

Schools & After-School Domain Meeting Minutes:
Tuesday, September 21, 2021, 2:00pm-3:30pm
Via Zoom

Next Meeting:
Tuesday, October 19, 2021, 2:00pm-3:30pm

Attendees: Rob Nye (Carlsbad USD), Melissa Galinato (HHSA), Paige Metz (SDCOE), Michael Miller (County of SD Behavioral Health Services), Deirdre Kleske (HHSA), Jennifer Taylor (COI), Christina Prado (The Children’s Initiative), Alison Rosenstock (Feeding San Diego), Madeline Mortisch (Alliance for a Healthier Generation), Nidia Croce (HHSA), Barbara Hughes (HHSA), Amanda Mascia (SD Hunger Coalition), Janelle Manzano (San Diego USD), Joshua Bariuan (YMCA), Kate McDevitt (San Diego USD), Anna Scimone (Director of Nutrition Services Escondido USD), Lorrie Lynn (Rady’s Children Hospital, Safe Kids San Diego), Kathy Kinane (Move Your Feet Before You Eat), Heather Berkoben (Dairy Council of California), Cathay Paredes, (Director of Nutrition Services, Borrego Springs Unified), Debbie Pasamonte (HHSA Public Health Nurse), Yuka Asada (University of Illinois Chicago)
Recorder: Rachael Handley

Topic/Issue	Discussion	Action
<p>Welcome and Introductions - Led by Deirdre Kleske</p>	<ul style="list-style-type: none"> ● New Partner joining: Michael Miller, from County Behavioral Health Services, coordinates programs and contracts to provide services to students. ● The description of the Domain from the Action Plan was read aloud by Michael Miller. He suggested dividing the description into more than one sentence. ● Current projects of the Schools & After School domain work group: <ul style="list-style-type: none"> ○ Wellness policy support ○ <i>CA Health Education Framework</i> promotion ○ Partner Education, Engagement, & Collaboration - to include legislative & administrative advocacy 	

<p>Partner questionnaire results - Jennifer Taylor</p>	<ul style="list-style-type: none"> ● Partner questionnaire results from August. <ul style="list-style-type: none"> ○ Preference for meeting: zoom works, but have occasional in-person meetings. Thinking about ways to support networking and deeper connections. ○ Top 3 reasons for joining: <ul style="list-style-type: none"> ■ Networking & collab, ■ Keeping current, ■ Resource sharing ○ Suggested topics & project areas: <ul style="list-style-type: none"> ■ Updates from partners on school programing, including SDCOE wellness team & CA local school wellness policy collab, ■ Advocacy on wellness (Nourish CA presentations helpful), ■ Getting school district boards and leadership support for nutrition and PA efforts, ■ Increasing training for educators in nutrition, PE, and wellness, nutrition security & nutrition equity: engaging partners like Feeding SD & food bank, and more. ■ Mental health (ACEs, trauma informed approaches, etc), ■ Climate/environmental impact. ○ <i>Deirdre Kleske</i>: partners enjoy coming together to learn, explore trends, share new resources, but also collaborate on projects, specifically those that align with their work objectives. 	
<p>Project Overviews - Tri-chairs</p>	<ul style="list-style-type: none"> ● Project 1 Overview, <i>Kate McDevitt</i>: Wellness Policy Support <ul style="list-style-type: none"> ○ Help school districts throughout the county to adopt and implement strong Local School Wellness Policies (LSWPs) ○ District Reps <ul style="list-style-type: none"> ■ Liaisons that connect district wellness leads to resources ■ Support policy revision, implementation, assessment ■ All district policies are in COI Policy Clearinghouse ○ Exciting opportunity that S&AS has is to identify and share best practices ○ Healthy fundraising advocacy, support, and recognition 	

	<ul style="list-style-type: none"> ○ Triennial Assessment - new template from the CA LSWP Collaborative ● Project 2 Overview, <i>Paige Metz</i>: CA Health Education Framework promotion <ul style="list-style-type: none"> ○ 6 content areas: Nutrition and Physical Activity • Growth, Development, and Sexual Health • Injury Prevention and Safety ix • Alcohol, Tobacco, and Other Drugs • Mental, Emotional, and Social Health • Personal and Community Health ○ Funding from CA Dept of Education. More funding to expand rollout and mini-grants in 2021-2023 in San Diego through new contract with HHSA. ○ S&AS Domain can <ul style="list-style-type: none"> ■ Promote availability of mini-grants to schools/districts ■ Advocate to add/strengthen language on Health Education in wellness policies. Live Well Schools’ Model Wellness Policy includes language that can be used/adapted. ● Project 3 Overview, <i>Deirdre Kleske</i>: Partner Education, Engagement, and Collaboration <ul style="list-style-type: none"> ○ Presentations during monthly meetings <ul style="list-style-type: none"> ■ Work group partner highlights ■ Community resources ■ Emerging topics ■ Project updates ■ We have a list of presentations provided since 2010 ○ Legislative engagement: sign-ons and letters of support for legislation & board actions <ul style="list-style-type: none"> ■ COI signed on to six letters at the request of S&AS Domain in past two years ■ Major win with universal school meal funding in CA budget! ● Project 4 Overview, Wild Card: join here for additional topics <ul style="list-style-type: none"> ○ Social and emotional health ○ Other new topic areas 	
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	<ul style="list-style-type: none"> <ul style="list-style-type: none"> <ul style="list-style-type: none"> ■ Bringing in more diversity has been helpful. Provides different perspectives. ○ Looking at recruiting new members to the group; adding more physical activity aspects or other ideas, and building support and partnerships. ● Wild Card Project: <i>Michael Miller, Madeline Moritsch, Amanda Mascia, Catherine Paredas, Heather Berkoben</i> <ul style="list-style-type: none"> ○ Common theme was social and emotional health <ul style="list-style-type: none"> ■ Part of the landscape of everything else that has been mentioned ■ Behavioral health is deeply linked to general health ○ The Dairy Council provides nutrition education which ties social emotional health to nutrition education (i.e. hunger cues, responsible decisions, wise food choices) ○ Exploring the sharing of resources around social emotional education and its ties to food and nutrition ○ Recognizing the integration of physical, social, and emotional health more than we have in the past. However, more needs to be done. <ul style="list-style-type: none"> ■ Need to provide educators/school staff with the necessary support, resources, and other needs 	
<p>Announcements</p>	<p>Partner announcements</p> <ul style="list-style-type: none"> ● <i>Kathy Kinane</i>: The Move Your Feet Before You Eat foundation has launched its Miles of Smiles program and pays for subscription for students to use an online activity tracker. Focused in the Oceanside area, but can provide services to other schools. https://moveyourfeetfoundation.org/portfolio/lap-trackers/ ● <i>Amanda Mascia</i>: Does your organization help individuals apply for public benefit programs like CalFresh, CalWORKs, Medi-Cal, or General Relief? If so, our County Board of Supervisors wants to hear from you about how we can make it easier for people to get the help they need through Self Sufficiency Programs! Please take 10-15 minutes to complete the following survey on your experiences as a community-based application assistor. Your input will support the development of recommendations to guide investments in our County’s Family Self Sufficiency programs over the next decade! The survey will close at 11:59pm on Thursday, September 30. 	

- Community Based Application Assistor Survey:
<https://www.surveymonkey.com/r/SDStaffandCBO>
- *Heather Berkoben*: the Dairy Council of CA is partnering with the Western region Dairy Council to put on a 3-part webinar series September 29th, October 5th, October 19th. 30 minute webinars.
 - Webinar Series brought to you by Western Region Dairy Councils:
<https://email.healthyeating.org/view.html?x=a62e&m=ZF&mc=W&s=fL5n&u=R&z=kWenW2F&>
- *Kate McDevitt*: 2 job announcements from HealthCorps, a national non-profit working with school districts. Partnering with SDUSD in developing Teens Make Health Happen clubs in middle and high schools.
 - HealthCorps Regional Program Manager Job Posting:
<https://apply.workable.com/healthcorpsorg/j/A83FF0B29A/>
 - HealthCorps Program Coordinator (2 positions) Job Posting:
<https://apply.workable.com/healthcorpsorg/j/1E376F8AEF/>
- *Maddy Moritsch*: Alliance for a Healthier Generation is putting national monthly webinars.
 - Register for October Webinar: Weaving Social-Emotional learning into Health Education & PE | November Webinar: Give and Receive Feedback to Build Staff Connectedness: <https://bit.ly/webinarsHG>
- *Janelle Manzano*:
 - Farm to School Video Library (3-5 min videos on nutrition, recipes, garden activities, virtual field trips, and more!). Distribute to anyone county wide!
https://docs.google.com/spreadsheets/d/15wpd11jOWO3xq_gq4DyelltCyX9Nq1EHCoAFhLuTXAQ/edit?usp=sharing
 - SD Unified Farm to School Network Gathering 9/23 at 3:30pm to engage food services + garden/nutrition educators + faculty + community partners in Farm to School
 - HOTM (Harvest of the Month) Zoom PLUOTS "Tasting" Wed 10/6 at 10:30am open to all students/classes to tune in |
 - Email me at jmanzano@sandi.net for questions or more info!!

- *Deirdre Kleske*: The Annual Summit on Student Engagement and Attendance is a free event held in conjunction with Live Well Advance. Two half days: November 17 in the afternoon and November 18 in the morning. The School summit will have 6-8 breakout sessions on some very informative topics.
 - School Summit on Student Engagement & Attendance @ Live Well Advance, Nov. 17 & 18:
<https://www.livewellsd.org/content/livewell/home/toolsforschools/school-summit.html>
- *Alison Rosenstock*: September is Hunger Action Month - fundraising campaign -those who complete a survey on common places and companies they visit regularly will raise money for Feeding San Diego.
 - Text “FEED” to 90412 ; <https://bit.ly/HXCFeedingSanDiego>

COI updates - *Jennifer Taylor*:

- COI is excited to be able to expand support to this year’s mini-grant applications, thanks to a generous gift from BSC’s Promise Health Plan. This year, we received 17 proposals requesting more than \$75K, while COI’s budget for proposals was limited to about \$11K - covering our top 3 proposals. Thanks to additional support from BSC, we will be able to reach our top 8 proposals. Notifications to those additional 5 applicants will go out soon and more details on our mini-grant recipients, at which point COI will also showcase more information about each of this year’s 8 awardees.
- In honor of National Childhood Obesity Awareness Month, Dr. Kelly Motadel will be discussing children’s health as part of a virtual session with the [YMCA San Diego’s “Be Well” webinar series](#) on Thursday, September 30th, at 12pm.
- COI will host its press conference on October 4th (this was postponed from its original date in mid-September). This event will celebrate our collaboration with Supervisor Vargas as a COI champion—and to celebrate collaborations between COI partners that have brought in over \$12M within the last few months. We have several speakers slated for this event, including Supervisor Vargas, Dr. Wooten as our ELT tri-chair and County PH Officer, and City of Chula Vista Mayor Mary Salas—among others.

	<ul style="list-style-type: none"> ● Save the date for the Philip R Nader Legacy Lecture on October 7, 10am-11:30am PST (12pm-1:30pm CST). This virtual event will feature Dr. Rafael Perez-Escamilla from the Yale School of Public Health for a presentation, “Responsive Feeding and Childhood Obesity Prevention: An Equitable Nurturing Care Perspective.” The late Dr. Nader was engaged in research in health behavior and the influence of families, schools, and communities on child health since the early 1970’s, including as a researcher at UCSD—he played an instrumental role in establishing the UCSD CCH and also supporting the founding of COI in 2006. The lectureship series honors his legacy addressing children’s health. You can learn more about the event and register here: https://register.gotowebinar.com/register/8925207990447772944 	
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