

Schools and After School Domain Meeting Minutes: January 19, 2021 2pm-3:30pm Via Zoom	<u>Next</u> Domain Meeting February 16, 2021 2pm-3:30pm Via Zoom
Attendees: Kelley Axelson (COI), Amanda Mascia (Hunger Free Kids San Diego Hunger Coalition), Kate McDevitt (SDUSD), Melissa Galinato (HHSA), Heather Berkoben (Community Nutrition Adviser- Let's Eat Healthy Movement), Deirdre Kleske (HHSA), Jake McGough (YMCA), Madeline Moritsch (Alliance for a Healthier Generation), Lindsey Vosburgh (Youth Tennis San Diego), Cynthia Burboa and Emma Wan (HHSA Live Well Schools), Lorrie Lynn (Rady Children's Hospital-Center for Healthier Communities), Terri Oelrich (Sugar Museum), Naomi Billups (HHSA), Michael Gomez (SDUSD) Recorder: Yajahira Romero	

Topic/Issue	Discussion	Action
Welcome and Introductions	Introductions lead by Deirdre	

Announcements

1. [Youth Tennis San Diego](#)
2. Due to the pandemic, they are lacking school sites for the afterschool's program.
 - They want to connect with parks and recreation centers reach more kids. If anyone knows of any parks and recreation centers that are willing to rent them tennis courts or even blacktop space, please contact Lindsey Vosburgh (lvosburgh@ytsd.org).
2. Alliance for a Healthier Generation
 - Jan. 28, 2021: Whole Child Town Hall. This event will highlight the role of youth in envisioning a healthier and more equitable future, identify strategies to uplift youth voice, and public health issues regarding COVID-19 efforts.
 - Register for event at: <https://bit.ly/2MS487a>
3. Let's Eat Healthy Movement
 - The Dairy Council of California recently launched the "Let's Eat Healthy Movement" to build a network of nutrition advocates. Through the movement they remain committed to supporting programs and policies that help ensure that all children and families have access to nutrition education and healthy foods for optimal development and life-long success. The movement enables continued collaboration and co-creation so that we can all have a greater impact on the health of children and families in California.
 - Everyone is encouraged to join the movement at [Let's Eat Healthy! \(healthyeating.org\)](http://Let's Eat Healthy! (healthyeating.org))
 - To access videos on nutrition resources: [Nutrition Resources for Online Learning \(healthyeating.org\)](http://Nutrition Resources for Online Learning (healthyeating.org))
4. San Diego Unified School District
 - Would like to congratulate SDUSD Superintendent Cindy Marten for being nominated U.S. Deputy Secretary of Education by President Joe Biden!

Updates from last Meeting on 11/17/2020:

- In the last meeting Paige Metz from the SD County Office of Education, provided an update on the topic of the October meeting: California Health Education Framework. She reported that SDCOE conducted the first two health education framework trainings for school districts and had funded 4 mini-grants for local schools to pilot health education programs. At that time there was still \$40,000 in grant funds to award, which needs to be used by June. She also shared the link to advertise the mini-grants.
- Amanda Mascia of the San Diego Hunger Coalition presented strategies and tools to increase access to school meals during the pandemic and noted that federally funded nutrition programs are a major part of all nutrition assistance in San Diego County.
- We watched a couple of short videos, one from the San Diego Unified on their school meals program during school closures and the other video promoted the Farm-to-School Program.
- To note in December, San Diego Unified announced that they served 9 million meals since the school closure in March.
- Amanda and Deirdre facilitated the discussion in two break-up rooms where partners listed efforts to increase access to school meals. Themes that were brought up during discussion included:
 - communicating to parents through a variety of methods including social media, photos, and cooking classes,
 - make it less time consuming for parents by offering multiple meals or bulk ingredients, more culturally appropriate appealing meals to encourage participation,
 - offer longer hours for meal pick-up,
 - encourage a meal train where parents take turns

COI Updates

1. We have a new COI director, Shana Wright Bruno.
 - Kelley and Shana will be co-directing COI.
 - Shana will be overseeing the Community Domain, the Government Domain, Early Childhood Domain, and the California for Less Soda Committee.
2. Dr. Douglas Ziedonis, previous co-principal investigator for COI, accepted a new role in the University of New Mexico. Currently, looking for another co-principal investigator for COI. Monday February 22nd from 9am-12pm - COI Annual Strategic Retreat.
 - This virtual meeting is half-day versus full days in previous years.
 - The primary audience will be the COI leadership council and other key stakeholders that are part of COI.
 - One goal this year is to look at ways to incorporate the COI's two identified priorities in the 7 COI Domains: (1) Address ACE's and contributing factors on parenting and healthy development of children, with specific focus on 0-5 years of age, (2) Advocate for policy implementation of comprehensive Pre-K-12 health education with increased access to and participation in school meal programs and building/strengthening policy for physical activity.
3. Had a very successful kickoff meeting last month for our COI Community Domain, with 30 partners and community leaders participating. The COI staff and other COI stakeholders proposed a new framework on how to center on community voice, one of the overarching themes of COI. We also had break-out sessions to discuss how to make the Community Domain meetings accessible for the most partners. Shana and other Community Domain members are trying to determine next steps to roll-out a Community Domain schedule.
4. COI received \$100,000 for the Voices for Healthy Kids Sugary Drink Tax Preemption Grant. Funds will be shared among the

<p>Discussion</p>	<ol style="list-style-type: none"> 1. Lorrie Lynn, update on Safer California 2020 Conference <ul style="list-style-type: none"> • Primarily an injury prevention conference, focused on unintentional injuries for children up to age 19. • The 2-day conference focused on the leading causes of unintentional death and injury for children, such as drowning prevention, safe sleep, passenger safety, burns, falls, suicide prevention and non-traffic vehicle related injuries. • The conference had many great plenary sessions; the limitation was in the break-out sessions which didn't provide much new information or presenters. 2. Live Well Schools <ul style="list-style-type: none"> • Live Well Schools is part of <i>Live Well San Diego</i>. It aims to listen to and engage school level decision makers by providing them with tools and data analyses, while also making the case for increased investment in student and staff wellness. • Cynthia Burboa and Emma Wan, SDSU graduate students on the Live Well Schools team, introduced the first online Live Well Schools website with <i>Tools for Schools</i> searchable resource database. • The website includes data analyses on wellness policy, LCAP spending, and chronic absenteeism. • The searchable database can be updated to add your own organization's resources related to student/staff wellness to be in this platform, please contact Deirdre with resources you'd like to add. • Check out the website at: Live Well Schools (livewellsd.org) 	<p>Email <u>Deirdre</u> with additional resources for the Live Well Schools <i>Tools for Schools</i> resource database.</p>
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<p>Future activities</p>	<ul style="list-style-type: none"> • Connect the COI Media Domain to the San Diego Hunger Coalition and other food security organizations to make sure we are promoting the school meal sites and encouraging meal participation. • COI Annual Strategic Planning on February 22nd, 2021 • Looking into the protective factors that create resilience in the face of ACEs. • Creating health literate students • District Rep Forum 1/27/21: brings together partners from the Schools and After Schools Domain (called district wellness reps) who serve as liaisons between school districts and COI for learning and sharing. This Forum will focus on strategies and tools to support school districts to complete the required assessment of progress in meeting the goals of their wellness policies 	
<p>Next Meeting</p>	<p>The next meeting will take place on February 16th from 2pm – 3:30 pm.</p>	