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| Schools & After-School Domain Meeting Minutes: Tuesday, July 20, 2021, 2:00pm-3:30pm Via Zoom | Next Meeting: Tuesday, September 21, 2021, 2:00pm-3:30pm Via Zoom <i>No August meeting</i> |
| Attendees: Deirdre Kleske (HHSa), Jennifer Taylor (COI), Jake McGough (YMCA), Christina Prado (Extended Learning), Paola Grado (The Children's Initiative), Melissa Minas (San Diego County Office of Education), Cynthia Burboa (HHSa Live Well Schools), Alison Rosenstock (Feeding San Diego), Kristin Haukom (Alta Planning + Design), Melissa Campos, MD (Family Medicine Physician - Champion Provider Fellow), Terri-Hughes-Oelrich (Sugar Museum), Samantha Sonnich (HHSa), Maddy Moritsch (Healthier Generation), Angeles Nelson (Nourish California), Josh Bariuan (YMCA), Shohre Zahedi (Hygia Weight Loss & Nutrition), Paige Metz (San Diego County Office of Education), Heather Cruz (Chula Vista Elementary School District), Barbara Hughes (HHSa), Nidia Croce (HHSa Oral Health Programs), Kathy Kinane (Move Your Feet Before You Eat), Stephanie Vera (HHSa Live Well Schools), Dave Gaddas (Farm Fresh to You) | |
| Recorder: Rachael Handley | |

| Topic/Issue | Discussion | Action |
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| Welcome and Introductions - Led by Deirdre Kleske | Partners shared career opportunities: <ul style="list-style-type: none"> Jake McGough: The YMCA is looking for a part-time Nutrition Coordinator - with a formal position to be posted soon. For more details, contact Jake McGough jmcgough@ymcasd.org Angeles Nelson: Nourish CA has a Policy Advocate opening. For more information, visit https://nourishca.org/about/career-opportunities/ Samantha Sonnich: Live Well San Diego has an opening for a part-time Youth Social Media Coordinator - with applications due by 5pm on July 23 (job posting: https://www.livewellsd.org/content/dam/livewell/community-action/Youth-Sector/Social_Media_Coordinator.pdf). <ul style="list-style-type: none"> Live Well San Diego also has an opening for a County of San Diego Temporary Expert Professional Community Health Worker Liaison position - application has been extended to July 26. Job description | |

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| | <p>can be found here: https://mcusercontent.com/e58769954638fa7f5721aa764/files/7b817f4d-c0ec-295d-511d-ae32b0031846/Community_Health_Worker_Liaison.pdf</p> <ul style="list-style-type: none"> • Heather Cruz - there are openings for physical education teachers in Chula Vista Elementary School District. Currently looking for qualified and credentialed physical education teachers - full-time and part-time openings. | |
| <p>June 2021 Meeting Recap - Deirdre Kleske</p> | <ul style="list-style-type: none"> • San Diego Unified School District presented its 3 year Physical Education enhancement project to increase effective delivery of standards based Physical Education to 50,000 students. <ul style="list-style-type: none"> ○ Key strategy to create a network of Physical Education leaders who can create the capacity of classroom teachers and other Physical Education teachers to teach Physical Education. ○ Ensure mandated minutes are met and instruction is standards-based. ○ Established IMPACT (increasing movement and physical activity in class time) program. ○ Just finished year 2 with 41 schools participating, and year three will be adding 20 or so schools. ○ Three schools also receive nutrition education for 4th and 5th graders each year. • Mauricio Medina from San Diego Hunger Coalition presented a federal legislative update with two bills: the Universal School Meals Act of 2021 and the Stop Child Hunger Act of 2021 <ul style="list-style-type: none"> ○ Since then, based on the California state budget, California is now the first state to offer free school meals (breakfast and lunch) for all K-12 public school students! ○ This will reduce stigma for children, parent school meal debt, and administrative burdens ○ Mauricio would update on ways to support the federal legislation, especially the Stop Child Hunger Act which would convert summer EBT to a permanent nationwide program. | |

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| <p>Expanded Learning Programs - An Expanded Role During COVID-19 - Christina Prado & Paola Grado, The Children's Initiative</p> | <ul style="list-style-type: none"> ● San Diego Expanded Learning Consortium - San Diego Office of Education is the Expanded Learning Consortium's fiscal agent. <ul style="list-style-type: none"> ○ Provides technical assistance to school districts and charter schools. ○ Consists of 27 school districts, 20 charter schools... more than 20,000 students served daily at more than 300 elementary and middle school programs (before-school and after-school programs). ● Quality standards for expanded learning programs: schools and programs must follow these standards <ul style="list-style-type: none"> ○ Point of Service Quality Standards: 1. safe and supportive environment, 2. active and engaged learning, 3. skill building, 4. youth voice & leadership, 5. healthy choices & behaviors, 6. diversity, access, & equity. ○ Programmatic Quality Standards: 7. quality staff, 8. clear vision, mission, & purpose, 9. collaborative partnerships, 10. continuous quality improvement, 11. program management, 12. sustainability. ● Working with various contractors to bring in various activities, like cooking, dancing, fitness programs, story time, etc. <ul style="list-style-type: none"> ○ The program welcomes feedback from students and staff to continue to develop appropriate programs. ● Funding for these programs, which are at <i>no cost</i> to families, comes from two sources: <ul style="list-style-type: none"> ○ After School Education & Safety Program (ASES) - state funds that are on a three-year cycle. ○ 21st Century Community Learning Centers (21st CCLC) - federal funds. ○ Higher need schools receive more funding. ○ These are attendance-driven grants; each school has an attendance goal they are expected to meet. ○ For the next school year, there are requests to increase funding: 1) legislative proposals, AB 128 - original CA budget bill, still being negotiated, 2) appropriated \$1 billion for new ExL program, SB 129 - increasing ASES & 21st CCLC (FY 2021/22 & 2022/23), 3) AB 130 - education trailer bill, establishes the Expanded Learning Opportunities | |
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| | <p>Program TK-6th grades.</p> <ul style="list-style-type: none"> • A response to meeting student needs during COVID-19 school closures - expanded learning was able to get SB 98 enacted in which CDE waived certain sections of the education code and provided flexibility (which ended June 2021) for expanded learning programs during COVID-19. • Trainings were provided for staff, especially in emotional and social learning. • South County districts (Chula Vista, San Ysidro, South Bay, Sweetwater, etc.) begin the new school year on July 26. All schools are part of the consortium and the expanded learning programs will be up and running, with a strong emphasis on emotional and social wellness for the students who will be returning. • <i>Deirdre Kleske</i>: Is it expanded or extended learning? Many schools brand their programs as extended learning, extended time, extended day, etc. for funding purposes, it is expanded learning, which is the most applicable. • <i>Paige Metz</i>: recommended consideration of a name change for the domain to something like “Schools & Expanded Learning” to align with this. • <i>Deirdre Kleske</i>: With expanded funding, will you be able to reach more children? Yes, that is the ultimate goal, to reach more students. The new grant will allow for further reach within cities and school districts. | |
| <p>YMCA Program Updates - Jake McGough</p> | <p>Fueling Kids for Success: partnership highlights.</p> <ul style="list-style-type: none"> • Providing children with food and meals: a collaboration between childcare providers, 211, Door Dash, South Bay Union School District (SBUSD), YMCA. <ul style="list-style-type: none"> ◦ Many individuals could not leave their homes due to COVID-19 and SBUSD provided 7 days worth of meals for these individuals ◦ YMCA partnered with delivery services to bring food to individuals in their homes... through 211 and DoorDash, pick up and drop off was available for children in child care. • Summer Day Camp food partnerships to serve camp meals for children. YMCA partnered with San Diego Unified School District (SDUSD) and expanded to Grossmont Union High School District | |

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| | <ul style="list-style-type: none"> ● YMCA received a grant from the Hervey Family Fund for a part-time nutrition coordinator. This position will help the YMCA achieve its goal to become its own meal sponsor. The position will be posted soon. <ul style="list-style-type: none"> ○ Contact information, Jake McGough: jmcgough@ymcasd.org ● <i>Deirdre Kleske</i>: Is this a paid partnership? No, there is no charge for the delivery. We initially reached out to the County first who mentioned 211 and that is how the DoorDash partnership came about. ● <i>Alison Rosenstock</i>: my position is directly with SFSP and CACFP programs so please feel free to reach out if you have a site that Feeding San Diego may be able to serve in through programs or others. | |
| Southern Region School Wellness Conference | <ul style="list-style-type: none"> ● Several partners attended the Southern Region School Wellness Conference. presented virtually by the Riverside County Office of Education and the San Bernardino County Superintendent of Schools <ul style="list-style-type: none"> ○ Sam Sonnich, Paige Metz, Heather Cruz, and Deirdre Kleske attended. ● <i>Heather Cruz</i>: presented at the conference on their employee wellness initiative, providing resources and promoting wellness organization-wide. ● <i>Paige Metz</i>: A strong focus on mental and emotional health, inclusivity and what are the best practices for children? ● <i>Sam Sonnich</i>: watched a keynote about the power of showing up as teachers and parents. It was an individual mindfulness showcase, however, this directly ties into the relationships that we hold and our capacities. Bringing cultural identity into the health and physical education spaces. ● <i>Deirdre Kleske</i>: liked the Beach Theme platform, really carried it out throughout the entire platform and conference. <ul style="list-style-type: none"> ○ Conference is annual and was open to anyone due to it being held virtually the past two summers. | |

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| <p>COI Update - Jennifer Taylor</p> | <ul style="list-style-type: none"> • Supervisor Nora Vargas will be working with COI moving forward as our new Champion from the County Board of Supervisors. This is especially exciting to support COI's policy agenda which focuses on hunger and food security as well as addressing taxation policies for sugary beverages. • COI and our partners have supported a few Op-Eds published in the UT over the past couple months--Most recently, an Op-Ed was published in the San Diego Union Tribune supporting AB 1163, a policy that will restore local control for taxation on sugary beverages. This Op-Ed was published to support a partnership with a statewide coalition called CA4Less Soda, with support from COI, the AHA and PHI, among other partners. Our lead author listed on this is Dr. Melissa Campos, a provider and faculty with Scripps Family Medicine, with many additional collaborators contributing to this. Dr Campos supports COI as a Champion Provider. • On a related note, the COI works with a few providers through the Champion Provider Fellowship program, which is a program jointly hosted by CDPH and UCSF. In addition to Dr. Campos, we currently also have Dr. Fadra Whyte working with us as a fellow. Dr. Whyte, a dental provider with San Ysidro Health Center and Rady Children's, is supporting COI's work related to SSBs and will be presenting in the COI Healthcare Domain meeting in September. Details on Sept meeting: Friday Sept 17th, 9am-10:30am. This meeting is hosted via Zoom (details to follow from Jennifer, closer to the date) • Related: COI will be hosting a virtual screening of El Susto in mid-August - more details to follow • Last week, The SDFS released their San Diego County Food Vision 2030 which describes strategies for strengthening food systems across the region. | <p>Details on September COI Healthcare Domain also to be shared in August & September reminder emails</p> |
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| Partner Questionnaire Results - Deirdre Kleske | Will be discussed in September at the next meeting! | |
| Next Meeting | September 21, 2021, 2:00pm-3:30pm | |