

[Button](#)



## Mas Fresco Online Enrollment

Eligible CalFresh participants can apply for this program to receive \$1 to buy more fruits and vegetables every time they spend \$1 to buy fruits and vegetables. They can receive up to \$40 per month for a year. Participants will be enrolled if they can shop at the participating Northgate Gonzalez Markets.

[Enrollment](#)



## EfC Initiative Web Series on ACEs

April 29, 10 AM - 11:30 AM PT

Essentials for Childhood Initiative is hosting a web series titled "Trauma-Informed Care/Practices in Light of COVID-19: Applying Lessons Learned from Child-Serving Systems". Dr. Melissa Bernstein, an Implementation Specialist with the Advancing California's Trauma-Informed Systems (ACTS) Initiative, will be sharing considerations for practical application of key trauma-informed elements put into practice through the ACTS project that could be applicable to organizations and programs working to improve child wellbeing, especially given the current public health crisis.

[Register](#)



## Voices For Healthy Kids' Rapid Response Grants

The Voices for Healthy Kids Program at the Robert Wood Johnson Foundation is providing rapid response grants up to \$50k for community-based organizations to support policy and systems change focused on increasing access to healthy food through SNAP, WIC, School Food, Healthy Food Procurement and others. The deadline is May 4th-25th (accepted on a rolling basis).

[Learn More](#)



## First 5 San Diego COVID-19 Resources for Kids

First 5 San Diego has compiled a comprehensive portal for parents that include at-home activities, online educational activities, a guide on how to talk to children about coronavirus, and more.

[Parent Portal](#)



## State Emergency Vouchers For Childcare

Child Development Associates and YMCA Childcare Resource Service received \$5.1 million in childcare subsidy vouchers and case management/administrative costs to administer the program to parents and childcare providers. Essential workers and at-risk populations can now access financial assistance for childcare services through June 30.

[Enrollment](#)

Core funding provided by:  

Facilitated by:  