



Schools & After-school Domain
August 16, 2022
2:00– 3:30 pm
 (via Zoom)

Schools & After-School Domain Meeting Minutes: Tuesday, August 16, 2022, 2:00pm-3:30pm Via Zoom	Next Meeting: Tuesday, September 20th, 2022, 2:00pm-3:30pm Via Zoom
<p>Attendees: Deirdre Kleske (HHSA), Shana Wright (COI), Emma Wan, (Live Well Schools), Allison Gallegos-Jeffreys (HHSA), Shohre Zahedi (Hygia Weight Loss & Nutrition), Paige Metz (San Diego County Office of Education), Kate McDevitt (SDUSD), Amanda Mascia (San Diego Hunger Coalition), Janelle Manzano (SDUSD), Araceli Mondragon (San Diego Hunger Coalition), Heather Berkoben (Dairy Council), Lorrie Lynn (Rady Children's), JuliAnn Arnett (USDA), Kelly Wood, Amanda Mascia (HFK), Nancy Herzfeld-Pipkin, Regina Moreno (SBCS promotora), Madeline Moritsch, Denisse Newell, Carmen Longoria, Elise Sevy, Veronica Medina, Karin Robertson, Lynette Hill, Alla V., Stephanie Ruiz, Kristin Haukom, Allison Rosenstock, Judit Garcia (Promotoras Coalition), Nancy Starr, Carol Lockwood, Heather Cruz, Toni Kraft, Josh Briuan, Eric Span, Elizabeth Vaughan, Barbara Hughes, Leo Hsu, Brett Wilson, Dan Peterson (CHIP/F21), Audrey Hook, Earl Felisme (FHC), Ruth Martin (Health Care Equity Policy Advisor, Office of Vice Chair Nora Vargas), David, Sarah Vincent (UCSD COI), Cesar Fernandez, Erica Hernandez, Veronica Medina, Liz Sizemore, Kelly Motadel, Anali Rosales Garces, Josiane Valsaint (San Diego Refugee Communities Coalition), 2 attendees from Poder Popular</p> <p>Recorder: Socorro Trujillo</p>	

Topic/Issue	Discussion	Action
Welcome & Icebreaker/Bienvenida y Rompehielos Work Group Co-Chairs/Co-presidentes	<ul style="list-style-type: none"> • Welcome/ Bienvenida <ul style="list-style-type: none"> ◦ Icebreaker - <i>Have you been directly involved in a school or community garden? If so, which one?</i> • Interpretation Set Up • Agenda Review/Revision de agenda 	



(5 minutes)		
Announcements/Anuncios All/ Todos (10 minutes)	<ul style="list-style-type: none"> • San Diego Hunger Coalition - P-EBT update - If you'd like to help your students access expiring P-EBT 2.0 benefits, we can help your school or district obtain the list of students so you can conduct outreach (we can also help with outreach). amascia@sdhunger.org • Dairy Council of California's Back To School Toolkit <ul style="list-style-type: none"> ○ Back to school is the perfect time to begin building healthy habits! We know when children have the opportunity to learn about nutrition and consume healthy foods, they are better supported to grow, learn and excel! Dairy Council of California's Back to School Toolkit provides resources to promote Universal Meals that will allow all California students have access to free school breakfast and lunch each school day as well as other resources that support school community health. Reach out to Heather Berkoben with questions, hberkoben@HealthyEating.org or 619.756.9881. • Kate McDevitt: Inviting new members to join the statewide California Local School Wellness Policy Collaborative. For more information: Healthy eating or contact kmcdevitt@sandi.net • The Food & Flower Happy Hour at the San Diego Botanic Garden, in partnership with San Diego Ag in the Classroom, invites K-12 educators to a free resource fair October 4th 4-6PM 	
More Than a Meal toolkit/Más que una herramienta alimentaria Amanda Mascia, Hunger-Free Kids (HFK) Manager Araceli Mondragon, HFK School and Summer Meal Specialist, AmeriCorps Vista San Diego Hunger Coalition (5 minutes)	<ul style="list-style-type: none"> • More Than a Meal was inspired by LA Unified School District's More Than a Meal Campaign • Goal is to increase completion of meal applications. More forms submitted means more funding for schools. • CA is the first state to provide free breakfast and lunch to all students, and families may be confused as to why they need to complete "Free and Reduced Price Meal" forms. However, schools depend on family income data for state and federal funding and other student benefits. • This free toolkit provides ready-to-use communications materials for districts and schools to use to explain to parents why completing Income Verification forms are about More than a Meal. 	More Than a Meal Toolkit: Ashley@sdhunger.org

<p>Sustainable School Gardens: A Joint Use Strategy/Jardines escolares sustentables: Una estrategia de uso colectivo</p> <p>JuliAnna Arnett, Founder, San Diego Farm to School Taskforce</p> <p>Kelly Wood, Co-Chair, San Carlos Community Garden (40 minutes)</p>	<p>San Carlos Community Garden</p> <ul style="list-style-type: none"> ● Background: Many groups that would like to create community gardens have challenges in getting access to land. <ul style="list-style-type: none"> ○ The County of San Diego received funding in 2010 to support creation of community gardens, and put out a request for groups that wanted to start and maintain a garden. ○ San Carlos United Methodist Church applied and a vacant lot on a school site (owned by San Diego Unified) was identified as a good location for a community garden. ○ San Carlos United Methodist Church received \$15,000 for planning and \$1,500 in garden start-up funds. ● Sustainable Solution: It is key to create community support and include community in the planning. A formal joint use agreement is a valuable sustainability tool, defining roles and responsibilities. ● Focused on the Relationship: <ul style="list-style-type: none"> ○ Needed community participation to have better results and engage schools with the community. ○ Created a share vision during workshops ○ Developed a 3 year plan with stakeholders ○ Started with 1 acre of the property and grew over time ● San Carlos Community Garden Mission Statement encourages: <ul style="list-style-type: none"> ○ Gardening for nutrition and beauty ○ Knowledge for healthy living and the stewardship of the earth ○ Collaboration of neighbors and schools ○ Spirit through inspiration and healing ● Garden Elements <ul style="list-style-type: none"> ○ 72 beds available the community for \$100 per year (waiting list) ○ 12 beds for the school to use (with community support) ○ Open to the public 9-11 a.m Thursdays and Saturdays. <ul style="list-style-type: none"> ■ weekly programming and regular events ■ community partners such as the library and a yoga studio help ● Works closely with Sierra School, a private school for special needs students <ul style="list-style-type: none"> ○ Help the school implement a Workability program for students 	<p>For more information about San Carlos Community Garden, please visit: https://www.sancarloscommunitygarden.com/</p> <p>Review resources on joint use school-community gardens on the COI website here</p>
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	<ul style="list-style-type: none"> • Looking for more ways to collaborate with schools and other community members to address healthy eating and food insecurity. <p>Q&A</p> <ul style="list-style-type: none"> • (Shohre) How do you assign plots to community members? <ul style="list-style-type: none"> ○ Apply through San Carlos Community Garden website ○ There is a wait list, however ○ Plots include a commitment to volunteer 8 hours per year to keep the school plots and common areas maintained.. ○ Contract includes that those who acquire acer should volunteer for 8 hours • (Shohre) Sustainability has been a problem for our gardens, what tips do you have for sustainability? <ul style="list-style-type: none"> ○ Volunteers have been the ones to sustain the garden. ○ If you work at a school that needs help with an on-site garden, San Diego County Master Gardeners Association can provide consultants. MGs work with about 65 schools. Request a consultant here. • A fence needed to be installed to separate the school and the garden Teachers have the key to open the door into the garden. • (Elizabeth Vaughn) I'm curious if any metrics are being tracked/evaluated for members of the garden or with the garden's impact on the community? <ul style="list-style-type: none"> ○ No, have not created any systematic reporting to track metrics other than how many community members are being served, but Interested in what that might look like ○ One challenge hey face is the inability to do more with the school, they do not have a funded school garden coordinator to train staff on garden curriculum • (Kristin Haukom) Can you share the RFA you used? <ul style="list-style-type: none"> ○ We do not have a copy of the RFA. • (Eric Span): Is the USDA planning to provide any funding for school staff to be able to create and sustain school gardens? That is really needed. <ul style="list-style-type: none"> ○ (JuliAnna Arnett) USDA Food and Nutrition Services is the department that provides funding to schools. So far there is no move to fund school garden staff, though there have been increases in funding at the federal (and state of CA) level for farm to school activities. 	
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	<ul style="list-style-type: none"> ○ (Nancy Herzfeld-Pipkin) The Sage Garden Project “funds and trains dedicated garden & cooking instructors to help students at underserved elementary schools.” https://sagegardenproject.org/ ● (Sarah Vicente): Can you identify any of the policies that benefited or became an obstacle to the formation for the garden <ul style="list-style-type: none"> ○ There are several laws that protect schools and districts from liability, and that require school grounds to be made available to the public. ○ Change Lab Solutions is a valuable resource and has information on joint use, including sample policies here. 	
Community Food Production Funding Updates/Actualización de la financiación de los jardines comunitarios Ruth Martin, <i>Health Care Equity Policy Advisor</i> Office of Vice Chair Nora Vargas	<ul style="list-style-type: none"> ● As part of the American Rescue Plan Act (ARPA) Relief Funds the County allocated \$7M for Food Security: \$1M for projects overseen by the County of San Diego and \$6M for Community Food Production within San Diego County. <ul style="list-style-type: none"> ○ Some projects could include community gardens, joint use school-community gardens, and school gardens - any projects that support community food production and food security. ○ The San Diego Foundation is gathering input from community residents and other stakeholders communities to guide the funding application process and criteria ○ The COI will be sure to promote the opportunity when it is available. 	When information becomes available it will be shared with COI to share with all partners.
COI Updates (Shana)	<ul style="list-style-type: none"> ● The Government Domain is actively supporting the COI policy agenda, including working closely with Supervisor Vargas’s office and additional partners regarding community food production. <ul style="list-style-type: none"> ○ The September Government Domain meeting will be focused on preparing for the Community Food Production listening session. ○ All COI partners are invited to join the Government Domain meeting on Tuesday September 6th, 11am-12pm. Please register in advance. Spanish interpretation will be provided. The recording will be sent to all registrants after the meeting. ● The Community Domain has been working to support the co-development of a community member-led Community Council. The Community council 	Provide feedback on COI member experience https://docs.google.com/forms/d/e/1FAIpQLSfw30ZLmzR8NYf4XZ_vWv7Nh1IU6xG4DENtuEAojiTIHb3Pxw/viewform



	<p>recently selected their co-chairs, Rocina Lizarraga from Olivewood Gardens and Josiane Valsaint from the San Diego Refugee Coalition.</p> <ul style="list-style-type: none"> ○ Two subcommittees have been formed: membership and engagement ○ Action planning is taking place ○ The Community Council looks forward to engaging with COI members and workgroups ● COI has a project specialist who is updating the COI membership experience. Please take some time to provide your feedback here. We will use this feedback to update the membership onboarding experience. https://docs.google.com/forms/d/e/1FAIpQLSfw30ZLmzR8NYf4XZ_vWv7Nh1IU6xG4DENTuEAojiTIHb3Pxxw/viewform 	
Next Meeting/ <i>Siguiente Reunion</i>	September 20, 2022 2:00 – 3:30 p.m.	

Explore Joint Use School Gardens resources [here!](#)



Vision: We envision healthy eating and active living resulting in optimal health and wellness for all children and families in the San Diego region.

Visión: Visualizamos una alimentación saludable y una vida activa que resulte en una salud y bienestar óptimo para todos los niños y familias de la región de San Diego.

Mission: The San Diego County Childhood Obesity Initiative is a multi-sector coalition with the mission of reducing and preventing childhood obesity by advancing policy, systems, and environmental change through collective impact.

Misión: La Iniciativa de Obesidad Infantil del Condado de San Diego es una coalición multisectorial con la misión de reducir y prevenir la obesidad infantil mediante el avance de políticas, sistemas y cambios ambientales a través del impacto colectivo.

Purpose: The San Diego County Childhood Obesity Initiative uses a collective impact model to:

• Coordinate and sustain county-wide efforts to prevent and reduce childhood obesity • Provide leadership and vision • Create, support, and mobilize partnerships • Provide outreach, advocacy, and education • Assess and report on progress toward county-wide goals.

Propósito: La Iniciativa de Obesidad Infantil del Condado de San Diego utiliza un modelo de impacto colectivo para: • Coordinar y mantener los esfuerzos de todo el condado para prevenir y reducir la obesidad infantil • Proporcionar liderazgo y visión • Crear, apoyar y movilizar colaboraciones • Proporcionar divulgación, abogacía y educación • Evaluar y reportar el progreso de los objetivos de todo el condado.

Schools and After-School Domain Projects 2020/2023

Proyectos del Comité De Escuelas y Programas Extracurriculares 2020/2023

1. **Support for Wellness Policy Implementation and Assessment/Apoyar la aplicación y la evaluación de la política de bienestar**
2. **Increasing Access to Comprehensive K-12 Health Education/Aumentar el acceso K-12 a la educación de la salud comprensiva**
3. **Partner Education, Engagement, and Collaboration/Educación, participación y colaboración de los socios**
 - a. **Includes Legislative and Administrative Advocacy/Incluye la abogacía legislativa y administrativa**

Advocacy Menu of Policy Options */Menú de opciones políticas para abogar *

1. Active wellness councils/ Consejo de bienestar activo
2. Strengthening wellness policies/ Reforzar las políticas de bienestar
3. Assessing Implementation of wellness policy/ Evaluar la implementación de políticas de bienestar



4. Include preschools and after-school programs in wellness policy and council/ [Incluir programas preescolares y extraescolares en la política y el consejo de bienestar](#)
5. Funding for Wellness in LCAP (Local Control and Accountability Plan)/[Financiación para el bienestar en el LCAP \(Plan de Control y Responsabilidad Local\)](#)
6. Increased access to federally reimbursed meals (in and out of school time)/[Aumentar el acceso a las comidas reembolsadas por el gobierno federal \(dentro y fuera del horario escolar\)](#)
7. Comprehensive K-12 Health Education, to include Nutrition Education/[Educación de la salud K-12 integral, para incluir la educación nutricional](#)
8. Smarter Lunchrooms Movement/[Movimiento de almuerzos más inteligentes](#)
9. Smart Snacks in Schools Compliance/[Cumplimiento de bocadillos inteligentes en las escuelas](#)
10. Decreased Sugary Beverage Access and Increased Water Access/[Reducir el acceso a las bebidas azucaradas y aumentar el acceso al agua](#)
11. School Gardens/[Jardines escolares](#)
12. Local Sourcing and Harvest of the Month/[Abastecimiento local y cosecha del mes](#)
13. Lactation Accommodation (staff and students)/[Acomodación para lactancia \(personal y estudiantes\)](#)
14. Healthy Fundraising and Celebrations/[Recaudación de fondos y celebraciones saludables](#)
15. Mental/Social/Emotional Health/[Salud Mental/Social/Emocional](#)
16. Increase Quality and Quantity of Physical Education/[Aumentar la calidad y la cantidad de la educación física](#)
17. Daily Recess and Recess Before Lunch/
18. Safe Routes to School/[Recreo diario y recreo antes de la comida](#)
19. Joint Use Policy/[Política de uso colectivo](#)
20. Oral Health/ [Salud oral](#)

** For resources on each topic visit www.sdcoi.org*