

**Schools & After-School Domain**  
**October 18, 2022**  
**2:00pm–3:30pm**  
(via Zoom)

<b>Schools &amp; After-School Domain Meeting Minutes:</b> Tuesday, October 18, 2022, 2:00pm-3:30pm via Zoom	<b>Next Meeting:</b> Tuesday, November 15, 2022, 2:00pm-3:30pm via Zoom
<b>Attendees:</b> Deirdre Kleske (HHSA), Shana Wright (COI), Kate McDevitt (San Diego Unified School District), Paige Metz (San Diego County Office of Education), Heather Cruz (Chula Vista Elementary School District), Nidia Croce (County Oral Health Program), Kathy Kinane (Move Your Feet Before You Eat), Haley Nute (COI Dietetic Intern), Megan Ling (HealthCorps), Brett Wilson (The Children’s Initiative), Gretchen Woolman (County of San Diego), Mari Arandia (HealthCorps), Don Williamson (Chef de Cuisine), Lorrie Lynn (Rady Children’s Hospital & Safe Kids San Diego), Emily Miller (American Heart Association), Erin Spillane (HealthCorps), Susan Burghart (Lakeside Union School District), Audrey Hook (County of San Diego), Paul De Puyt (Chef de Cuisine), Valerie Agustin (County of San Diego), Michael Miller (HHSA), Amanda Mascia (SDHC)	
<b>Recorder:</b> Haley Nute	

Topic/Issue	Discussion	Action
<b>Welcome &amp; Icebreaker</b>  Kate McDevitt, Co-Chair (10 minutes)	<ul style="list-style-type: none"> <li><i>In recognition of Walk to School Week, please let us know in the chat if you walked or biked to school.</i></li> </ul>	

<b>Announcements</b>	<ul style="list-style-type: none"> <li>• <i>Kathy Kinane:</i> We provide a free activity tracking program for all students and we give free incentive gifts including “Miles of Smiles” Shoelaces for every 50 miles and Running Across CA car magnets for running 174 miles. Please reach out to us! We especially prefer to support Title 1 Schools.</li> <li>• <b><i>Yes on 31 Bus Tour flier, location TBD:</i></b> <a href="https://drive.google.com/file/d/1ieg5fkh6Du7ll1oQOXQCsrAmHz5VjhPp/view?usp=sharing">https://drive.google.com/file/d/1ieg5fkh6Du7ll1oQOXQCsrAmHz5VjhPp/view?usp=sharing</a></li> </ul>	<p>Contact for Miles of Smiles: <a href="mailto:info@moveyourfeetfoundation.org">info@moveyourfeetfoundation.org</a></p>
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<p><b>HealthCorps at San Diego Unified School District</b></p> <p>Megan Ling, Associate Director, HealthCorps</p>	<ul style="list-style-type: none"> <li>● <b>Presentation Link:</b> <a href="https://docs.google.com/presentation/d/1jOPXDXjP5cgZsr_C272s7FZnP4Yfbvd4/e/dit#slide=id.p1">https://docs.google.com/presentation/d/1jOPXDXjP5cgZsr_C272s7FZnP4Yfbvd4/e/dit#slide=id.p1</a></li> <li>● Uses innovative approaches to health, providing youth with tools to become more physically and mentally resilient</li> <li>● Recently established a multi-year partnership with SDUSD to bring the program to all SDUSD sites</li> <li>● <i>Regional Hub Model:</i> <ul style="list-style-type: none"> <li>○ Works with network of 13-35 sites</li> <li>○ University partnerships provide near peer mentorships to lead health education at schools</li> <li>○ Heightened impact by community partnerships and local events</li> <li>○ Opportunities for student leaders to promote campus-wide health</li> </ul> </li> <li>● <i>Monthly Program:</i> <ul style="list-style-type: none"> <li>○ Every month focuses on a different initiative to educate students on a wide range of topics</li> <li>○ Topics address everything from physical health and nutrition to mental health and healthy relationships</li> </ul> </li> <li>● Students become leaders in their community and support action for healthy lifestyle choices and changes</li> </ul> <p>Q &amp; A:</p> <ul style="list-style-type: none"> <li>● <i>Page Metz:</i> Do you have capacity to work with districts outside of SDUSD? Charter schools? <ul style="list-style-type: none"> <li>○ Contact Megan Ling for more info: <a href="mailto:megan.ling@healthcorps.org">megan.ling@healthcorps.org</a></li> </ul> </li> <li>● <i>Deirdre Kleske:</i> Where does Heath Corps get its funding, and is there a cost to districts? <ul style="list-style-type: none"> <li>○ Funding looks different in different regions across the country. San Diego Unified funds the program in their district. (San Diego Unified used COVID federal emergency relief funding to support this program)</li> <li>○ HealthCorps is just getting started in San Diego so we'll keep you updated on the initiatives and the programming that takes place throughout the year.</li> </ul> </li> </ul>	<p>Contact for opportunities to collaborate: <a href="mailto:megan.ling@healthcorps.org">megan.ling@healthcorps.org</a></p>
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<p><b>Cooking up Health</b></p> <p>Don Williamson, President, Board of Directors, Chefs de Cuisine Association of San Diego Education Foundation</p>	<ul style="list-style-type: none"> <li>● <b>Presentation Link:</b> <a href="https://docs.google.com/presentation/d/1IaMTcoV96wWTPnWXd2IutpAA5POdSNQR/edit#slide=id.p1">https://docs.google.com/presentation/d/1IaMTcoV96wWTPnWXd2IutpAA5POdSNQR/edit#slide=id.p1</a></li> <li>● <i>Chefs de Cuisine: sdchefsfoundation.org</i> <ul style="list-style-type: none"> <li>○ Oldest and largest chef organization in San Diego County</li> <li>○ Empowers youth through culinary and nutrition education</li> <li>○ Created kits to feed a family of 4 at no cost, so families could pick up kit at their school (which included recipes and ingredients), watch a cooking instruction video, and cook the meal together at home</li> </ul> </li> <li>● <i>Virtual Program:</i> <ul style="list-style-type: none"> <li>○ Pre-recorded a series of cooking demonstrations of simple, healthy recipes with a variety of cultural influences</li> <li>○ Provides exposure to new types of foods or healthy spins on community favorites to encourage healthy habits</li> <li>○ Focused on standard recipes, beverages, a variety of cultural recipes, snacks, and desserts</li> <li>○ Also included lessons on food safety, nutrition, and culinary skills</li> </ul> </li> <li>● <i>Challenges Faced:</i> <ul style="list-style-type: none"> <li>○ Very expensive, were able to get funding through grants and other financial support resources</li> <li>○ Required a lot of volunteer support to film videos, package recipe kits, and teach lessons</li> <li>○ Still requires a professional to edit video footage due to the level of skill this requires</li> </ul> </li> <li>● <i>CDCEF:</i> <ul style="list-style-type: none"> <li>○ Allowed program to receive funding for ingredients by sharing purchasing with school district's after school program</li> <li>○ Only able to use funding for purchases made at Smart and Final and Vons</li> </ul> </li> <li>● <i>Filming of Cooking Demonstrations:</i> <ul style="list-style-type: none"> <li>○ Students in the videography program are filming the demonstrations so it can be available to a larger audience</li> </ul> </li> </ul>	
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	<ul style="list-style-type: none"> <li>○ Provided students with the opportunity to learn about food and share educational resources with peers, while also using skills they are learning in class</li> </ul> <p>Q &amp; A</p> <ul style="list-style-type: none"> <li>● <i>Heather Cruz:</i> Do you have any recommendations for schools that don't have the optimal kitchen facilities but still want to utilize the program? I'm wondering if elementary schools could partner with the middle/high schools somehow. <ul style="list-style-type: none"> <li>○ Started with elementary schools when the program originally started 5-7 grades. Due to COVID they shifted to middle and high school for better retention. Back to middle school, but there is room to engage elementary and there are ways to work around less than optimal facilities.</li> </ul> </li> <li>● <i>Deirdre Kleske:</i> Is a non-profit running the after-school program or is it the district running the ASES &amp; ASSET programs? <ul style="list-style-type: none"> <li>○ District program. They signed an MOU with the district to provide the culinary program.</li> <li>○ Does Chefs de Cuisine have the capacity to do this in other schools if other things are in place? <ul style="list-style-type: none"> <li>■ Video components will be utilized. In other districts, they could do videos at one school, still getting hands on, and then use that for other schools in the district. Provides stipend to chefs since they are not purchasing everything now, which makes more chefs available.</li> </ul> </li> </ul> </li> <li>● <i>Kate McDevitt:</i> How can COI S&amp;AS Domain support efforts? <ul style="list-style-type: none"> <li>○ Assess after-school programs: What are their needs? What is available, what is needed. Do they have space and/or facilities to host?</li> <li>○ Find ways to engage and involve parents/families with students and in the program.</li> </ul> </li> </ul>	
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<p><b>Summit on Student Engagement and Attendance</b></p> <p>Deirdre Kleske, HHSA</p>	<ul style="list-style-type: none"> <li>● <b>School Summit@2022 Live Well Advance:</b> <ul style="list-style-type: none"> <li>○ Dec. 7, 8:30 - 5 p.m. at the San Diego Convention Center <ul style="list-style-type: none"> <li>■ No cost to attend or park; lunch will be served.</li> </ul> </li> <li>○ 9 School Summit sessions taking place during 3 breakout times <ul style="list-style-type: none"> <li>■ A wide variety of topics and presenters, plus all Live Well Advance sessions are available to any participant</li> </ul> </li> <li>○ All Connection Hub exhibitors will be in the same area</li> </ul> </li> <li>● San Diego Office of Education is a key collaborator on the Summit</li> <li>● Register to become an exhibitor and/or to attend!</li> </ul>	<p>Link to register: <a href="https://www.livewellsd.org/content/livewell/home/news-events/advance-events/advance.html">https://www.livewellsd.org/content/livewell/home/news-events/advance.html</a></p>
<p><b>COI Update</b></p> <p>Shana Wright, COI</p>	<ul style="list-style-type: none"> <li>● <i>DOMAIN COUNCIL:</i> <ul style="list-style-type: none"> <li>○ The Domain Council will convene next week to bring together all the domain co-chairs and members from the Community Council to start exploring ways and opportunities for the Community Council to engage with the work of each domain. Each domain has a work plan they focus on, and we want to start exploring how to leverage the expertise and knowledge within our Community Council to figure out how to leverage community perspective in our work including anything we may be missing.</li> </ul> </li> <li>● We received the NoA from the Office of Minority Health for the proposal we submitted to further support and build up the COI community council. <ul style="list-style-type: none"> <li>○ Please note the YMCA, Global Arc, key CBOs represented in the Community Council and Community Domain, and council members will benefit directly from this funding.</li> <li>○ I want to thank Eric Hekler for co-leading this grant submission. Thank you Ruth and Supervisor Vargas office for your support as well.</li> <li>○ <i>Key activities will include:</i> <ul style="list-style-type: none"> <li>■ Support an build up the Community Council</li> <li>■ Community resident training and capacity building</li> <li>■ Review of community-centered data, stories and priorities</li> </ul> </li> </ul> </li> </ul>	<p>Link to COI online submission form if you want to share announcements: <a href="https://docs.google.com/forms/d/e/1FAIpQLSdMHeUPeuHj6esR5aScNxzk9Zbi-JldQ9AUUp0EbZWuSFcu1A/viewform">https://docs.google.com/forms/d/e/1FAIpQLSdMHeUPeuHj6esR5aScNxzk9Zbi-JldQ9AUUp0EbZWuSFcu1A/viewform</a></p>

	<ul style="list-style-type: none"> <li>■ Community-led policy scan/assessment and policy agenda development aligned with the OMH Coordinating Center’s policy assessment framework</li> <li>■ Community-engaged policy-advocacy activities related to policy priorities</li> </ul> <ul style="list-style-type: none"> <li>● The San Diego Foundation would like to invite you to join our upcoming virtual Community Sessions for the Community Food Production Grant Program (CFPP). These sessions will be an opportunity for you to provide input on the program criteria and guidelines that are currently being developed for CFPP. <ul style="list-style-type: none"> <li>○ CFPP will support a wide range of community food processing, production, and distribution projects across San Diego County. These projects aim to support the region’s most vulnerable communities, specifically those who have been disproportionately impacted by the COVID-19 pandemic, by addressing issues of food insecurity, improving nutrition, and supporting local agriculture in San Diego County.</li> </ul> </li> </ul> <p><b>*You are welcome to register for one or both Community Sessions—but please do so by the deadlines noted below to ensure we meet any language translation needs*</b></p> <ol style="list-style-type: none"> <li>1. Community Session: Monday, October 24, 2022: 3:00pm – 4:30pm  <b>*Register by Friday, October 21*</b> <ul style="list-style-type: none"> <li>● <a href="https://us02web.zoom.us/meeting/register/tZ0pfuihpzkqHNJW-l8QC2-lpj9POwaQ_Ccj">https://us02web.zoom.us/meeting/register/tZ0pfuihpzkqHNJW-l8QC2-lpj9POwaQ_Ccj</a></li> </ul> </li> <li>2. Community Session: Tuesday, November 1, 2022: 1:00pm – 2:30pm  <b>*Register by Friday, October 28*</b> <ul style="list-style-type: none"> <li>● <a href="https://us02web.zoom.us/meeting/register/tZMpcuyprzksHN3iGfOeTi1ITKVJ0POPpu-Z">https://us02web.zoom.us/meeting/register/tZMpcuyprzksHN3iGfOeTi1ITKVJ0POPpu-Z</a></li> </ul> </li> </ol>	
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<p><b>Preview of November meeting</b></p> <p>Deirdre Kleske, HHSA</p>	<p><b><u>NEXT MEETING</u></b> November 15, 2022 2:00 – 3:30 p.m.</p> <ul style="list-style-type: none"> <li>• Preview: <b>County Program Support for Healthy Schools</b></li> </ul>	
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