

<p><b>Healthcare Domain Meeting:</b>  <b>January 15, 2021 9am-10:30am</b>  Via Zoom</p>	<p><b><u>Next</u> Healthcare Domain Meeting:</b>  <b>February 19, 2021 9am-10:30am</b>  Via Zoom</p>
<p><b>Attendees:</b> <b>Dr. Afflalo</b> (Alliance Health Clinic), <b>Blanca Melendrez</b> (UCSD CCH), <b>Kelley Axelson</b> (COI), <b>Carissa Hwu</b> (COI), <b>Kussy Mackenzie</b> (UCSD Health), <b>Jamie Moody</b> (Share the Care), <b>Melissa Galinato</b> (HHSA), <b>Jennifer Taylor</b> (UCSD Design Lab), <b>Mary Beth Moran</b> (Rady’s), <b>Marsha Spitzer</b> (Family Health Centers San Diego), <b>Kelly Motadel</b> (HHSA), <b>Shannon Jackson</b> (HHSA), <b>Deirdre Browner</b> (HHSA)</p> <p><b>Recorder:</b> Carissa Hwu</p>	

Topic/Issue	Discussion	Action
<b>Welcome and Introductions</b>	Mary Beth Moran and Dr. Afflalo led introductions.	

**Health Care  
Domain Updates**

Main Objective for this Domain

- Gather information to provide a robust workshop for trauma-informed nutrition
- Started out by having a focus group discussion with health plans and asked them to partner
- Kaiser is on board for providing CE credits so it's a greater draw for physicians to attend

Conduct a Community Focus Group (Spring 2021)

- Partnering with Jake McGough from ECH Domain to build up community voice in this process
- Virtual setting
- Stipends will be provided
- Goals are to:
  - Learn and listen to perspectives on how they have previously been approached by a physician re: weight issues; how might they like to be approached what resources would they like to be connected to

Conduct a Physician Advisory Assessment (Spring 2021)

- Goals are to:
  - Learn their perceptions; challenges; and support needed to address with their patients

Host a (1) Provider Workshop & a (2) Community Rehab Staff Workshop (Fall 2021)

- Lunch and Learn Format
- Audience: Family Providers
- Goals are to
  - Address the topic of toxic stress and weight in their patients
  - Provide training on how to use a trauma-informed lens when talking to their patients' families about overweight/obese children
  - Provide resources to connect their patients to (i.e. food security security resources)
  - Addressing implicit biases around weight

<p><b>Partner Announcements</b></p>	<p>Share the Care</p> <ul style="list-style-type: none"> <li>• Open position for a part-time registered dental hygienist who wants to do health promotion</li> <li>• Deadline to apply: 1/26/20</li> <li>• Please share opportunity with anyone you think would be a good fit: <a href="https://jobs.ucsd.edu/bulletin/job.aspx?jobnum_in=107505">https://jobs.ucsd.edu/bulletin/job.aspx?jobnum_in=107505</a></li> </ul>	
<p><b>Healthy San Diego Pediatric Toolkit</b></p>	<p>Kelly Motadel</p> <p>Please share this toolkit far and wide: <a href="https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/Epidemiology/covid19/Community_Sector_Support/HealthcareProviders/Healthy%20San%20Diego%20Pediatric%20Provider%20Toolkit.pdf">https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/Epidemiology/covid19/Community_Sector_Support/HealthcareProviders/Healthy%20San%20Diego%20Pediatric%20Provider%20Toolkit.pdf</a></p> <p>This toolkit is designed to target well-child visits</p> <ul style="list-style-type: none"> <li>• Developed last summer</li> <li>• Includes recommendations and best practices</li> <li>• Caring for children during the COVID-19 Public Health emergency</li> <li>• Messaging: why it's important to get kids back in to get vaccines and get regular, preventative check-ups</li> <li>• Available in multiple languages</li> </ul> <p>AAP updated guidance on well-child care during COVID</p> <ul style="list-style-type: none"> <li>• <a href="https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/guidance-on-providing-pediatric-well-care-during-covid-19/">https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/guidance-on-providing-pediatric-well-care-during-covid-19/</a></li> </ul>	

**Breakout  
Discussion: Survey  
Development**

[https://drive.google.com/drive/u/0/folders/1oheGzSHKQ96T\\_oy0GpHkXzoqxbsoC2xT](https://drive.google.com/drive/u/0/folders/1oheGzSHKQ96T_oy0GpHkXzoqxbsoC2xT)

Group 1 (Community):

- Want to figure out the parents' perception of their child's weight
- Determine the rest of the questions from the focus group from there
- Want to figure out if there were any social/emotional questions asked by the provider
- Get a feel for how the patient's relationship with the provider – is the patient's whole situation being seen? Is the family being understood as a unit?
- Pre-survey could help get important information before the focus group
  - More confidential information can be hard to share in a larger focus group
  - Weight can be a very private topic
  - Don't want there to be a pressure about what you share because you're hearing other people say different things

Group 2 (Community):

- What does the peer-reviewed literature say?
- A lot of strategies and techniques already out there
- Found that some providers aren't addressing all issues because of time constraints
- Avoid leading questions
- Found that the approach is the most important
  - Having the children present can actually be a pro because the children can explain their experiences in really profound and personal ways
- Potentially ask Dr. Kay Rhee to present on best practices and share her experience working as a pediatrician
- Ask if patients review their providers on Yelp?
  - A lot of providers are worried about their online reviews on different platforms. Makes some scared to even bring up weight.
- Medical Assistants are typically members of the community being served.

<b>Next Meeting</b>	The next meeting will take place on <b>February 19, 2021 from 9:00 AM – 10:30 AM.</b>	
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