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| **Early Childhood Domain Meeting Minutes**:  **March 23, 2021 10am-11:30am**Via Zoom | **Next Domain Meeting** **April 27th, 2021 10am-11:30am** Via Zoom  |
| **Attendees:**  **Shana Wright** (COI), **Jake McGough** (YMCA), **Lexie Palacio** (YMCA), **Penny Adler** (LWVSD), **Jamie Moody** (UCSD Center for Community Health), **Kim Elkins** (WIC), **Laura Niksch** (Head Start), **Rynna Herwehe** (Head Start), **Lexie Palacio** (Partners in Prevention)**Recorder**: Yajahira Romero |

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| **Topic/Issue** | **Discussion** | **Action** |
| **Welcome and Introductions** | Introductions lead by Laura Niksch and Jake McGough |  |
| **Announcements** | 1. Penny Adler
	1. Education committee meets once a month, and usually they have one guest.
	2. On the meeting for March 24th the guest was Sharon Whitehurst-Payne, a school board member from SD Unified. Focus of meeting was on reopening schools.
2. Jamie Moody
	1. Give Kids a Smile Program has been going on for a month already. This program provides free dental screenings, sealants and fluoride varnish for 18 years and under. There are over 30 dental sites over the county. The site, Truly Yours Family Dental (619-461-7700), has extended the date to March 27th.
3. Head Start
	1. On April 24th, partnering up with Grandma Lulu’s Table. The event address is: 3845 Spring Dr., Spring Valley, CA 91977.
	2. Grandma Lulu’s Table, is a non-profit organization that delivers plant-based food every 3rd of the month in San Diego. The service is mobile.
	3. Will take up as many families that sign up. The families will receive nutrition education, get a meal, and prepare that meal and take with them an entire box of cooking ingredients.
4. Partners in Prevention
	1. Upcoming partner network meeting on April 13th from 9:00am-10:30am, in this meeting you can learn what this org is doing and would like to know what your org are doing. [Link](https://ymcasdc.zoom.us/meeting/register/tJMqcu2srDwjGdLJ9Ss1aBrrNsSyfYfYgmT2) to register.
	2. Referral assessment work group on March 31st from 3:00pm-4:30pm, will focus on improving coordination among community health and organization providers and determine ways to identify families in need. [Link](https://ymcasdc.zoom.us/meeting/register/tJcqdeigrzorE9VNKy4vErRrXAZ-NlqaX6zL) to register.
5. WIC
	1. No changes in how WIC services are being provided: [Link](https://sandiegowic.org/refer-to-wic-san-diego/)
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| **COI Updates:**  | 1. COI Strategic Planning Retreat
	1. Highlights:
		1. Community resident experts were at the table.
		2. Reggie Caldwell gave an interactive and engaging talk on health and racial equity in our work as it relates to obesity prevention.
		3. Supervisor Vargas is excited to continue work with us! More to come…
	2. Key Takeaways:
		1. Enthusiasm around leading and supporting policy and legislative advocacy.
		2. Increased need for sustainable funding source to elevate Community Domain.
		3. Current focuses are centered on food security & access, COVID-19 support, and local legislation.
2. Next Steps
	1. Convening the Domain Council to identify ways to strengthen cross-domain and domain leadership council communication and strategy support.
	2. Synthesizing feedback and updating the COI leadership Council Structures, Protocols, and Procedures.
	3. Updating the COI Leadership Council Organizational Chart to reflect newer changes & thinking.
	4. Continuing to elevate and strengthen the work of the Community Domain. Identifying co-chairs to lead this domain who will also be part of the Leadership Council.
	5. Identify and advocate for local, state, and federal legislation.
	6. A report will be coming out and shared with everyone about the COI Strategic Planning Retreat.
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| **Healthcare Domain Collaboration:** | * The Healthcare Domain would like to lead trainings on child nutrition with a lens on trauma-informed care.
* The Healthcare Domain wants the Early Childhood Domain to help guide the development for their trauma-informed nutrition workshop.
* Currently getting feedback from healthcare providers on the resources that they provide and getting parents’ point of view.
* The Healthcare Domain would like a group of parents that you are already meeting up with, in which they care share the following questions: (1) What provider spoke to you about your child’s weight? Doctor, nurse, medical assistant? (2) When a physician/provider has discussed your child’s weight how did they approach it? How did it make you feel? (3) What was shared that changed your approach to your child’s food, exercise, daily habit? (4) What turned you off? Were you made to feel guilty? Did it make you angry/insulted? Were you offended? Did you feel respected? Was the tone of voice appropriate, did they seem concerned and authentic? Did they use words you understood? (5) Did they ask about your child’s lifestyle and how they function (does their weight impact their place, socializing, are they bullied)? (6) Did the provider engage in your child in conversation? Were they collaborative or prescriptive? (7) Did the provider ask about the food insecurity, access to healthy food, ability to walk and play in the neighborhood?
* Would like to have this training at the end of this year or early 2022
* Jake would like to know if you already have a group of parents that you can bring up these questions in an organic way and can create discussions with these parent groups. The hope is then to relay the answers to the Healthcare Domain
* Many members from the Early Childhood Domain are already having this discussion, but more at an individual level.
* Are aware that this a difficult discussion and sometimes parents do not want to talk about it. When pediatricians do follow-up appointments for child’s weight parents do not come back
* Importance of pediatricians providing resources and connecting them to nutrition referrals
* There is a lot of research on this topic
* This is a good opportunity for partnership between the two domains
* Perhaps have a meeting with Mary Beth in April to discuss with the Early Childhood Domain members their thoughts on this project and share their expertise
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| **Oral Health Training Preparation** | * Training on April 7, 2021 from 11:30am-12:30pm
* Share the Care Dental is contracted with the County of SD. Currently are getting all the approvals.
* Are planning on about 300 trainings, it is for Head Start and HHSA. Already have participants signed up
* Thinking about ways to make oral health “sexy”. People feel like they already know how to brush and floss teeth. Yet, there is so much more knowledge that needs to be disseminated especially among underserved communities.
* Will record training. This one is not in Spanish, could do it in Spanish in the future. There will be time for questions and will invite a dental health hygienist
* Bring up to the county the need to work on a consistent document for messages/videos on oral health. There is not much material out there and if there are some it is not good quality
* Trying to get a couple of videos approved
* Teachers also have models and puppets with big teeth to do demonstrations
* All resources have to be reviewed by county before being approved
* Jamie currently working on a resource list
* Attendees will receive certificate of attendance, which will be sent out electronically
* Registration is via Evenbrite. It is recommended that attendees can register even the day of event
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| **Miro Board:** | [https://miro.com/app/board/o9J\_kh9pW\_A=/?moveToWidget=3074457350935261390&cot=12](https://miro.com/app/board/o9J_kh9pW_A%3D/?moveToWidget=3074457350935261390&cot=12)* Working on 2 projects: 1) Precision medicine and, 2) Oral health messaging
* Took a few minutes to follow-up on projects, to see follow-up actions see link above.
* For the Precision medicine project Lexie will follow up with Kyleigh on March 29, Lexie will provide more updates on this project after meeting
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| **Next Meeting** | The next meeting will take place on **April 27th, 2021**  |  |