

Schools and After School Domain Meeting Minutes: February 16, 2021 2pm-3:30pm Via Zoom	<u>Next Domain Meeting</u> March 16, 2021 2pm-3:30pm Via Zoom
Attendees: Kelley Axelson (COI), Melissa Galinato (HHSA), Deirdre Kleske (HHSA), Heather Cruz (Chula Vista School District), Paola Grado (The Children’s Initiative), Jake McGough (YMCA), Paige Metz (SDCOE), Lorrie Lynn (Safe Kids San Diego), Madeline Moritsch (Alliance for a Healthier Generation), Lauren Salaiz (HHSA), Kate McDevitt (SDUSD), Terri Oelrich (Sugar Museum), Chelsea Walczk Vircks (American Heart Association), Lorrie Lynn (Rady Children’s Hospital-Center for Healthier Communities) Recorder: Yajahira Romero	

Topic/Issue	Discussion	Action
Welcome and Introductions	Introductions lead by Deirdre	

Announcements

1. Rady Children's Hospital- Safe Kids San Diego
 - a. Drowning Prevention- Creating virtual learning opportunities for children Prek-K and TK-2nd grade countywide. This is the age group most likely to be injured by drowning.
 - b. Everyone is welcomed to the Safe Kids San Diego meetings, held every other month. If you would like to attend please contact Lorrie Lynn (llynn@rchsd.org).
2. SDUSD
 - a. There will be COVID-19 vaccination workshops for SDUSD families in SDUSD on February 18 & 24. Spanish interpretation will be provided, and district vaccine experts will be giving the presentations.
3. COVID-19 Information for Kids
 - a. <https://ocde.us/EducationalServices/StudentAchievementAndWellness/Health/VaccinationEducation/Pages/default.aspx>
4. California Farm to Table Conference
 - a. Conference will be on March 10-12 from 9am-1pm. For free registration: [CDEFA - California Farm to School Virtual Conference](#)
 - b. A session on *"Innovative Strategies to Increase Food Security and Promote Equity"* will be presented by SD Hunger Coalition, Center for Good Food Purchasing, and Oceanside Unified School District Child Nutrition. March 10, 11 a.m. – 12 noon.
5. Alliance for a Healthier Generation
 - a. Partnering with Common Threads to do a kids/family cooking webinar on 2/24. The purpose is to empower kids to independently prepare healthy food and snacks at

Vaccine workshop information will be sent to group.

Presentation by Live Well Youth Sector

<https://www.livewellsd.org/content/livewell/home/community/youth-leadership.html>

Live Well San Diego originally had four sectors: Schools & Education, Business & Media, Cities & Government, and Community & Faith-Based. Last year added a fifth: Youth.

Created a framework for meaningful participation and opportunities for young people to use their voice on topics and in departments that really affect youth.

Youth Engagement Framework:

1. Youth advisors & youth leadership team - (2 youth advisors & adult allies) - 15 youth in Youth Leadership Team - paid positions
2. Youth training and professional development
 - a. Increasing social capital
 - b. Access to trainings & workshops that they may not have access to
 - i. Strengths finder
 - ii. Govt and county structure
 - iii. Collaboration among youth-led groups
 - iv. Being a leader in the community
3. Youth convening & collaboration
 - a. Youth-led town halls (open to all youth; county-engaged youth)
4. Youth mentorship & service
5. Youth engagement on boards & commissions

Prospective timeline for Pilot Year:

- Feb: onboarding of 15 youth leaders (in process)
- Mar-Apr: Training youth leaders
- May-Aug: Mentorship & internship
- Sept.-Dec.: Youth-led Town Halls

Breakout Session

- Breakout session: how does the Trauma-Informed Code of Conduct apply to COI?
- - A multi-system trauma informed approach refers to: 1) coordinated cross-system strategy for ensuring a shared understanding of trauma and its impact, and 2) collectively aligning policies, practices, and services for supporting healing and resilience.
 - In alignment with *Live Well San Diego*, the Trauma-Informed Code of Conduct was created by young adults from multiple groups.
 - The four core elements of the Trauma-Informed Code of Conduct include:
 1. Safety-A safe and open-minded place where I feel welcome.
 2. Individualized Support-Assist me and considers the factors affecting my situation.
 3. Effective Communication-Providing me with clear and consistent information.
 4. Supportive Staff-Is kind and has a true and genuine passion for helping me?
- Two breakup groups were created and worked on this document: [COI Schools Domain Feb. 2021 Breakout Session - Google Slides](#)
- Feedback about session:
 - Could apply most aspects of the Trauma-Informed Code of Conduct, but some adaption may be needed.
 - Enjoyed this breakout session and all agree on the importance of taking this type of approach.
 - Using the Code of Conduct to create collective commitments for the workgroup.
 - Taking this as a framework and defining what it looks like in action.
 - Schools could also take this framework as children go

Next Steps	N/A	
Next Meeting	The next meeting will take place on March 16th from 2pm – 3:30 pm.	