

Schools & After-School Domain Meeting Minutes: Tuesday, July 19, 2022, 2:00pm-3:30pm Via Zoom	Next Meeting: Tuesday, August 16, 2022, 2:00pm-3:30pm Via Zoom
Attendees: Deirdre Kleske (HHSA), Shana Wright (COI), Emma Wan, (Live Well Schools), Aaron Tang (???), Allison Gallegos-Jeffreys (HHSA) Shohre Zahedi (Hygia Weight Loss & Nutrition), Paige Metz (San Diego County Office of Education), Kate McDevitt (SDUSD), Amanda Mascia (San Diego Hunger Coalition), Janelle Manzano (SDUSD), Araceli Mondragon (San Diego Hunger Coalition), Heather Berkoben (Dairy Council), Lorrie Lynn (Rady Children's), Mike Miller (HHSA Behavioral Health Services), Francis McInnis (Oceanside Unified), Nidia Croce (HHSA), Cathy Paredes (Borrego Springs Unified School District) Recorder: Mica Smith	

Topic/Issue	Discussion	Action
Welcome & Icebreaker	Icebreaker: What is your favorite beach in San Diego County & Why?	
Announcements	Partner announcements <ul style="list-style-type: none"> - Emma Wan - San Diego County Office of Education is hosting the San Diego County Schools and Resource Fair from 11 a.m. to 2:30 p.m. on July 31 at San Diego State University's ENS Open Field (5500 Campanile Drive, San Diego, CA 92182). Parking is free in Parking Structure 6. https://www.sdcoe.net/about-sdcoe/news/post/~board/news/post/san-diego-county-office-of-education-to-host-san-diego-county-schools-and-resource-fair - Samantha Sonnich - County has map of free Cool Zones. Please promote to your communities: https://www.sandiegocounty.gov/hhsa/programs/ais/cool_zones/ - Deirdre Kleske - Healthy Schools Collaborative 10-Yr Roadmap Recommended Actions for San Diego Schools will be doing a presentation at the September meeting 	

	<ul style="list-style-type: none"> - Kate McDevitt - HealthCorps Regional Manager position open to coordinate Teens Make Health Happen Clubs in SDUSD middle schools: https://apply.workable.com/healthcorpsorg/j/AC2D7C5E36/ - Kate McDevitt - save the date for County Staff there will be SDUSD Fall Staff Wellness event on 9/14 1pm-5pm. Over 10,000 employees so good opportunity to reach health education members. - Cassandra Muniz - LiveWell on Wheels can request for community or school events and offer eligibility services for self-sufficiency services like CalFresh, print EBT card, etc. https://www.livewellsd.org/content/livewell/home/community/live-well-on-wheels.html 	
<p>Chronic Absenteeism trends</p> <p>Emma Wan, Live Well Schools</p>	<p>Emma is a member of LiveWell Schools Team. Specialty is looking at chronic absenteeism data.</p> <p>Presentation highlights: Chronic Absenteeism in San Diego County Presentation</p> <ul style="list-style-type: none"> ● Chronic absenteeism is a warning sign for a student becoming academically at risk and has shown to be a better predictor of school dropout than grades and test scores ● In San Diego chronic absenteeism rose 4% post COVID-19: 2020-2021 SY 15.7% of students were chronically absent (over 78,000 students) ● This is the first time overall absenteeism in San Diego is more than the state of California overall average 14.3%. ● Children living in poverty, foster, homeless, migrant, english learners, students with disabilities, are more likely to be chronically absent. ● Over 1/3 school age foster youth are chronically absent in San Diego County ● Schools can focus on individual factors-what are barriers, interpersonal social supports for youth and community, organizational level - are schools tracking? community level- are there access to free transportation, policy level - looking 	

	<p>at local state federal attendance programs and how to engage students and families</p> <ul style="list-style-type: none"> • Districts need strong wellness policies that are supported by funding • livewellsd.org/toolsforschools - find more data and information on partnerships, curricula, tools and resources to support student attendance <p><i>Discussion:</i></p> <ul style="list-style-type: none"> • <i>Kate McDevitt:</i> What are the first things school districts should be tackling regarding this topic? Thinking back SDUSD conducted a pilot where nurses served as TAs to specific schools to work with admin on chronic absenteeism. If school has nurses consider them part of solution, have nurses contact the parents and found they were able to get more information. Kate has been advocating that this should be considered as best practice. The pilot ended, but it seemed successful. • <i>Deirdre Kleske:</i> SDCOE had a pilot called ICan, they found there was a lack of awareness from parents regarding their child falling behind. Worked with cohort to track and communicate earlier with the parents to let them know how many days missed and arrange phone calls or in home visits. Found that communicating early on helped improve attendance rates. • In Chat: AttendanceWorks has a lot of great resources for addressing chronic absenteeism: https://www.attendanceworks.org/ 	
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<p>Support for Strengthening Wellness Policies</p> <p>Deirdre Kleske, HHSA</p>	<p>Presentation highlights:</p> <ul style="list-style-type: none"> ● In 2021-2022, Deirdre was involved in updated policies for two large school districts. ● Sharing roadmaps that can facilitate these updates ● Districts that participate in federal meal programs are required to have a Local School Wellness Policy ● Wellness Policy must include goals for Nutrition Education, Physical Education and Physical Activity, All foods and beverages available on campus, other activities designed to promote student wellness ● District revise policies on their own schedules but must update their policies to meet current federal requirements of the Healthy, Hunger-Free Kids Act ● Support for Wellness Policy Revision- Ideally superintendent-designated Wellness Lead will form a Wellness Committee (or Wellness Council) to implement, monitor, and report on policy status and revisions ● Resources: <ul style="list-style-type: none"> ○ WellSAT 3.0 - measures Comprehensiveness and Strength of Wellness policy language and a guide to revise policy, and ability to compare against a County average, and compare older policy to newly revised policy. LiveWell Schools team provides WellSAT 3.0 resource to every school district that wants to revise policy ○ Menu of Wellness Policy Options- 15 topics recommended to be included with model language ○ Wellness Schools Model Policy - updated to include all items of Menu of Wellness Policy Options- should be revised ○ Alliance for a healthier Generation model Policy ○ COI Policy Clearinghouse- model language includes policy language examples from local wellness policies for 21 components ○ Wellness Stakeholder Engagement Scan- provides scan of district and school websites that are searched for evidence of communication about wellness policy and wellness activities with scan provided to district wellness lead. Includes customized suggestions to improve 	
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	<p>communication engagement necessary for wellness policy implementation</p> <ul style="list-style-type: none"> ○ Contact Deirdre if your school district is planning to revise its wellness policy or considering it. <p><i>Discussion:</i></p> <ul style="list-style-type: none"> ● Paige Metz – Thank you Deidre for all your work and dedication strengthening our schools health and wellness policies ● Deirdre- Thank you - its been a team effort- District reps updating us and supporting leads and leadership in other school districts shaping active wellness ● Deirdre Make sure to ask and get involved with District wellness committee. Well developed 	
<p>Health Education Project</p> <p>Paige Metz, SDCOE</p>	<p><i>Paige Metz, SDCOE</i></p> <p>SDCOE Health Ed Update Slides: https://docs.google.com/presentation/d/1npaj5WgddRc2qSi9QuuqRIDFD2x4NmXbxXfXS4w7TU/edit?usp=sharing</p> <p>SDCOE received \$2 million in funds to support the California Health Education Framework roll out and support health literacy. We would like your suggestions on presentation topics that align with the 6 health education content areas:</p> <ul style="list-style-type: none"> ● Nutrition & physical activity ● Growth, development, & sexual health ● Injury prevention & safety ● Alcohol, tobacco, & other drugs ● Mental, emotional, & social health ● Personal & community health <p><u><i>See Jamboard for more details and to contribute.</i></u></p> <p>Discussion</p>	<p>Review Health Education Slides and linked Jamboard to continue adding suggestions aligning with the framework's roll out.</p>

	<ul style="list-style-type: none"> • Currently has \$200k that has not been allocated, if you know a school or district within SD County who is interested in working in these areas, please contact Paige Metz pmetz@sdcoe.net <ul style="list-style-type: none"> ○ They want to be strategic and prioritize funding to go directly to support students in the classroom. • Schools and districts that have received funding: <ul style="list-style-type: none"> ○ Iftin Charter School ○ San Diego Cooperative Charter School ○ Bella Mente Montessori Academy Charter School ○ Sweetwater Union High School District ○ Julian Union High School District ○ San Ysidro School District ○ Fallbrook Union Elementary School District ○ Lakeside Union School District ○ Chula Vista Elementary School District ○ Julian Union School District ○ San Marcos Unified School District ○ San Diego Unified School District ○ Borrego Springs Unified School District ○ Vallecitos Elementary School District ○ Warner Springs Unified School District • SB224 passed and increased requirements for health education in the classroom • Based on family/community input, districts are focusing on alcohol/drugs/vaping. Others focusing on comprehensive sex education, sex trafficking, suicide. Many schools are surveying because they don't know. • What success will look like - standards focused on instruction, shifting to student support services- how are we making sure students have essential concepts but the skills to evaluate influences, find valid information, practice refusal skills, goal-setting. rather than just giving students information trying to be preventative, proactive. • Hosted four sessions of professional learning last week- interesting conversation about how to have conversations about nutrition education when 	
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	<p>kids have food insecurity and dont have control of what they have access to? how to change conversation to be inclusive of all students?</p> <ul style="list-style-type: none"> ● Request: share your contact information if you would be willing to offer certain resources (e.g., I will contact the SD Bicycle Coalition to see if we can offer a presentation on safe bike routes) <p>Questions for discussion:</p> <ul style="list-style-type: none"> ● Does anyone have anything to add to any of the slides? ● Would it be helpful to explore any of the offers more deeply during this meeting to see how the offering organizations could support grantees? ● Are partners interested in having a presentation on any of the resources/organizations mentioned? ● Anything else that would be helpful to you? 	
COI Updates Shana Wright	<ul style="list-style-type: none"> - COI all-partner announcements will now be sent out on Tuesdays. If you have any resources, news, job openings, or calls to action that you'd like us to share with our all-partner listserv please submit via Google Form: https://docs.google.com/forms/d/e/1FAIpQLSdMHeUPeuHj6esR5aScNxzk9Zbi-J_ldQ9AUp0EbZWusfCU1A/viewform - Domain Workgroup updates: <ul style="list-style-type: none"> - The Early Childhood and Healthcare Domains are hosting a joint meeting this month, Friday June 22nd, to explore cross-collaboration opportunities in regards to their shared priority areas which include trauma-informed language and practices and oral health. - The Gov Domain is shifting their efforts to support the overarching COI policy agenda items which include: SB464 Food4All to expand CalFresh benefits to those currently ineligible due to their immigration status led by our partners at Nourish California; and San Diego County community food production and community gardens in partnership with Supervisor Vargas's Office. Their next meeting will be Tuesday August 2nd 11am-12pm to discuss next steps. 	

	<ul style="list-style-type: none"> - Food4All: https://nourishca.org/get-involved/state-legislative-advocacy/food4all/ - The Community Domain has been supporting the co-creation of a community leader-led Community Council to center community voice within COI. The Community Council will be nominating co-chairs to lead the group. We look forward to exploring ways the Council can work within and throughout COI including collaborating with the Domains. 	
Wrap up and Next steps	<ul style="list-style-type: none"> • The COI Schools & After-School Domain workgroup will host a special presentation on the establishment and 10-year success of the San Carlos Community Garden in San Diego at our next month's meeting on August 16. Please share attached flyer. 	