

Schools & After-School Domain

November 15, 2022

2:00pm–3:30pm

(via Zoom)

Schools & After-School Domain Meeting Minutes: Tuesday, November 15, 2022, 2:00pm-3:30pm (via Zoom)	Next Meeting: NO DECEMBER MEETING! Tuesday, January 17 , 2022, 2:00pm – 3:30pm (via Zoom) <i>Happy Holidays!</i>
Attendees: Ashley Jeznach (San Diego Hunger Coalition), Shana Wright (COI), Haley Nute (COI Dietetic Intern), Pam Plimpton (Aging & Independence Services), Paige Metz (Co-Chair, CoSD Office of Education), Leo Hsu (Sweetwater Union High School District), Nicole Villa (CoSD HHSA), Allison Hirahara (Live Well San Diego), Thomas Olinger (HHSA Chief Dental Officer), Nidia Croce (CoSD Oral Health Program), Brett Wilson (The Children's Initiative), Michael Miller (HHSA Behavioral Health Services), Allison Gallegos-Jeffrey (COI), Katie Rosales (SAY San Diego Real Connection), Sarah Garlejo (CoSD Homelessness & Equitable Communities), Bridget Shidler (CoSD Public Health Nurse), Carla Macias (CoSD Public Health Nurse), Valerie Agustin (CoSD Public Health Nurse), Kate McDevitt (Co-Chair, SDUSD), Greg McGuire (+BOX Strategic Partnerships), Anali Rosales (Public Health Services), Erica Cardona (Public Health Services), Nancy Starr (CoSD Oral Health Program)	
Recorder: Haley Nute (COI Dietetic Intern)	

Topic/Issue	Discussion	Action
I. Welcome & Icebreaker Paige Metz, Co-Chair (10 minutes)	<ul style="list-style-type: none"> <i>In recognition of the season, please let us know in the chat what your favorite fall physical activity is.</i> 	

<p>II. Announcements (10 minutes)</p>	<ul style="list-style-type: none"> • Live Well Advance Summit: <ul style="list-style-type: none"> ○ Registration for December 12 is open, lunch will be provided! ○ There will be at least 9 breakout groups and a variety of topics covered • San Diego High School – Wellness Center Coordinator position open: <ul style="list-style-type: none"> ○ Deadline to apply is November 30 ○ Link to Wellness Center Coordinator Position: https://www.schooljobs.com/careers/sandi/jobs/3796326/health-services-outreach-assistant • Dairy Council of California - Let's Eat Healthy Leadership Award Nominations: <ul style="list-style-type: none"> ○ Accepting nominations until December 9 ○ Link to Award Nominations: https://www.healthyeating.org/products-and-activities/programs-services/leadership-award 	<p>Live Well Advance Summit: https://docs.google.com/document/d/1F0i8j0L5meJ1hs8c9BG3wuBebznjWZ3T/edit</p>
<p>County Program Support for Healthy Schools:</p> <p><i>Office of Strategic Initiatives (several presenters)</i></p>	<p>Contact information for all of today's presenters: https://docs.google.com/document/d/1AZstMg6GUcV39-3MpnsSYWNL9DcOtqyF/edit</p> <p>Education Sector (Nicole Villa)</p> <ul style="list-style-type: none"> • Link to Information: Schools: K-12 • Goal: Addresses each population's needs and provides opportunities to schools, organizations, and stakeholders to support students and their families • Hosts virtual briefings for school staff regarding COVID-19 and other topics, develops tools, convenes groups of school partners to address needs, weekly newsletter more than 4,000 subscribers providing updates, resources, and event announcements • Collaborations: <ul style="list-style-type: none"> ○ Live Well Schools: program mapping to identify where County programs and services are taking place in schools and districts ○ Epidemiology Team: streamline and formalize public health communications with schools and explore the future of public health disease and surveillance of student wellbeing 	<p>Contact for Live Well Youth Sector: livewellyouth@sdcountry.sd.gov</p> <p>Instagram: live_well_sd</p> <p>TikTok: livewell_sandiego</p> <p>Live Well San Diego Community Leadership Team Meetings: https://www.livewellsd.org/content/livewell/home/community/community-leadership-teams.html</p>

	<p>Q & A:</p> <ul style="list-style-type: none"> • <i>Kate McDevitt:</i> How do you internally explain the distinction between the Education Sector and the Live Well Schools team? <ul style="list-style-type: none"> ○ The two teams have some overlapping objectives which is why we've started partnering. The Live Well Schools team focuses more on research and policy that supports schools, and providing that information to schools. Education sector is more of a two-way communication platform for widely disseminating information, and also hearing from sector stakeholders. <p>Youth Sector (Skylar Weatherford, Kingston Tran, Jasmine Guerrero)</p> <ul style="list-style-type: none"> • Link to Information: Live Well San Diego Youth Sector • Engages youth ages 16-24 to provide trainings and professional development, highlighting topics that are relevant to youth • Youth Leadership Team (YLT): 10 month program <ul style="list-style-type: none"> ○ LWSD Equity Ambassadors (LEAP) <ul style="list-style-type: none"> ■ Mentorship: increase youth presence and voice within County Departments such as the Land Use and Environment Group (LUEG), Health and Human Services Agency (HHSA), Public Safety Group and the Chief Administrative Office ○ Youth Town Halls <ul style="list-style-type: none"> ■ Topics: food accessibility, substance use, climate change, days/months of observance, suicide prevention, health disparities, mental health and opportunities for youth engagement and volunteering <p>Q & A:</p> <ul style="list-style-type: none"> • <i>Kate McDevitt:</i> Still want to figure out how we can bring our SDUSD Student Wellness Ambassadors together with the youth you're supporting. <ul style="list-style-type: none"> ○ That'd be amazing. Would love to invite your ambassadors to our upcoming town halls in December. We will reach out to chat more. 	
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	<p>Live Well Schools (Elise Sevy)</p> <ul style="list-style-type: none"> • Link to Information: Live Well Schools • Supports districts with research and analysis on topics such as wellness policy, chronic absenteeism and investing in wellness through district budgets, called LCAPS (Local Control and Accountability Plans). • Data analysis makes the case that strong wellness policies and investments in wellness will support better school attendance and academic success. • Tools for Schools: online, searchable database of more than 500 resources to <ul style="list-style-type: none"> ○ address immediate needs of students, staff and families in the community ○ support districts and schools with resources for long term planning ○ Searchable by keywords in English and Spanish 	
<p>County Program Support for Healthy Schools: <i>Office of Equitable Communities</i></p> <p>Katie Gordon, HHSA</p>	<ul style="list-style-type: none"> • Link to More Information: Office of Equitable Communities • Focus: achieve better coordination of existing and new county Homeless and Equitable Community efforts and serve as a central point of collaboration for outside partners to ensure equity among all San Diegans and reduce homelessness in the region • Community Engagement: community meetings, outreach at events, building rapport with community members, Community Health Worker Model • Program Planning: Grandparents Raising Grandchildren (GRG), nutrition and gardening education, <i>Live Well San Diego</i> signature events, prevention and early intervention, Family First, outside organizations events such as the Refugee Multicultural Festival • Live Well San Diego Regional Leadership Team Meetings • Health Promotion: weekly regional newsletters, social media, material development, translation and cultural awareness, upcoming Instagram account 	<p>Regional Community Updates Content Submission Request: https://app.smartsheet.com/b/form/f027ca4bd4184ce8b3cbbae54fb2996c</p> <p>Contact for any questions: HHSA.communities@sdcounty.ca.gov</p>
<p>County Program Support for Healthy Schools: <i>Intergenerational Programs</i></p>	<ul style="list-style-type: none"> • Link to More Information: Intergenerational • Goal: promote connection and health across generations <ul style="list-style-type: none"> ○ Intentionally designed, mutually beneficial, across all generations, fosters understanding ○ Intergenerational programs related to gardens, safe routes to school, Intergenerational Games (seniors and students engage in non-competitive 	<p>Contact for more information: pam.plimpton@sdcounty.ca.gov</p>

<p>Pam Plimpton, Aging and Independence Services</p>	<p>games that promote nutrition, healthy living and connections between different generations)</p> <ul style="list-style-type: none"> Supporting Kinship Families: family enrichment and educational events, kinship navigation, support groups, emergency funds, respite services <ul style="list-style-type: none"> Nature hikes, “gramping”, cooking classes, etc. <p>Q & A:</p> <ul style="list-style-type: none"> <i>Kate McDevitt:</i> I would love to talk with you about promoting Intergenerational programs (esp. Safe Routes and Games, kinship events) to our district's School Wellness Coordinators! Next month we will be talking about opportunities for school wellness committees to engage their community/families. 	
<p>County Program Support for Healthy Schools: <i>HealthLink Public Health Nursing</i></p> <p>Valerie Agustin and Trista Collins, HHSA</p>	<ul style="list-style-type: none"> HealthLink Program: collaborative effort between Public Health Nursing, all county programs, School and Community Partners <ul style="list-style-type: none"> Encompasses a comprehensive community focus Improve the health and wellness of children and young adults in the community Examples of Collaboration: Domestic Violence advocacy, teen dating violence, Oral Health Coalition, COI, Love Your Heart San Diego Every region (6 total) has a Health Link Nurse who tailors their activities based on the needs of that region <ul style="list-style-type: none"> Provide education about vaccines, healthy living, CPR training, for example Provide home visits for school age children and link their families to resources Support school wellness leads and school nurses 	
<p>County Program Support for Healthy Schools: <i>Oral Health Programs</i></p> <p>Nancy Starr, HHSA</p>	<ul style="list-style-type: none"> Link to More Information: Dental Health Initiative/Share the Care Goal: improve the oral health through the lifespan for all communities in San Diego County <ul style="list-style-type: none"> Activities for Schools: education, screenings, promote and refer for preventative services Opportunities to Collaborate: teach oral health lessons 2x/year, include oral health in a school event, provide oral health resources to parents, provide oral health screenings to all students, add oral health to your wellness policy 	<p>Contact for more information: 619-692-8858 nancy.starr@sdcounty.ca.gov</p>

	<p>Q & A:</p> <ul style="list-style-type: none"> • <i>Kate McDevitt:</i> San Diego Unified did include oral health in our revised District Wellness Policy - and have it as a goal for 2022-23 school year to increase oral health education outreach opportunities. <ul style="list-style-type: none"> ○ Please reach out to us! We are here to support your oral health efforts! 	
<p>County Program Support for Healthy Schools: <i>Behavioral Health Services SchoolLink</i></p> <p>Mike Miller, HHSA</p>	<ul style="list-style-type: none"> • Link to More Information: SchoolLink San Diego • Provides connections to behavioral health services and resources to students and families to make them easier to access <ul style="list-style-type: none"> ○ Services are provided to about 380 schools and acts as a safety net ○ Allows providers and schools to be on the same page about resources and the process to access them • Regional Services Directory: lists schools, providers, accessible on-site behavioral health services, outpatient services, and specialty programs • Telehealth had to be developed rapidly during school closures, and there were many challenges with families being able to access services that way • SchoolLink is primarily offered on site again, but telehealth resources are still available • The needs of students are greater than ever, and staffing shortages at all levels continue to negatively impact the ability to meet all the needs in a timely manner 	<p>Link for more information: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Schools.html</p>
<p>County Program Support for Healthy Schools: <i>CalFresh Healthy Living</i></p> <p>Barbara Hughes, HHSA</p>	<ul style="list-style-type: none"> • Link to More Information: Home CalFresh Healthy Living • Federal Name: Supplemental Nutrition Assistance Program-Education (SNAP-Ed) • California Name: CalFresh Healthy Living (CFHL) program • USDA funding->CA Department of Public Health->Local Health Department->Registered Dietitians and CFHL Specialists • Organizational Focus Areas: <ul style="list-style-type: none"> ○ Individual: direct/indirect trauma informed education, build capacity of community members, i.e., Promotores(as) to teach others in their communities ○ Environmental: school cafeteria/behavioral economics, gardens, food waste reduction, healthy fundraising and celebrations, nutrition education, physical activity and more 	<p>Contacts for more information: anali.rosalesgarces@sdcounty.ca.gov ericad.cardona@sdcountry.ca.gov</p>

	<ul style="list-style-type: none"> Policy: supporting district and school wellness leads to implement and strengthen policies <p>Q & A</p> <ul style="list-style-type: none"> <i>Kate McDevitt:</i> Are you providing direct education to both elementary and secondary school students/classrooms? <ul style="list-style-type: none"> We can provide this and we have done this in the past. 	
<p>COI Update</p> <p>Shana Wright, COI</p>	<ul style="list-style-type: none"> Community Domain: <ul style="list-style-type: none"> Link to news about celebration: https://ucsdcommunityhealth.org/news/coi-celebrates-the-creation-of-a-new-community-led-council/ Has been working to create Community Council which has been formed and Co- Chairs have been elected Excited for how Community Council can support Domain goals and how the domain can support Community Council goals Government Domain: <ul style="list-style-type: none"> Food 4 All: to expand CalFresh benefits to everyone, regardless of immigration status Community Food Production: collecting feedback on the grant making process to submit to the San Diego Foundation. <ul style="list-style-type: none"> A couple of listening sessions were hosted last month, and the video and feedback were submitted and we look forward to more information on the grant applications process! 	<p>Link to COI online submission form: https://docs.google.com/forms/d/e/1FAIpQLSdMH_eUPeuHj6esR5aScNxzk9Zbi-J_ldQ9AUUp0EbZWu_sfCU1A/viewform</p>
<p>Preview of Next Meeting</p>	<p><u>NEXT MEETING</u></p> <p>NO DECEMBER MEETING!</p> <p>January 17, 2022 2:00pm – 3:30pm <i>Happy Holidays!</i></p>	