

Schools and After School Domain Meeting Minutes: November 17, 2020 2pm-3:30pm Via Zoom	<u>Next Domain Meeting</u> January 19, 2021 2pm-3:30pm Via Zoom
Attendees: Kelley Axelson (COI), Paige Metz (SD County Office of Education), Amanda Mascia (SD Hunger Coalition), Nora Stewart (CHIP Farm to Institution Ctr), Paul Lasso (HHSA), Kate McDevitt (SDUSD), Melissa Galinato (HHSA), Samantha Sonnich (HHSA), Heather Cruz (CVESD), Deirdre Kleske (HHSA), Barbara Hughes (HHSA), Beatrice Lomer (HHSA-CFHL), Jarrod Johnson (Safe Families for Children), Nicole Villa (HHSA), Jake McGough (YMCA) Recorder: Yajahira Romero	

Topic/Issue	Discussion	Action
Welcome and Introductions	Introductions led by Deirdre	
Announcements	<ol style="list-style-type: none"> San Diego Unified Wellness Centers: <ul style="list-style-type: none"> ➤ Interested in providing meals and making care packages for students (K-12) for Thanksgiving and upcoming Winter holidays. ➤ If anyone has any resources to make this happen please email Kate McDevitt at kmcdevitt@sandi.net Live Well Advance Event- free virtual event Dec. 3 <ul style="list-style-type: none"> ➤ Registration is exceeding expectations – conference platform had to increase capacity to 5,000 attendees. ➤ The School's Track will have 2 sessions each at 10am, 1pm and 2:15pm. ➤ Youth Sector panel, by youth for youth, will be at 3:30. ➤ Live Well Schools online Tools for Schools Toolkit will launch at the event. ➤ Register at: https://pheedloop.com/2020advance/site/home/. 	

COI Updates

1. Mary Beth Moran, COI Healthcare Domain Co-Chair, recruited a **Champion Provider**:
 - Dr. Fadra Whyte is a dentist and recently worked with the Anderson Center for Oral Health (within Rady Center for Healthier Communities)
 - She will be supporting the Healthcare Domain and potentially the Early Childhood Domain, with a focus on reduction of sugar sweetened beverages, good nutrition, and oral hygiene
2. **COI Event for All-Partners: Intersection between Public Health and Urban Planning. Monday, December 14th from 11:15am-12:30pm, Via Zoom:**
 - Speakers:
 - Dr. Cheryl Anderson, UCSD Dean of the School of Public Health & Director of UCSD's Center of Excellence in Health Promotion and Equity
 - Jerry Rivero, County HHS-A-Land Use/Environmental Planner at County of San Diego
 - Kristen Haukom, Alta Planning
 - Invitation will be shared soon!
3. **Business Domain Live Well @ Work Healthy Workplace Accelerator Program Launch!**
 - Launch at the Annual Live Well Advance on 12/03/2020
 - **About the Live Well @ Work Healthy Workplace Accelerator Program:** Create a culture of wellness, help your employees live healthier at work and at home, and lower healthcare costs by participating in a FREE, evidence-based program offered by the County of San Diego. The self-administered, interactive online tool provides for:
 1. A worksite assessment of current policies, systems, and environment that contribute to a healthy, safe, and thriving workplace
 2. Recognition of wellness efforts to share with employees, customers, and community.
 3. An individualized action plan with free or low-cost tools,

Discussion

1. Project Planning Report Out from October - Paige Metz

- Since last meeting SDCOE has conducted two trainings on the new Health Education Framework for school districts.
- Funded 4 mini-grants. Currently have applications pending. Most of the applications are from charter schools. There is still about \$40K remaining - would like to see more school districts.
- Created a message to promote the mini-grants and the trainings that are part of the rollout of the [California Health Education Framework](#)
- For more information contact Paige at pmetz@sdcoe.net

2. Increasing Access to School Meals - Amanda Mascia

- 2017 Hunger Coalition Data: federally-funded school nutrition programs make up 23% of all nutrition assistance in SD County so very significant.
- Access to school meals has been disrupted as a result of long-term school closures related to the COVID-19 pandemic.
- Strategies and Tools to Increase Access to School Meals During the Pandemic:
 - Waivers: The Families First Coronavirus Response Act gave the USDA authority to issue nationwide waivers to school meal regulations, making it easier to serve and access meals.
 - Funding: Making sure the school districts had enough money to distribute school meals.
 - Awareness: Tool Kit by No Kid Hungry to get the word out about free school meals. Use of social media is a powerful tool.
 - Innovation: Having adapted menus, using food trucks and school busses to distribute the meals, bulk meals, expanded meal times.

3. Increasing Participation to School Meals – Deirdre Kleske

- Promotional Videos:

Next Steps	➤ Will continue discussion about how we can help people access food in next meeting	
Next Meeting	The next meeting will take place on Tuesday, January 19th from 2pm – 3:30 pm.	