



Schools and After School Domain Meeting Minutes:

June 15, 2021, 2pm-3:30pm, Via Zoom

Next Domain Meeting

July 20, 2021, 2:00pm-3:30pm, via Zoom

Attendees: Paige Metz (San Diego County Office of Education), Kate McDevitt (SDUSD District Wellness Supervisor), Cynthia Burboa, Stephanie Vera (HHSA Live Well Schools), Deirdre Kleske (HHSA), Kelley Axelson (UCSD COI), Amanda Mascia & Mauricio Medina (SD Hunger Coalition), Madeline Morisch (Alliance for a Healthier Generation), Josh Bariuan (YMCA), Stacey Seiders (SDUSD Program Manager), Katrina McClanahan & Becky Paradise (SDUSD Adapted Physical Education), Alison Rosenstock (Feeding San Diego), Lorrie Lynn (Rady Children's Hospital Safe Kids San Diego), Barbara Hughes (HHSA), Janelle Manzano (SDUSD Farm to School)

Recorder: Rachael Handley

Topic/Issue	Discussion	Action
Welcome and Introductions	 Member spotlight and introductions lead by Deirdre Kleske Recognizing the efforts made by all members, especially as we open 	
	 back up! Stephanie Vera – just joined Live Well Schools as a graduate student worker. In SDSU's dual degree MPH and Latin America Studies program. Will focus on Local Control and Accountability Plan (LCAP) analysis to track district investments in school wellness 	





Announcements	 Deirdre Kleske – SDUSD Food & Nutrition Services served 19,500,000 school meals since 3/14/2020. Now will serve summer meals at summer school sites, curbside pick-up, parks and communities centers and YMCA summer camps within the district – a greatly expanded program. Lorrie Lynn - Safe routes to school grant in El Cajon ends at the end of the month. Still have National City. Kate McDevitt –CDE sent a USDA policy memo on 6/11/21 stating they will grant a one-year extension for the wellness policy triennial assessment deadline. Districts must apply by6/30/21 to get the extension through 6/30/22. Kate McDevitt - SDUSD is staring a workgroup this month to design new Mental Health Education curriculum in partnership with secondary student leaders. 	Please use all available networks to get the word out about the triennial assessment deadline extension to district wellness leads.
Last Meeting Recap - Deirdre Kleske	 The April meeting was focused 4 of work group projects: 1. Partner Education and Engagement Collaboration, 2. Support for Wellness Policy Implementation and Assessment, 3. Increasing Access to and Participation in School Meals, and 4. Legislative and Administrative Advocacy. The May meeting was focused on the fifth project: 5. Increasing Access to Comprehensive K-12 Health Education, which was presented by Paige Metz of SDCOE. In the May meeting, Heather Cruz presented an innovative health education project based in Chula Vista Elementary School District that resulted from the Health Education mini grants offered by SDCOE: the development of interactive, standards based Health Education lessons for all grades using a virtual learning platform called program NearPod, 	





SDUSD Physical Education Program Enhancement: Deirdre Kleske Stacey Seiders

Becky Paradise Katrina McClanahan

SDUSD Physical Education Program Enhancement

Deirdre Kleske:

- 1. Three-year contract between HHSA and SDUSD to enhance Physical Education (2019-2022), funded through USDA SNAP-Ed (CalFresh Healthy Living) through CA Dept of Public Health
- 2. Builds upon previous HHSA contract to fund a farm to school specialist in the food and nutrition services dept. SDUSD chosen specifically due to district's commitment to physical education and large number of students that can benefit.

Stacey Seiders:

- 3. Goals are to increase effective delivery of standards-based PE to 48k students in SNAP-eligible elementary and secondary schools in SDUSD
- 4. Objectives:
 - a. Recruit and train a minimum of 6 cluster physical education coordinators (CPECs) to participate in train-the-trainer standards based on PE capacity building to prepare them to provide technical assistance to school site staff in SNAP eligible elementary and second schools in SDUSD to more effectively deliver the PE program.
 - b. Provide training and technical assistance to school site staff to establish the IMPACT (Increasing Movement and Physical Activity Class Time) PE program and improve the PE instruction at a min of 20 SNAP-Ed eligible elementary and secondary schools for a total of 60 schools during contract period.
 - c. In middle of year two 41 schools are participating (elementary and secondary)

Becky Paradise:

- 5. Nutrition Education program: 3 schools are participating in a nutrition education program (Balboa ES, Chollas Mead ES, & Linda Vista ES)
- 6. Increasing moderate-to-vigorous PA (MVPA) through use of HR monitor.
- 7. PE meetings: physical education teachers across the district are now





Legislation Update:

Mauricio Medina, Public Affairs, San Diego Hunger Coalition

Federal Legislation Review:

- 1. *Universal School Meals Program Act of 2021*: Sen. Bernie Sanders, Rep. Ilhan Oar, Sen. Kristen Gillibrand, and Rep. Gwen Moore
- 2. *Stop Child Hunger Act of 2021*: Sen. Patty Murray, Rep. Mike Levin, and Rep. Jahana Hayes
- 3. Universal School Meals Program Act of 2021 goals:
 - a. Provide school breakfast and lunch at no charge to all children,
 - b. Increase school breakfast and school lunch reimbursements rates to match the recommended rates of the USDA school nutrition and meal cost study and provide free afterschool and summer meals and snacks to all children,
 - c. Expand summer EBT to all low-income children,
 - d. Provide up to three meals a day and a snack at no charge to children in child-care
 - e. Provide a 30-cent reimbursement for schools that procure local foods.
- 4. Stop Child Hunger Act of 2021 goals:
 - a. Convert summer EBT pilot into a permanent nationwide program,
 - b. Authorize EBT cards for eligible households with a balance worth the daily value of school lunch and breakfast to cover school closures of more than 5 days, including summer and winter school breaks, and unanticipated school closures,
 - c. Hunger Advocacy Network (HAN) is actively supporting this bill. The COI is a member of HAN.
- 5. Contact Mauricio Medina: Mauricio@sdhunger.org
 - a. *Kate McDevitt*: what is the call to actions regarding these two bills?
 - i. *Answer:* there may be opportunities for the COI to provide advocacy on either or both of these bills (i.e., sign on to a letter of support) during the summer.
 - b. *Deirdre Kleske*: the COI is actively supporting two bills: CA4LessSoda bill (to bring local control to things like soda taxes) and the Food4All bill (to extend CalFresh eligibility to all

Mauricio will keep us informed of opportunities for COI to advocate for these bills during the summer.





COI Updates Kelley Axelson	 COI Mini-grants applications open are open and due by Friday July 23. Previous grants recipients will present at the July Leadership Council. Paige Metz: is there an opportunity to look at changing the timeline, because most schools cannot apply during the summer? Kelley will pass along that recommendation. Food4All Op-Ed published in the San Diego Union Tribune on 6/8/21. Written by Nourish California (Angeles Nelson) and San Diego Hunger Coalition: https://www.sandiegouniontribune.com/opinion/commentary/story/2021-06-08/immigrants-left-out-of-food-security-programs-and-families-poverty Kelley will be transitioning out of COI 6/30/21. We will all miss Kelley, thank her for all the support she has provided the COI and the work group, and wish her the very best in her next adventure in wellness coaching!
Closing Remarks Deirdre Kleske	Thank you to those who filled out the short questionnaire! Will talk about the results at the next meeting! Link: https://www.surveymonkey.com/r/COISchools
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