



Schools & After-school Domain
September 20, 2022
2:00– 3:30 pm
 (via Zoom)

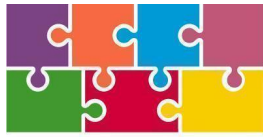
Schools & After-School Domain Meeting Minutes: Tuesday, September 20, 2022, 2:00pm-3:30pm Via Zoom	Next Meeting: Tuesday, October 18th, 2022, 2:00pm-3:30pm Via Zoom
Attendees: Deirdre Kleske (HHSA), Shana Wright (COI), Allison Gallegos-Jeffreys (HHSA), Anne Fosselman (El Cajon Valley High School Community Center Coordinator) Araceli Mondragon (San Diego Hunger Coalition), Heather Berkoben (Dairy Council), Lorrie Lynn (Rady Children's), Brett Wilson (The Children's Initiative), Erica Hernandez, Erica Cardona, Sam Sonnich (HHSA), Staci Boretzky (Kaiser Permanente Community Health), Wesley Burt (+BOX), Angeles Nelson, (Nourish California), Recorder: Angelica Sanabria	

Topic/Issue	Discussion	Action
Welcome & Icebreaker Work Group Co-Chairs (5 minutes)	<ul style="list-style-type: none"> Welcome <ul style="list-style-type: none"> Icebreaker - <i>It's back to school time! What was your favorite subject in school?</i> 	
Announcements All (10 minutes)	<ul style="list-style-type: none"> Barbara Hughes - opening for a Temporary Expert Professional (County position) as a nutrition specialist for CalFresh Healthy Living. Contact Barabara Hughes Barbara.Hughes@sdcounty.ca.gov 	

	<ul style="list-style-type: none"> • <i>Heather Berkoben</i> - Dairy Council opened nominations for Healthy Leadership Award. This year they are also looking for Youth Leadership nominations. Nominations through December 9th. www.HealthyEating.org/Award • <i>Terri Hughes Oelrich</i> - finished a book about food additives and she has 50 kits to distribute free of charge to teachers. <ul style="list-style-type: none"> ○ Kits include 3 books for 3rd-5th grade, playing cards and free online curriculum ○ Sugar Museum Teachers kit, sugarmuseumsandiego@gmail.com • <i>Deirdre Kleske</i> - Save the Date for the Live Well Advance conference and School Summit on Student Engagement and Attendance. <ul style="list-style-type: none"> ○ Save the Date: School Summit@Live Well Advance 2022, December 6, 8 a.m. - 5 p.m. at the San Diego Convention Center. https://www.livewellsd.org/content/livewell/home/news-events/advance.html ○ Partners are invited to host a table free of charge. • <i>Angeles Nelson</i> - Nourish CA <ul style="list-style-type: none"> ○ Policy action alerts urge congress to support the Healthy Meals Healthy Kids Act. ○ Urge Congress to Extend the WIC Bump! https://act.nourishca.org/action/sept-urge-congress-to-extend-wic-bump ○ If you have questions, please contact Angeles Nelson, angeles@nourishca.org 	<p>Urge congress to support the healthy meals, healthy kids act: https://act.nourishca.org/action/healthy-meals-healthy-kids-cnr-2022</p> <p>Urge congress to extend WIC Bump: https://act.nourishca.org/action/sept-urge-congress-to-extend-wic-bump</p> <p>Retreat: https://us06web.zoom.us/j/9208122383?pwd=ZGZnYghuLWJK</p>
<p>El Cajon Valley High School - Creating a Healthy Community <i>Anne Fosselman</i>, Community Center Coordinator/TOSA, ECVHS and <i>Barbara Hughes</i>, Nutrition Policy Advisor, HHSA (15 min)</p>	<ul style="list-style-type: none"> • https://docs.google.com/presentation/d/1n3iCb_HjsNx0Y_ABGXbhl07Kc5xrnwkc/edit#slide=id.p1 • Anne Fosselman and Barbara Hughes • HOPE/Pride Summer School Program <ul style="list-style-type: none"> ○ There were several participating families but consistency in attendance was a challenge - only two families completed all 6 nights ○ creating a warm and inviting space is important and takes time • Summer Family Cooking Nutrition Series <ul style="list-style-type: none"> ○ 8 families, 6 classes in English & Spanish (60 min each) ○ Incoming 9th grader families ○ Leah's Pantry Around the Table Curriculum ○ received recipe books at the end of the program 	



	<ul style="list-style-type: none"> • Other resources at ECVHS <ul style="list-style-type: none"> ○ on campus food pantry ○ health clinics ○ food resource day ○ community garden <ul style="list-style-type: none"> ■ Hope/Pride + Around the Table families invited to have plots ○ Medical pathway community schools grant • Questions <ul style="list-style-type: none"> ○ Pre and post test: daily or weekly? <ul style="list-style-type: none"> ■ Daily ○ Potential community garden? <ul style="list-style-type: none"> ■ already has a school garden, district does not allow inground but allows for in box gardening. anything the students grow, they can take home with them. ■ they try to make things culturally relevant, “what do YOU want to grow?” 	
<p>National Healthy Schools Collaborative -10 Year Roadmap</p> <p><i>Staci Boretzky</i>, Kaiser Foundation Hospitals Southern California (20 min)</p>	<ul style="list-style-type: none"> • https://docs.google.com/presentation/d/19G-ZkOTQu_GWPvwcEUEB4X6VKnmsZzCU/edit#slide=id.pl • <i>Staci Boretzky</i>, Kaiser Foundation Hospitals Southern California • <i>Racheal Wooden</i> <ul style="list-style-type: none"> ○ Thriving Schools is Kaiser Permanente's initiative to focus on healthy eating, activity, and mental health. ○ Grantmaking, advocacy, coalition building, tools and resources ○ taking an integrated approach to “thriving schools” <ul style="list-style-type: none"> ■ physical health, mental health, equity, and access ○ national healthy schools collaborative <ul style="list-style-type: none"> ■ first of its kind coalition of health and education organizations ■ established march 2020, during the pandemic ■ includes launch of healthy schools roadmap ○ The national healthy schools collaborative identified 10 top priorities for the next 10 years ○ Take the Thriving Schools Integrated Assessment ○ Register for mailing list 	<p>Join our mailing list here: https://www.healthyschoolsroadmap.org/take-action</p>



SAN DIEGO COUNTY
**CHILDHOOD
OBESITY
INITIATIVE**

Working Together to Shape a Healthy Future

	<ul style="list-style-type: none"> ○ Join our mailing list here: https://www.healthyschoolsroadmap.org/take-action 	
<p>UCSD Mobile Unit <i>Adriana Bearse</i>, Evaluation Manager, UCSD (15 min)</p>	<ul style="list-style-type: none"> ● Adriana Bearse, Evaluation Manager UCSD <ul style="list-style-type: none"> ○ Requesting feedback regarding UCSDH-CCH CommUnity Mobile Unit health services. What would be most helpful for the community you serve. Please complete a 5-10 minute survey to share your opinions. ● Mobile Vaccine Unit: Background <ul style="list-style-type: none"> ○ Effort made from the Anti-Racism Taskforce <ul style="list-style-type: none"> ■ goal of bringing Covid-19 resources in an equitable way ■ worked with 56 orgs, held 119 events, worked with 17 schools ■ provided 40,000+ vaccinations to San Diegans ○ UCSDH exploring resources to expand CommUnity Mobile Services beyond covid-19 vaccination to include additional clinical and preventative care. ○ Feedback <ul style="list-style-type: none"> ■ How far away are services provided? There are needs in rural areas <ul style="list-style-type: none"> ● Adriana, has not been determined. please provide feed back via survey so they can hone in on need. ● Deirdre: consistency is neededt, especially for managing chronic conditions and mental health issues. For example knowing that the unit is at a certain place on certain days would be important. ● Nancy: adding oral health screenings and preventive measures. ● Adding women's health and family planning 	<p>Survey link: https://www.surveymonkey.com/r/UCSDHCommUnityMobileUnit</p>



<p>COI Update <i>Shana Wright, COI</i> (5 minutes)</p>	<p><i>Shana:</i></p> <ul style="list-style-type: none"> • Do you have any resources, news, job openings, or calls to action that you'd like to share with COI? Send your next announcement via our new COI online submission form • September is Childhood Obesity Awareness Month. In honor of this month the Media Domain and our project specialists are supporting a social media campaign to re-introduce COI, collective impact and introduce the new Community Council with stories from some of their members. Follow us on IG @sdcoi https://www.instagram.com/sdcoi/?hl=en • The Advancing Health Literacy Program invites COI partners to join a 90-minute virtual training and Q&A session on the Healthy Places Index. This training is being co-sponsored by COI and will provide context and background on the Healthy Places Index tool, while preparing attendees to successfully access, interpret, and use data through the HPI map platform. The training, Using Data for Action: California Healthy Places Index will be held on Tuesday, September 27th, 1-2:30pm; Register here and see flyers attached for more information. Although this training will provide Spanish interpretation services, please be aware that the tool is only available in English.. 	
<p>Preview of October meeting Deirdre Kleske, HHSA</p>	<p><u>NEXT MEETING</u> October 18, 2022 2:00 – 3:30 p.m.</p> <ul style="list-style-type: none"> • Preview: Don from Chefs de Cuisine to present at the next meeting • Preview: Possible presentation from health core/Food core <p>Review the new 10 Year Roadmap and actions for schools!</p>	



Vision: We envision healthy eating and active living resulting in optimal health and wellness for all children and families in the San Diego region.

Visión: Visualizamos una alimentación saludable y una vida activa que resulte en una salud y bienestar óptimo para todos los niños y familias de la región de San Diego.

Mission: The San Diego County Childhood Obesity Initiative is a multi-sector coalition with the mission of reducing and preventing childhood obesity by advancing policy, systems, and environmental change through collective impact.

Misión: La Iniciativa de Obesidad Infantil del Condado de San Diego es una coalición multisectorial con la misión de reducir y prevenir la obesidad infantil mediante el avance de políticas, sistemas y cambios ambientales a través del impacto colectivo.

Purpose: The San Diego County Childhood Obesity Initiative uses a collective impact model to:

• Coordinate and sustain county-wide efforts to prevent and reduce childhood obesity • Provide leadership and vision • Create, support, and mobilize partnerships • Provide outreach, advocacy, and education • Assess and report on progress toward county-wide goals.

Propósito: La Iniciativa de Obesidad Infantil del Condado de San Diego utiliza un modelo de impacto colectivo para: • Coordinar y mantener los esfuerzos de todo el condado para prevenir y reducir la obesidad infantil • Proporcionar liderazgo y visión • Crear, apoyar y movilizar colaboraciones • Proporcionar divulgación, abogacía y educación • Evaluar y reportar el progreso de los objetivos de todo el condado.

Schools and After-School Domain Projects 2020/2023

Proyectos del Comité De Escuelas y Programas Extracurriculares 2020/2023

1. **Support for Wellness Policy Implementation and Assessment/Apoyar la aplicación y la evaluación de la política de bienestar**
2. **Increasing Access to Comprehensive K-12 Health Education/Aumentar el acceso K-12 a la educación de la salud comprensiva**
3. **Partner Education, Engagement, and Collaboration/Educación, participación y colaboración de los socios**
 - a. **Includes Legislative and Administrative Advocacy/Incluye la abogacía legislativa y administrativa**

Advocacy Menu of Policy Options */Menú de opciones políticas para abogar *

1. Active wellness councils/ **Consejo de bienestar activo**
2. Strengthening wellness policies/ **Reforzar las políticas de bienestar**
3. Assessing Implementation of wellness policy/ **Evaluar la implementación de políticas de bienestar**



4. Include preschools and after-school programs in wellness policy and council/ [Incluir programas preescolares y extraescolares en la política y el consejo de bienestar](#)
5. Funding for Wellness in LCAP (Local Control and Accountability Plan)/[Financiación para el bienestar en el LCAP \(Plan de Control y Responsabilidad Local\)](#)
6. Increased access to federally reimbursed meals (in and out of school time)/[Aumentar el acceso a las comidas reembolsadas por el gobierno federal \(dentro y fuera del horario escolar\)](#)
7. Comprehensive K-12 Health Education, to include Nutrition Education/[Educación de la salud K-12 integral, para incluir la educación nutricional](#)
8. Smarter Lunchrooms Movement/[Movimiento de almuerzos más inteligentes](#)
9. Smart Snacks in Schools Compliance/[Cumplimiento de bocadillos inteligentes en las escuelas](#)
10. Decreased Sugary Beverage Access and Increased Water Access/[Reducir el acceso a las bebidas azucaradas y aumentar el acceso al agua](#)
11. School Gardens/[Jardines escolares](#)
12. Local Sourcing and Harvest of the Month/[Abastecimiento local y cosecha del mes](#)
13. Lactation Accommodation (staff and students)/[Acomodación para lactancia \(personal y estudiantes\)](#)
14. Healthy Fundraising and Celebrations/[Recaudación de fondos y celebraciones saludables](#)
15. Mental/Social/Emotional Health/[Salud Mental/Social/Emocional](#)
16. Increase Quality and Quantity of Physical Education/[Aumentar la calidad y la cantidad de la educación física](#)
17. Daily Recess and Recess Before Lunch/
18. Safe Routes to School/[Recreo diario y recreo antes de la comida](#)
19. Joint Use Policy/[Política de uso colectivo](#)
20. Oral Health/ [Salud oral](#)

** For resources on each topic visit www.sdcoi.org*