

Schools and Afterschool Domain Meeting Minutes: October 20, 2020 2 pm – 3:30 pm Via Zoom	<u>Next</u> Schools and Afterschool Domain Meeting: November 17, 2020 2 pm – 3:30 pm Via Zoom
<p>Attendees: Heather Berkoben (Dairy Council of CA), Madeline Moritsch (Alliance for a Healthier Generation), Amanda Mascia (San Diego Hunger Coalition), Deirdre Kleske (HHSA), Beatrice Lomer (HHSA), Shohre Zahedi (Hygia Weight Loss & Nutrition), Kate McDevitt (SDUSD), Paige Metz (San Diego County Office of Education), Shura Hammond (Lean and Green Kids), Heather Cruz (Chula Vista Elementary School District), Jennifer Taylor (Design Lab), Melissa Galinato (HHSA, COI Evaluation), Leo Hsu (Sweetwater Union High School District), Lorrie Lynn (Rady Children’s Hospital, Center for Healthier Communities).</p> <p>Recorder: Carissa Hwu</p>	

Topic/Issue	Discussion	Action
Welcome and Introductions	Deirdre Kleske led introductions.	

Announcements

- Walk to School Day (Facebook Link from Lorrie Lynn, Rady Children's Hospital Center for Healthier Communities)

<https://www.facebook.com/Safe-Kids-San-Diego-913451115438598>

Brain Breaks (California Dairy Council)

- <https://www.youtube.com/playlist?list=PLjFF28kApSw6OsZuGRfvnUabXobbYYbpK>

San Diego Hunger Coalition – Free Thermometers for Schools

- Email amascia@sdhunger.org for school districts interested in free digital touchless thermometers (20-100 available; first come, first serve!)

Flu Vaccine Locations:

- https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/immunization_branch/Vaccine_Preventable_Diseases/Seasonal_Influenza/Flu_Vaccine_Locations.html

San Diego Vote:

- <https://www.sdvote.com/>

Schools K-12 – Coronavirus Resource:

- Welcome to the K-12 Schools Sector Website. This website is for all schools in San Diego County and intended to promote resources that will support schools, staff, students, and families. If you have questions, comments, or would like to see something on this website, please e-mail us at: COVID-Education@sdcounty.ca.gov
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/CommunitySectors/Schools_SDCOE_K12.html

- Free virtual Live Well Advance – Dec. 3, 2020

Registration open now:

<p>COI Updates Kelley Axelson, UCSD</p>	<p>COI Updates</p> <p>5-2-1-0-8 Campaign Development</p> <ul style="list-style-type: none"> • US-Mexico Border Health Commission Partnership • Collaboration on 5-2-1-0-8 • There was a meeting on 10/15 to discuss a potential collaboration on expanding the 5210 campaign to include “8” hours of sleep • Goal: rolling this out to schools in Mexico in several states • More updates to come on this partnership <p>COI Event for All-Partners: Intersection between Public Health and Planning</p> <ul style="list-style-type: none"> • Dr. Cheryl Anderson, UCSD Dean of the School of Public Health, will be giving her presentation on redlining in December. <p>Live Well Advance (12/3) Promotion: Related to our COI Core Strategies</p> <ul style="list-style-type: none"> • Will send out the list of ACEs related sessions. • COI Business Domain will be featured in a “TED-Talk” format discussion with our Business Domain partners – launching the Live Well @ Work Healthy Workplace Accelerator Program (emphasis on work-from-home resources) • There will be a Schools Track with 6 sessions from 10 a.m. to 3, and a Youth Sector presentation, by youth and for youth, at 3:30. <p>See complete schedule here: https://pheedloop.s3.amazonaws.com/media/events/EVETSMFPOZQLF/files/YgChYnSu_570603.pdf</p>	
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<p>Health Education Framework</p> <p>Paige Metz, SDCOE</p>	<p>California Health Education Framework</p> <p>Primary goal of Health Education is <u>health literacy</u> for all students.</p> <ul style="list-style-type: none"> • Goal is for students to have a skill set that goes beyond knowledge to able to live a healthier lifestyle and create healthier communities <p>Mini Grants – now available!</p> <ul style="list-style-type: none"> • Up to \$5,000 per district/site to update programming to align with NEW Framework • 2 people required to attend SDCOE Professional Learning Series • Technical Assistance Available • Click here to learn more <p>San Diego Framework Rollout:</p> <ul style="list-style-type: none"> • Health Education Leadership Team • Series of Professional Development • Mini-Grant Program • Technical Assistance and Resources <p>Health Education Framework Leaders for SD County</p> <ul style="list-style-type: none"> • Leo Hsu, Sweetwater Union High School District • Tracy Yates, San Dieguito Union High School District • Michelle Presley, San Marcos Unified School District • Natalie Daniels, Oceanside Unified School District <p>Free HEF Professional Development Opportunity</p> <ul style="list-style-type: none"> • 4 sessions total • Each session consists of 1 online asynchronous module and 1 	
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