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| **Early Childhood Domain Meeting Minutes**:  **February 23, 2021 10am-11:30am**Via Zoom | **Next Domain Meeting** **March 23, 2021 10am-11:30am** Via Zoom  |
| **Attendees:**  **Shana Wright** (COI), **Lisa Bandong** (Cal State San Marcos Public Health Internship Coordinator), **Jake McGough** (YMCA), **Lexie Palacio** (YMCA), **Penny Adler** (LWVSD), **Jamie Moody** (UCSD Center for Community Health), **Kim Elkins** (WIC) , **Kim Woodworth** (YMCA), **Laura Niksch** (Head Start), **Rynna Herwehe** (Head Start), **Sarah Choi** (Dietetic Intern-VA San Diego Hospital), **Thomas Olinger** (DDS)**Recorder**: Yajahira Romero |

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| **Topic/Issue** | **Discussion** | **Action** |
| **Welcome and Introductions** | Introductions lead by Laura Niksch and Jake McGough |  |
| **Announcements** | 1. Annual Give Kids a Smile Event
* Started and there are still appointments open.
* Have 35 dental offices throughout San Diego County that offer free dental screenings and free oral health assessment for kindergarten. Also, provide fluoride varnish and sealants. Do not need insurance and anyone 18 years and under can qualify. Need to schedule appoint. The only site that is not taking appoints is the Escondido Neighbor Health, they are doing a drive thru.
* Flyer: <https://docs.google.com/document/d/1Ued1_7tuIofmAhLn9kowzd8cAEG_IHPzqdq700ly85M/edit>
1. LWVSD
* SDUSD is in the process of appointing a committee to select a new superintendent.
* Concerns to select a diverse committee and select a candidate that is knowledgeable about early childhood issues.
* Penny Adler’s committee will send to the board members recommendations for certain individuals they would like to be considered.
* Office of Child and Youth Success in San Diego, this is part of the city and this office being created. The hope is that it focuses on early childhood issues. Penny will provide updates.
1. WIC
* Local WIC agencies have resources for COVID. Check out: <https://sandiegowic.org/refer-to-wic-san-diego/>
1. YMCA
* YMCA at Border View is opening today to be a vaccination site and also hoping to open Copley in City Heights as a vaccination site.
1. Cal San Marcos Public Health Internship Coordinator
* Host monthly newsletter for current and potential internship sites. Please let Lisa Bandong know if you would like to be added to the list. lbandong@csusm.edu
1. CA Breastfeeding Coalition Conference was virtual this year you can check it out here <http://californiabreastfeeding.org/breastfeeding-summit/>
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| **COI Updates:**  | * The Childhood Obesity Initiative had their strategic retreat on February 22nd virtually. Had Supervisor Vargas speak during the retreat. The plan is to have her come back to one of the leadership council meetings. She along with Supervisor Fletcher drafted the declaration to declare racism as a public health crisis. We are hoping that she will be our Champion Board of Supervisors Representative.
* Will be following-up to finalize our Strategic Planning Retreat for the year at the March Leadership Council meeting. More to come on this.
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| **COVID-19 Vaccination Presentation:** | * Kim Woodworth presenter of COVID-19 Vaccines. She is part of the team that has developed a COVID vaccination training for childcare providers.
* Audience is childcare provider community. It is a 1-hour presentation. The purpose of this training is to bring awareness and expose information around choosing whether to get vaccinated.
* The topics that they talk about are: how vaccines work, herd immunity, vaccine phases, COVID-19 vaccines, side effects/questions, costs, and resources.
* Poll Question
	+ How comfortable are you of getting the vaccine? Options: a) First in line, b) not sure, c) no way, and d) maybe later.
* Vaccines are the greatest achievement in public health
* Herd immunity – about 1/3 of population has built up immunity against COVID-19 either through infection or the vaccine.
* How vaccines work?
	+ Antibodies are the key and the key has to get into the lock to produce antibodies. These antibodies are produced by either getting vaccinated or getting infected.
* Different phases of how vaccines get distributed
	+ Phases – CDC suggestion, SD County has made their own determination
	+ We are currently in Phase 1A.
	+ Next Phase is 1B ad childcare providers are in this phase.
* Vaccines – 3 versions of the vaccine
	+ mRNA (currently out now) – makes blueprint to make proteins
	+ Protein subunit – harmless piece of virus that is introduced into the body to produce antibodies
	+ Vector - weakened live virus
* Showed video from Moderna – explained how Modern mRNA vaccine was created, how it works, and how quickly they were able to make the vaccine
* 2 vaccines currently on the market – both use mRNA and require cold storage and two doses
	+ Pfixer – 16 years and older, 2 shots, 90-95% immunity
	+ Moderna – 18 years and up, 2 shots, 90-95% immunity
	+ Johnson and Johnson vaccine is in the works and it does not need to be stored cold, only one shot up to 75% immunity
* Side effects
	+ Common side effects: pain in arm, swelling of arm, fever, chills, tiredness, headaches
	+ Both the first and second shot can produce side effects. Common side effects include flu-like symptoms. Symptoms are part of body producing antibodies
	+ Do not take pain relievers before vaccine because it can effect efficacy
	+ After vaccine you can take pain relievers
* Common questions
	+ Why 2 doses? First dose is to start protection and second dose to get the most protection. We still don’t know how long the immunity will last for.
	+ I already had COVID? Recommending you get vaccine
	+ I have COVID now? Best to get vaccinated once you recover from infection and that all self-isolation requirements are met
	+ Pregnant, planning to get pregnant or breastfeeding?- No data, but talk to doctor to determine. <https://www.the-scientist.com/news-opinion/breastmilk-harbors-antibodies-to-sars-cov-2-68162>
	+ What about the variant strain? Viruses mutate, currently variants making the virus more infectious. So far vaccine seems to cover common variants
	+ I have allergies? Should not restrict you from getting vaccine, but talk to your doctor for recommendation. However, if you have severe allergies talk to doctor
	+ Can my partner get vaccinated as well? Must fit into tiers to get vaccinated
* Qs from group
	+ Where are we at with studying kids and being able to get them vaccinated? – Children 12-18 are doing trials now.
	+ What is the recommendation if you fall outside of second dose window? Still want you to schedule when it becomes available
* Facts
	+ Vaccine will not give you COVID, might test positive for the virus
	+ Can help prevent you from getting sick. So far anyone who has only gotten 1 dose has not died from COVID
	+ mRNA vaccine will not monitor your DNA
	+ No cost to get vaccine – tax payer dollars are paying for this.
	+ Need to put layers of protection – do as many protective factors as possible including vaccines
	+ Currently a big decrease in hospitalizations and deaths
* Resources
	+ Download [www.canotify.ca.gov](http://www.canotify.ca.gov)
	+ [www.myturn.ca.gov](http://www.myturn.ca.gov) or 2-1-1
	+ Information of vaccine training and information from the County <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/CommunitySectors/Healthcare_Providers_Community_Clinics_Hospitals_and_Pharmacies/resources-and-guidance.html#communityConversations>
	+ Current updates through San Diego County News Center
* Where to go?
	+ Only way to get an appointment is online, many locations throughout the County
	+ When scheduling second shot, double check which shot they are giving out
	+ 211 will make an appointment for people who are 75 or older, otherwise you need to make your own appointment.
* Who do you provide the training to?
	+ Can provide to Head Start orgs. Right now it is available online through Eventbrite. <https://www.eventbrite.com/o/ymca-crs-rampr-training-12940936860>
	+ For more information email Kim (kwoodworth@ymcasd.org)
* Question from AKA staff is whether or not the agency will make the vaccine mandatory
	+ Can provide incentives to encourage providers to get vaccines, if you can give people the time and pay them to get vaccinated then might have more successful
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| **Miro Board** **Follow Up:** | Can view: [https://miro.com/app/board/o9J\_kh9pW\_A=/?moveToWidget=3074457350935261390&cot=12](https://miro.com/app/board/o9J_kh9pW_A%3D/?moveToWidget=3074457350935261390&cot=12)1. Tasks* Precision Medicine Project. Will connect with Kyle to follow-up on this project.
* Cross collaboration with Community Domain
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| **Oral Health Training Preparation** | * Pitched hosting in conjunction with COI
	+ Jamie: There are a ton of resources, just don’t want to overwhelm with a ton of emails
* Key elements:
	+ Understand why oral health is important
	+ What is dental disease?
	+ What can you do for good oral healtht?
	+ How to access care?
* Target audiences – childcare providers (FCC and CCC) and parents
* Currently virtual trainings
* Want key messages, such as ‘make sure you take your child to the dentist by the age of 1’. Also recommendation for short snippets. Keeping messages short.
* Timeline
	+ Currently creating key messages for teachers that are doing distant learning. Via Zoom they can have an interactive session.
	+ Recommended April (later in April) after Spring breaks.
	+ Saturdays would be best to get FCC childcare providers and then hold during workday for CCC on a Friday.
	+ AKA teaching staff will be working during their Spring Break which is the second week in April.
	+ Opportunity for Q&A – compile common questions and allow time for Q&A from audience
	+ Jamie – we could host 3 different time frames to open it up to different groups.
	+ Can also offer it in Spanish, would be good for FCC.
	+ Continue discussion with Rynna, Jake and Laura about needs for the training.
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| **Next Meeting** | The next meeting will take place on **March 23rd, 2021**  |  |