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| **Schools and Afterschool Domain Meeting Minutes**:  **August 18, 2020 2 pm – 3:30 pm**Via Zoom | **Next Schools and Afterschool Domain Meeting:** **September 15, 2020 2 pm - 3:30 pm**Via Zoom  |
| **Attendees: Heather Berkoben** (Dairy Council of CA), **Trisha Daniel** (The Children's Initiative), **Jake McGough** (YMCA Childcare Resource Service), **Madeline Moritsch** (Alliance for a Healthier Generation), **Kathryn Goldberg** (San Diego County COI), **Amanda Mascia** (San Diego Hunger Coalition), **Deirdre Kleske, Paul Lasso (**HHSA**),** **Jeannine Mengel**, **Shohre Zahedi** (Hygia Weight Loss & Nutrition), **Kathy Kinane** (Move Your Feet Before You Eat Foundation), **Paige Metz** (San Diego County Office of Education), **Adrienne Markworth** (Leah’s Pantry), **Natalie Camacho** (Action for Healthy Kids), **Trisha Daniel** (The Children’s Initiative), **Chelsea Walczak Virks** (AHA), **Cynthia Burboa, Emma Wan (**HHSA – Live Well Schools**) Stella Weaver** (UC Cooperative Extension), **Kate McDevitt, Janelle Manzano** (San Diego Unified School District). Guests: **Jacob Hartung, Natalie Lareau****Recorder**: Carissa Hwu |

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| **Topic/Issue** | **Discussion** | **Action** |
| **Welcome and Introductions** | Deirdre Kleske led introductions.  |  |
| **Announcements** | The Children’s Initiative – Trisha Daniels* Received over 4,000 new books from Molina Healthcare to give to students
* Distributed ¾ of those books so far
* 100 boxes left - middle school/high school level
* Some schools are giving them out to students during meal distribution
* Domain can send out email blast after meeting
* Contact Trisha Daniel at tdaniel@theci.org for more information

Action for Healthy Kids – Natalie Camacho* Grant funding still available for schools serving children of military families
* Grant’s emphasis is social and emotional health
* Amount: $2500. Deadline 8/31/20
* Applicant must be a school but a partner can partner with a school to apply
* Contact Natalie Camacho for more information or support to apply. ncamacho@actionforhealthykids.org. Phone: 626-587-9781

SDUSD’s Wellness Council Meeting* Next meeting is September 28 at 3 PM
* If anyone is not receiving the invites but would like to attend, email Kate McDevitt at kmcdevitt@sandi.net

LunchAssist – from Amanda Mascia* Statewide Communities of Practice calls (every other Thursday, 9-10 a.m.) in partnership with Center for Eco-Literacy to review the most recent policy updates, resources, and tools to help child nutrition departments prepare for SY 20-21 meal service
* <https://www.lunchassist.org/covid-19>
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| **Review of July Meeting** | Presentation from Rady’s Children Hospital on Safe Routes to School* Added “Equity” and replaced “Enforcement” with “Engagement” as part of the 6 Es of SRTS
* Rady’s has had to modify work and adapt to do SRTS activities during school closures.
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| **Promoting Healthy Communities with Farm to School** | Overview of the Promise Zone USDA F25 Grant* 3 anchor partners: Barrio Botany, Leah’s Pantry, SD Unified School District
* Leah’s Pantry
	+ Envision nourished communities
	+ Implement innovative programs
	+ Build capacity of partner organizations
	+ Start conversations to expand the frame
* SD Promise Zone: one of 22 federally designated Promise Zones, 3 of SD’s most economically disadvantaged neighborhoods
	+ Since 2010, there has been a vibrant school garden at Sherman Elem.
	+ Very successful project with very small budgets
	+ Outreach to 6 Promise Zone schools in 2019
	+ Connected with Farmacy Initiative and Master Gardeners in fall 2020
	+ Through this, strong relationships have been cultivated with more schools
* Complementary Programs at Leah’s Pantry
	+ Sage Garden Foundation – Sherman & Burbank Elementary
	+ Trauma-Informed Garden Toolkit (CDSS, UCCE, Whole Kids Foundation)
		- The way that you allow children to regulate and relate makes a huge difference
		- Who is teaching the material makes a huge difference (substitute teacher vs. teacher with pre-existing relationships with students)
		- Not creating new curricula but reinforcing important trauma-informed instruction strategies
	+ Home Gardening Support
* USDA Farm to School Grant
	+ Two-year grant award to Leah’s Pantry
	+ Conducted in partnership with SDUSD’S Food and Nutrition Services
	+ Focused on 6 Promise Zone Elementary Schools
	+ Original implementation period is Fall 2020 – Spring 2022. May be slightly delayed.
* Farm to School
	+ 3 Core Elements: local procurement, education, school gardens
	+ Refers to efforts that bring locally or regionally produced foods into schools including: sourcing local foods for school meal programs
	+ Providing hands-on learning activities such as school gardening, farm visits, and culinary classes
	+ Integrating food-related education into school curriculum
* Janelle Manzano, Farm to School Specialist
	+ Day of Nutrition Ed Presentations (K-12)
	+ Parent Presentations: What is Farm to School?
	+ Cafeteria Tastings
		- Potentially doing virtual tastings with education on produce item – maybe bring a farmer in as a guest speaker
	+ School Garden Support
* Promise Zone Farm to School Grant Activities
	+ Establish and/or upgrade gardens at 6 elementary schools
	+ Hire school farmer to grow crops on-site for school salad bar
	+ Establish Urban School Garden Collaborative for networking, sharing resources, best practices, collaborating on grant applications
	+ Parent presentations
	+ Bilingual Garden-to-Café Training for teachers and volunteers by video
	+ Embedding trauma-informed principles into the program
* Deliverables
	+ 240 Garden-based agriculture/nutrition/culinary classes
		- Additional fundraising for this
	+ Day of Nutrition Assembly
	+ Harvest of the Month (HOTM) Tastings
	+ HOTM Train-the Teacher Pilot Program
* Nutrition Education resources
	+ <https://www.sandiegounified.org/nutrition-education-resources>
	+ <https://ucsdcommunityhealth.org/work/healthy-schools/harvest-of-the-month>
* For more information, contact Christina Abuela School Garden Coordinator at ShermanGrows@gmail.com or 858-210-2628
* Contact Adrienne Markworth at adrienne@leahspantry.org
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| **Parent Think Tanks** Kate McDevitt | SD Unified Parent Think Tanks – done over the summerTopics* Health and safety
* Volunteerism
* Parents as partners
* Students with disabilities
* Supporting English learners

Thinks Tanks provided simultaneous translation in multiple different languages * 2000 parents responded to invitation to participate
* Think Tanks provided a space to voice concerns
* Small groups brain-stormed on each topic and overlap between groups was noted and shared with district administration

One result: Family Welcome Week Future Modules * Handwashing
* How to properly wear face coverings
* Social and emotional learning
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| **Southern Region School Wellness Conference** | Southern Region School Wellness Conference* Natalie Moya, Orange County Department of Education was presenter
* CA Health Education Framework re-cap
* Health Ed Standards created back in 2008
* Framework came out in 2019
	+ Framework is guide for teachers
* CDE Framework: <https://www.cde.ca.gov/ci/he/cf/>
	+ Scroll down to look at each chapter. This document is in the process of going to production/printing at CDE
* New CA Health Education site rolling out
* Sessions 1, 2, 3, and 4
	+ Sessions 2 is on nutrition and physical activity
	+ Session 3 is on tobacco, alcohol
* SDCOE working with OCDE and CDE to offer virtual trainings (all 4 sessions)
	+ Session 1 to take place in early fall
* Hope to move graduates of this program to be advocates
* Content areas are introduced to different groups
	+ Younger groups are given less content at a time to digest
* Data drove the design of the Framework. For example:
	+ 75% of youth surveyed do not meet daily recommendation of fruits and vegetables
	+ Large health disparities along the axes of race and socioeconomic status
* Designed with access and equity in mind
	+ Example: Understanding that not all students have the same level of access to food
* Administrative and Leadership Support
	+ FAQ’s
	+ Online learning modules
	+ Classroom examples/narratives
	+ Encouraging partners at the end of each content area
	+ Meeting the needs of the whole child
* Many children are getting very little health education in K-12
* COI embraced making K-12 health education a priority area due to the increasing importance of health literacy
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| **COI Updates** | AdvocacyCOI signed letter of support for USDA Child Nutrition Waiver Extensions* This would expand non-congregate, area eligibility, and afterschool activity waiver making it easier to serve school meals when students aren’t always at school.
* US Census Bureau survey reported that 30% of families “sometimes” or “often” don’t have enough food in 7 days
* Sign on to the letter here: <https://docs.google.com/forms/d/e/1FAIpQLSfVpBjbnh8m9he_9AJcEFx36q9_E9ZgFdxs0ahim1EqPfCxsw/viewform>

COI also signed letter of support for Pandemic Child Hunger Prevention Act* This would make all children eligible for universal free meals
* Easier for schools to operate and provides financial relief for families

Social Media Toolkit * Access toolkit here:
* <https://docs.google.com/document/d/1JtUdcCRe4d8-7T0CFu4TAkiQXFlK8lpH1eyszLeuuXk/edit?usp=sharing>
* Over the summer, COI Intern worked on Social Media Toolkit
* Purpose: to create a document to facilitate social media posts for COI and partners
* Improve communities’ access to resources
* Promote work of COI and our partners
* Increase COI social media activity
* Bring awareness to COI newfound priorities areas and strategies
* Partners can use this toolkit to post efficiently on multiple different topics for a campaign or awareness month/week/etc.

Next Steps* Consult with BIPOC-led organizations to ensure all messaging within this toolkit is useful and resonates with community stakeholders
* Moving forward, 1 week each month COI and partners will be posting consistent messaging across all social media platforms
	+ This month, 2 posts during Black Breastfeeding Week 8/25-31
	+ Posts will be sent soon
* This is a working document. Please send us any additional content your organization has or additional content that you would like to see in this toolkit.
* Along the same line, let us know what topics/campaigns/awareness months you would recommend adding.

Feedback: Give more lead time to partners to so they can get internal approval to post.  |  |
| **Next Meeting** | The next meeting will take place on **Tuesday, September 15 from 2:00 – 3:30 PM.** |  |