

<p>Healthcare Domain Meeting: March 19, 2021 9am-10:30am Via Zoom</p>	<p><u>Next</u> Healthcare Domain Meeting: April 16, 2021 9am-10:30am Via Zoom</p>
<p>Attendees: Melissa Galinato (HHSa), Lauren Barker (HHSa), Dr. Shaila Serpas (Scripps), Deirdre Browner (County of SD MCFHS), Brigitte Lamberson (United Healthcare, HECKL), Barbara Orozco-Valdivia (Blue Shield), Julie Castaneda (United Health, HECKL), Dr. Suzanne Afflalo (Alliance Health Clinic), Kim Elkins (WIC), Jennifer Taylor (UCSD Design Lab), Kelley Axelson (COI), Mary Beth Moran (Rady’s), Kussy Mackenzie (UCSD Health)</p> <p>Recorder: Carissa Hwu</p>	

Topic/Issue	Discussion	Action
Welcome and Introductions	Mary Beth led introductions.	

**Social Referral
Technology**

Kussy Mackenzie, Strategy Analyst for Health Systems Strategy Office at UC San Diego Health

- Strategy Office – internal consultants for the Health System
- Kussy leads health system-wide Medi-Cal strategy and network development with community clinics

Statistical Background

- Almost 95% of Medi-Cal patients who visit the Emergency Room for behavioral health don't have primary care with a UCSD physician
 - Upon discharge, they are being referred to Family Health Centers of San Diego (FHCS), the largest FQHC
 - Only 15-30% of those patients are attending the follow-up appointments with FHCS
- Hospital stays are between \$2-3,000 a day
- The health system does not know what is happening to their patients, especially their behavioral health patients, after discharge
 - This is where the care fragmentation begins

Community Resources Referral Platforms

- Newly built by tech companies
- Goal: connect patients to community care
- 3 core functions:
 - Searchable, updated directory
 - Closed loop referrals – confirmation that patient has actually received the care that was referred to them
 - Coordinated care network – able to track metrics (e.g., CalFresh tracking and follow up)

Social Determinants of Health Screening

- Screening for SDH with an integrated community resource referral platform can help patients to be discharged more effectively
- Only 24% of hospitals and 16% of physicians screen for all 5 SDH
 - Food security, housing stability, utility needs, transportation needs, interpersonal violence

Provider Workshop

Overview

- Partnering with HECKL
- 5-hour provider workshop
- Providers don't have the time and resources and knowledge around addressing weight management, which is a really sensitive issue
 - When they do address without the resources they need, their patient satisfaction drops down. So, providers are not incentivized to bring this issue up/address it with their patients
- Vision: help providers to approach this topic with a trauma-informed lens and build on protective factors for their patients
 - Give background of social determinants of health
- Timeframe: by the end of the year around December
- Setting: hopefully, in-person so that organizations can have booths set up at the workshop
- Will be going over the goals next meeting

Working Agenda

- Keynote: Adrienne Markworth on Trauma-Informed Nutrition
- Potential Presentation: Reggie Caldwell on Redlining, Food Deserts
- Conversation with AAP on toxic stress and physiology of ACEs
- Presentation from Dr. Kay Rhee on historical role of physicians in weight management and barriers to this
- Presentation on the art of motivational interviewing – meeting the patient where they are, protective factors
- Planning session: putting the pieces together
 - Physician panel provide overview of what is working in their practice
 - Choose a diverse panel of healthcare providers

Feedback

- Love the historical perspective. Need to point out current disparities, not just data. Need to have a strategic conversation, however, on disparities and give providers some concrete resources.
- Activity: Pretend you're a patient. What are the different messages you get

Next Meeting	The next meeting will take place on April 16, 2021 from 9:00 AM – 10:30 AM.	
---------------------	--	--