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| Schools and After School Domain Meeting Minutes: March 16, 2021 2pm-3:30pm Via Zoom | <u>Next</u> Domain Meeting April 20th, 2pm-3:30pm Via Zoom |
| <p>Attendees: Kelley Axelson (COI), Melissa Galinato (HHSA), Kate McDevitt (SDUSD), Heather Berkoben (Dairy Council of California), Deirdre Kleske (HHSA), Jake McGough (YMCA), Kristin Haukom (Alta), Shohre Zahedi (Hygia Weight Loss & Nutrition), Paola Grado (The Children’s Initiative), Samantha Sonnich (HHSA), Amy DeLair (Buddha Belly Kids Yoga), Nidia Croce (County Oral Health Programs), Heather Cruz (Chula Vista Elementary School District), Lorrie Lynn (Rady Children’s Hospital Center for Healthier Communities), Barbara Hughes (HHSA), Angeles Nelson (Nourish CA), Chelsea Walczak Vircks (American Heart Association), Paul Lasso (HHSA), Ashley Jeznach (SD Hunger Coalition School & Summer Meals Specialist), Kathy Kinane (Move Your Feet Before You Eat Foundation), Dane Petersen (Community Health Improvement Partners and The Farm to Institution Center), Amanda Mascia (SD Hunger Coalition)</p> <p>Recorder: Yajahira Romero</p> | |

| Topic/Issue | Discussion | Action |
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| Welcome and Introductions | Introductions lead by Deirdre | |

Announcements

1. Safe Kids San Diego
 - a. Monthly meeting on March 25th, from 9:30am-10:30am, topic is water safety and drowning prevention.
 - b. Amy DeLair is the secretary for Safe Kids San Diego.
2. AB-367, introduced in February 2021
 - a. Currently, Title 1 schools (lowest-income population schools) are required to stock 50% of its women's rooms with menstrual products.
 - b. This bill would increase equity and attendance by having all public schools, community colleges, and public universities in CA stock 50% of women's restrooms with menstrual products.
 - c. Kate- there are many challenges to providing menstrual products at schools. At times they get abused and used inappropriately. It is good to have a discussion on how best to implement this.
3. Move Your Feet before You Eat Foundation
 - a. Miles of Smiles program funds activity software called Student Lap Tracker. All it takes is an iPad or smart phone.
 - b. Can support any school with at least 3 people overseeing the program
 - c. At the end of the program the students receive certificates with their milage reports. Students running/ walking 50 miles in 1 semester received free "Miles of Smiles" shoelaces.
 - d. During distance learning, student can do this at home.
 - e. Schools can directly contact Kathy Kinane at info@moveyourfeetfoundation.org
4. AB-1197, looking at codifying in California the adoption of the national nutrition standards for free and reduced school meals
 - a. Would like to have standards meet the original Healthy Hunger Free Kids Act of 2010, which have been relaxed in recent years.

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| <p>Updates from last Meeting on 02/16/2021</p> | <ul style="list-style-type: none"> • Live Well Youth Sector <ul style="list-style-type: none"> ○ Framework for youth engagement and leadership ○ Paid positions for Youth Sector Leaders ○ Training and professional development provided ○ Please share that adult mentors are currently being recruited! <p><i>See 2/16/21 meeting minutes for more info</i></p> | <p>More information on Mentorship opportunities:</p> <p>Youth Leadership (livewellsd.org)</p> |
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COI Updates

1. COI Strategic Planning Retreat
 - a. Highlights:
 - i. Community resident experts were at the table.
 - ii. Reggie Caldwell gave an interactive and engaging talk on health and racial equity in our work as it relates to obesity prevention.
 - iii. Supervisor Nora Vargas is excited to continue work with us! More to come...
 - b. Key Takeaways:
 - i. Enthusiasm around leading and supporting policy and legislative advocacy.
 - ii. Increased need for sustainable funding source to elevate Community Domain.
 - iii. Current focuses are centered on food security & access, COVID-19 support, and local legislation.
2. Next Steps
 - a. Convening the Domain Council to identify ways to strengthen cross-domain and domain leadership council communication and strategy support.
 - b. Synthesizing feedback and updating the COI leadership Council structures, protocols, and procedures.
 - c. Updating the COI Leadership Council Organizational Chart to reflect new partners and other changes.
 - d. Continuing to elevate and strengthen the work of the Community Domain. Identifying co-chairs to lead this domain who will also be part of the Leadership Council.
 - e. Identify and advocate for local, state, and federal legislation.
 - f. A COI Strategic Planning Retreat report will be finalized in mid-April and shared with all partners.

Presentation
“Universal Free
School Meals” by
Angeles Nelson,
Nourish CA

1. Nourish CA Vision & Values
 - a. All children deserve to be well nourished and thrive
 - b. School meals do not exclude children based on immigration status.
 - c. School meals do not reach every child that needs them
2. Building on What Works
 - a. Maximizing the reach of the federally authorized Community Eligibility Provision (CEP), an effective program that provides 2 meals per school day to children.
3. **SB 364: End Child Hunger Act of 2021**
 - a. Introduced by Senator Nancy Skinner
 - b. Universal Free Meals
 - c. Breakfast Guarantee
 - d. Reduced Price Meals
 - e. Out of School Time EBT
 - f. Food grown or produced in CA
 - g. Whole or minimally processed food
4. Nourish CA is focused on two aspects of the bill: the universal free meals and the Out of School Time EBT
5. Bill is still being finalized. There should be opportunities to for letters of support as the bill moves through the state legislature.
6. Currently working on:
 - a. Cost & Impact Estimates for various levels of funding
 - b. 100% reimbursement to all schools would be the maximum.
 - c. Consideration of mandate for all eligible schools to adopt CEP
 - d. Bill still has to get through the budget committee

**Farm to School
Conference Re-cap
by Amanda Mascia**

The 2021 California Farm to School Conference took place virtually March 10-12, 2021

- People from all over the state presented. A virtual tour of a farm was a highlight.
- “Innovative Strategies to Increase Food Security and Promote Equity” session was presented by:
 - Amanda Mascia (SD Hunger Coalition), Sarah Elazan (Director of Data Insight, The Center for Good Food Purchasing) and Catherine Slomka (Nutrition Service Director from Oceanside Unified), with Deirdre Kleske serving as the breakout moderator.
 - Session included
 - How to address food insecurity through CEP, and the Meals County app co-developed by SD Hunger Coalition and Open San Diego (part of Code for America) to maximize meal CEP reimbursements through CEP.
 - How the Good Food Purchasing Program (GFPP) – adopted by Oceanside Unified and Escondido Union school districts - addresses environmental sustainability, local procurement, fair treatment of workers and humane treatment of animals.
 - innovative strategies that are taking place due to COVID-19 such as providing grocery bags/bulk meals and multiple meals, bringing meals to the students’ neighborhoods, using current vendors to create takeout meals, etc.
 - All sessions were recorded, reach out to Deirdre if you’d like a link.

**Farm to School
Efforts in San Diego
County by Dane
Petersen, CHIP**

1. Community Health Improvement Partners (CHIP)
 - a. Mission: To advance long-term solutions to priority health needs through collaboration and community engagement
 - b. One of CHIP's programs is The Farm to Institution Center
2. The Farm to Institution Center
 - a. Mission: To promote healthy local communities and build a vibrant agricultural scene through facilitation, collaboration, and education
 - b. Vision: A San Diego county where local food access serves as a pathway for better health, economic development, and community connectedness
 - c. Two collaborative groups: SD Farm to School Task Force and Nutrition in Healthcare Leadership Team
3. Farm to School (F2S) Program, varies a lot within CA counties
 - a. F2S includes these core elements: local procurement, school gardens, and nutrition education
 - b. In 2018, a pilot study to shift the perception of school meals was known as the Farm 2 School Collective
 - c. Since 2018, the program has grown and added more districts
 - d. Tabled at a variety of farmers market to get the word out
 - e. Activities: family event in Balboa Park, gardening, promotional videos, press releases, produce distribution, Farm 2 School Champion Campaign (individuals from a variety of different districts that contribute to the F2S Program)
 - f. Collective Resources
 - i. Farm to School Toolkit
 1. Benefits of F2S
 2. Social Media Assets, common questions for COVID-19
 3. School Meal Branding Materials
 - ii. Farm to School @ Home Activities
 1. Nutrition Facts labels

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| Next Meeting | The next meeting will be April 20th, from 2pm – 3:30 pm. | |
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