

Schools & After-School Domain Meeting Minutes: Tuesday, October 19th, 2021, 2:00pm-3:30pm Via Zoom	Next Meeting: Tuesday, January 18th, 2022, 2:00pm-3:30pm Via Zoom <i>Reminder: No November meeting (please instead join the LiveWell Advance conference) and no December meeting (happy holidays!)</i>
Attendees: Deirdre Kleske (County HHSA), Jennifer Taylor (COI), Jake McGough (YMCA), Christina Prado (Extended Learning), Melissa Minas (San Diego County Office of Education), Alison Rosenstock (Feeding San Diego), Heather Cruz (Chula Vista Elementary School District), Barbara Hughes (County HHSA), Nidia Croce (County Oral Health Programs), Virginia Miller (Borrego Springs Unified), Debbie Pasamonte (County Public Health Nursing), Nina Escobedo (YMCA Child Nutrition Coordinator), Lenika Flores (YMCA), Emily Cena (Ramona USD, Food & Nutrition Director), Lorrie Lynn (Rady's Children Hospital), Leo Hsu (Sweetwater Union High School), Stella Weaver (University of California, Community Education Specialist), Michael Miller (County Behavioral Health Svcs.), Amanda Mascia (SD Hunger Coalition), Kate McDevitt (San Diego USD), Audrey Hook (County Public Health Nursing), Heather Berkoben (Dairy Council of California)	
Recorder: Rachael Handley	

Topic/Issue	Discussion	Action
Welcome & Icebreaker	<ul style="list-style-type: none"> Partner Spotlight: Kate McDevitt 	
Announcements	<ul style="list-style-type: none"> <i>Lorrie Lynn:</i> November 18: national injury prevention day. County Administration Center was lit in green to raise awareness. <ul style="list-style-type: none"> Multi-sport helmets available for anyone who wants to attend Media segment on fox 5 for drug take-back - Rady Children's brought on Girl Scout who is a high school senior working on a project to reduce access to prescription drugs National Injury Prevention Family Safety Day - November 13, 10:00am-1:00pm, Lisbon Vista Community Center, 6785 Imperial, San Diego 92114 <i>Amanda Mascia:</i> Save the date for the San Diego Hunger Coalition Annual State of Hunger will be on November 16. at 10am. 	

	<ul style="list-style-type: none"> • <i>Debbie Passamonte</i>: DEA is hosting a drug take-back event, link to invitation. Please share with whom you deem appropriate. 	
Legislative updates	<p><i>Jennifer Taylor (on behalf of Angeles Nelson):</i> What is happening with the Build Back Better Act?</p> <ul style="list-style-type: none"> • Some Members of Congress are demanding a reduction in the scope and size of the Build Back Better Act. Investments in child nutrition could be reduced or stripped away as Congress continues to negotiate on the package. We're encouraging all in the nutrition community to take action so that all members of Congress support the House Build Back Better Act. We need our congressional delegation to fight against any attempts to weaken the Build Back Better Agenda, which includes investments in school meals, Summer EBT, and other resources to nourish children. You can use Nourish California's fact sheet to talk about the impact • Take Action: Tell Congress to Invest in Child Nutrition • For more details: School Meals: Federal Investments to Sustain Historic Change <p>Big thanks to everyone who advocated for extending the WIC vegetable and fruit benefit bump- Congress has extended the extra benefits until Dec 2021!</p> <ul style="list-style-type: none"> • The benefits for the next three months will be as follows: <ul style="list-style-type: none"> ○ Children will receive \$24/month, ○ Pregnant and postpartum participants \$43/month, ○ Breastfeeding participants \$47/month. ○ The extra benefits will be added automatically to the WIC cards. • Take Action: Take two minutes to contact your Members of Congress and send a thank you note for helping to #ExtendTheWICBump <p>Lastly, Nourish CA's annual policy development process is underway -- and we hope to hear from you. Please take a few moments to share your thoughts on the challenges, assets, and opportunities ahead. Your important perspectives shape our work and inform our priorities. Thank you!</p> <p>Para compartir su opinión en Español utilice: ¿Qué cambios le gustaría ver?</p> <p><i>Michael Miller & Deirdre Kleske:</i></p> <ul style="list-style-type: none"> • SB 224: written by State Sen. Portantino, signed and approved Oct. 8. 	

	<ul style="list-style-type: none"> ● Mental health education requirements for schools offering more than one health education class in middle and/or high school grades. ● Won't affect anything in regards to County Behavioral Health Services but this education could support overall student mental health. ● Topics include the following and much more: <ul style="list-style-type: none"> ○ Mental Health first aid: what is it? ○ How to recognize signs and symptoms ○ Health wellness & protective factors, etc. ○ Overcoming stigma. ● Caveat is it only applies to those schools that teach one or more courses in health education. There is no current requirement to teach health education in San Diego county schools. <ul style="list-style-type: none"> ○ The goal of a project headed by Paige Metz with SDCOE is that more schools will have health education classes. This will increase access to mental health education. ○ Those who participate on wellness committees can share this new support for mental health education and encourage the implementation of a comprehensive health education program. <p><i>Amanda Mascia:</i> The San Diego Hunger Coalition hosted a meeting about universal free meals with the California Department of Education (CDE), and chief of staff for State Sen. Skinner (the author). Discussed the future of school meals for all and what the bill means. Mentioned “there is a part 2 coming out of Skinner's office, to demonstrate the deep commitment to a vision of healthier foods and food systems.”</p> <ul style="list-style-type: none"> ● <i>Deirdre Kleske:</i> this is something that many COI and other individuals will back and support. However, stakeholders will want to know how “healthier” is defined. ● This is permanent funding that could contribute to large changes over time. ● <i>Alison Rosenstock:</i> Was this bill aimed at only SBP and NSLP or did it potentially include CACFP and SFSP as well? <ul style="list-style-type: none"> ○ <i>Amanda Mascia:</i> I would be completely guessing, but the current bill only covers NSLP/SBP 	
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<p>COI update</p>	<p><i>Jennifer Taylor:</i></p> <ul style="list-style-type: none"> • Earlier this month on October 4th, COI hosted a press conference in partnership with Supervisor Nora Vargas’s office. This conference celebrated COI’s collaboration with Supervisor Vargas as a champion of the initiative, and announced recent funds exceeding \$9 million, awarded to partners working together as part of this collective. This brief and video from the County News Center presents speaker highlights from the press conference, including Supervisor Nora Vargas, County Public Health Officer and COI Executive Leadership Tri-Chair Dr. Wilma Wooten, and County Child Health Officer and COI Leadership Council member Dr. Kelly Motadel. The press conference speakers also included Blanca Melendrez (Executive Director of Community Health for UC San Diego ACTRI, which serves as the facilitator backbone for COI), Mayor Mary Casillas Salas (City of Chula Vista), Dr. Paul Gothold (Superintendent of Schools for San Diego County Office of Education), Margarita Holguin (Founding Chair for San Diego Promotores Program), Dr. Kim Bower (Medical Director for Blue Shield of California Promise Health Plan), and Shelby Gomez (Executive Manager for YMCA San Diego). Learn more in COI’s full press release. • Congratulations to Naomi Billups for winning the RISE Community Change Agent Award! Each year, RISE San Diego honors local leaders addressing diversity, equity, and inclusion through the Inclusive Leadership in Action (ILIA) Awards. Naomi is the Public Health Nutrition Manager for the County of San Diego and plays a critical role in supporting COI, including as the County liaison for COI’s backbone staff. • COI’s Healthcare Domain will host a workshop on Jan 22nd for healthcare providers and their teams, titled “Beyond BMI: Cultivating Compassion, Community and Collaboration for Wellness.” This workshop focuses on trauma-informed approaches for healthcare teams to engage children and families on weight management and nutrition. Advertisements for this workshop will be shared with COI partners, and we would appreciate your help in getting the word out! The workshop will be in-person at Rady Children’s Hospital and offers CME units for providers. Several speakers and community-based organizations will be showcased at this event including 	
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	many COI partners such as 2-1-1 San Diego, Olivewood Gardens, Leah's Pantry, YMCA San Diego's Partners in Prevention, and the American Academy of Pediatrics.	
Domain capabilities & partner roles	<p><i>Jennifer Taylor:</i></p> <ul style="list-style-type: none"> Twice per year, COI hosts meetings for its Domain Council, which brings together co-chairs for each of COI's 7 domain workgroups. On Monday October 25th, the Domain Council will meet to discuss opportunities for cross-domain collaboration--building on discussions from the Domain Council session earlier this year. In the first of these sessions, domain workgroup members reflected on ways their own domain might be supported based on capacities other workgroups might be able to offer. A challenge with this is that the capabilities or strengths of other domains is often not very clear. To support deepened cross-domain collaboration this session will build on previous discussions, with a focus on the kinds of capabilities each domain feels best equipped to offer, with the goal of identifying new collaboration opportunities that fit within the existing scope and skills of each workgroup. To support this discussion, the domain co-chairs for this group are interested in hearing your thoughts on what our strengths are collectively as the Schools & After-School Domain. This can also serve as an opportunity to learn more about each member of this group--including individual-level strengths and interests of our partners--to support networking and ongoing calibration of our project areas with what matters most to members. <p><i>Kate McDevitt:</i></p> <ul style="list-style-type: none"> To learn more about our partners, we created a brief Google Form. If you have not already responded to this form, please do so now. Preliminary results: <ul style="list-style-type: none"> 54% are saying their strength area is expertise or connect to school wellness policies <ul style="list-style-type: none"> 35% for health education Strengths for other domains: best support community, engagement of resident leaders (77%), early childhood domain (70%), business domain, employee wellness, etc. (50%) 	

	<ul style="list-style-type: none"> ○ 85% are okay with sharing their contact information ○ Qualitative results: <ul style="list-style-type: none"> ■ Businesses and schools follow healthy beverage laws, etc., ■ A lot of overlap with business and schools & after school domains and the worksite wellness. ● What areas make most sense to elevate? ● <i>Jake McGough</i>: The early childhood domain has been partnering with the healthcare domain and making sure everything is aligning with healthcare providers. Potential for a 3 domain work plan and more collaboration. ● <i>Deirdre Kleske</i>: raising awareness that health education is not being taught in school. The whole point of the health education framework is to create health literacy and improve the ability to handle health issues, like COVID-19. Would love to see that type of collaboration in 2022, when recipients are identified. ● <i>Jennifer Taylor</i>: the community domain is shifting and changing, the creation of community council and utilizing more community resident leaders and community organization input and partnership. 	
Schools & After-School Domain resources update	<p><i>Deirdre Kleske</i>: the COI website was revamped a few years ago and a resource list was created. This page is due for a “refresh” and we are calling on the expertise of partners to help with this.</p> <ul style="list-style-type: none"> ● We would like to keep the list of categories simple. ● <i>Christina Prado</i>: recommended changing “after school” category to “expanded learning” to take into account all out-of-school time, and keep the focus on learning not just on “baby-sitting.” ● <i>Heather Berkoben</i>: would be good to add Dairy Council resources. <ul style="list-style-type: none"> ○ Healthy fundraising, have this be its own section. materials reviewed and updated. ● <i>Nidia Croce</i>: oral health does not have many resources. These resources also need to be updated... update to include pregnant women, “give kids a smile,” access to free clinics, and more. ● <i>Deirdre Kleske</i>: adding in health education, since this is a topic that has been covered often within the workgroup. 	<p>Please add to this spreadsheet any suggested updates to the website</p>

	<ul style="list-style-type: none"> • Would like to have this page updated by January 2022. • A google spreadsheet has been created for anyone who wants to work on updating the resources website, and several partners expressed interest. If you have any suggestions for resources or things that need to be changed, please add them to the spreadsheet. <p><i>Alison Rosenstock:</i> How are CACFP sponsored meal sites promoted? The CA department of education has a general website but it's not user-friendly for parents.</p> <ul style="list-style-type: none"> • <i>Deirdre Kleske:</i> CA Meals for Kids smart phone app has good information. Suggest discussing this more in a meeting to include the SD Hunger Coalition. • <i>Jake McGough:</i> YMCA would like to participate in this conversation! <p>Resources web page: https://sdcoi.org/focus-areas/schools-and-after-schools/resources/</p> <p>Spreadsheet for updated and new resources: https://docs.google.com/spreadsheets/d/13xKfTsLvnz4MBTmB2GHHk_W1dByk0ajjQ_h8IEPb340/edit#gid=0</p>	
School Summit	<ul style="list-style-type: none"> • School Summit is November 17-18, part of the free and virtual Live Well Advance! • Nine breakout sessions will cover topics such as Attendance Supports, Fentanyl and Naloxone, Teen Dating Violence, Building Student Resiliency, Developing Health Literacy, and other topics. • See registration information on this flyer. Registration opens soon! Please share with school and district staff, and community partners supporting healthy schools. 	See registration information on this flyer .
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