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| **Schools and Afterschool Domain Meeting Minutes**:  **August 18, 2020 2 pm – 3:30 pm**  Via Zoom | **Next Schools and Afterschool Domain Meeting:**  **September 15, 2020 2 pm - 3:30 pm**  Via Zoom |
| **Attendees: Heather Berkoben** (Dairy Council of CA), **Trisha Daniel** (The Children's Initiative), **Jake McGough** (YMCA Childcare Resource Service), **Madeline Moritsch** (Alliance for a Healthier Generation), **Kathryn Goldberg** (San Diego County COI), **Amanda Mascia** (San Diego Hunger Coalition), **Deirdre Kleske, Paul Lasso (**HHSA**),** **Jeannine Mengel**, **Shohre Zahedi** (Hygia Weight Loss & Nutrition), **Kathy Kinane** (Move Your Feet Before You Eat Foundation), **Paige Metz** (San Diego County Office of Education), **Adrienne Markworth** (Leah’s Pantry), **Natalie Camacho** (Action for Healthy Kids), **Trisha Daniel** (The Children’s Initiative), **Chelsea Walczak Virks** (AHA), **Cynthia Burboa, Emma Wan (**HHSA – Live Well Schools**) Stella Weaver** (UC Cooperative Extension), **Kate McDevitt, Janelle Manzano** (San Diego Unified School District). Guests: **Jacob Hartung, Natalie Lareau**  **Recorder**: Carissa Hwu | |

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| **Topic/Issue** | **Discussion** | **Action** |
| **Welcome and Introductions** | Deirdre Kleske led introductions. |  |
| **Announcements** | The Children’s Initiative – Trisha Daniels   * Received over 4,000 new books from Molina Healthcare to give to students * Distributed ¾ of those books so far * 100 boxes left - middle school/high school level * Some schools are giving them out to students during meal distribution * Domain can send out email blast after meeting * Contact Trisha Daniel at [tdaniel@theci.org](mailto:tdaniel@theci.org) for more information   Action for Healthy Kids – Natalie Camacho   * Grant funding still available for schools serving children of military families * Grant’s emphasis is social and emotional health * Amount: $2500. Deadline 8/31/20 * Applicant must be a school but a partner can partner with a school to apply * Contact Natalie Camacho for more information or support to apply. [ncamacho@actionforhealthykids.org](mailto:ncamacho@actionforhealthykids.org). Phone: 626-587-9781   SDUSD’s Wellness Council Meeting   * Next meeting is September 28 at 3 PM * If anyone is not receiving the invites but would like to attend, email Kate McDevitt at [kmcdevitt@sandi.net](mailto:kmcdevitt@sandi.net)   LunchAssist – from Amanda Mascia   * Statewide Communities of Practice calls (every other Thursday, 9-10 a.m.) in partnership with Center for Eco-Literacy to review the most recent policy updates, resources, and tools to help child nutrition departments prepare for SY 20-21 meal service * <https://www.lunchassist.org/covid-19> |  |
| **Review of July Meeting** | Presentation from Rady’s Children Hospital on Safe Routes to School   * Added “Equity” and replaced “Enforcement” with “Engagement” as part of the 6 Es of SRTS * Rady’s has had to modify work and adapt to do SRTS activities during school closures. |  |
| **Promoting Healthy Communities with Farm to School** | Overview of the Promise Zone USDA F25 Grant   * 3 anchor partners: Barrio Botany, Leah’s Pantry, SD Unified School District * Leah’s Pantry   + Envision nourished communities   + Implement innovative programs   + Build capacity of partner organizations   + Start conversations to expand the frame * SD Promise Zone: one of 22 federally designated Promise Zones, 3 of SD’s most economically disadvantaged neighborhoods   + Since 2010, there has been a vibrant school garden at Sherman Elem.   + Very successful project with very small budgets   + Outreach to 6 Promise Zone schools in 2019   + Connected with Farmacy Initiative and Master Gardeners in fall 2020   + Through this, strong relationships have been cultivated with more schools * Complementary Programs at Leah’s Pantry   + Sage Garden Foundation – Sherman & Burbank Elementary   + Trauma-Informed Garden Toolkit (CDSS, UCCE, Whole Kids Foundation)     - The way that you allow children to regulate and relate makes a huge difference     - Who is teaching the material makes a huge difference (substitute teacher vs. teacher with pre-existing relationships with students)     - Not creating new curricula but reinforcing important trauma-informed instruction strategies   + Home Gardening Support * USDA Farm to School Grant   + Two-year grant award to Leah’s Pantry   + Conducted in partnership with SDUSD’S Food and Nutrition Services   + Focused on 6 Promise Zone Elementary Schools   + Original implementation period is Fall 2020 – Spring 2022. May be slightly delayed. * Farm to School   + 3 Core Elements: local procurement, education, school gardens   + Refers to efforts that bring locally or regionally produced foods into schools including: sourcing local foods for school meal programs   + Providing hands-on learning activities such as school gardening, farm visits, and culinary classes   + Integrating food-related education into school curriculum * Janelle Manzano, Farm to School Specialist   + Day of Nutrition Ed Presentations (K-12)   + Parent Presentations: What is Farm to School?   + Cafeteria Tastings     - Potentially doing virtual tastings with education on produce item – maybe bring a farmer in as a guest speaker   + School Garden Support * Promise Zone Farm to School Grant Activities   + Establish and/or upgrade gardens at 6 elementary schools   + Hire school farmer to grow crops on-site for school salad bar   + Establish Urban School Garden Collaborative for networking, sharing resources, best practices, collaborating on grant applications   + Parent presentations   + Bilingual Garden-to-Café Training for teachers and volunteers by video   + Embedding trauma-informed principles into the program * Deliverables   + 240 Garden-based agriculture/nutrition/culinary classes     - Additional fundraising for this   + Day of Nutrition Assembly   + Harvest of the Month (HOTM) Tastings   + HOTM Train-the Teacher Pilot Program * Nutrition Education resources   + <https://www.sandiegounified.org/nutrition-education-resources>   + <https://ucsdcommunityhealth.org/work/healthy-schools/harvest-of-the-month> * For more information, contact Christina Abuela School Garden Coordinator at [ShermanGrows@gmail.com](mailto:ShermanGrows@gmail.com) or 858-210-2628 * Contact Adrienne Markworth at [adrienne@leahspantry.org](mailto:adrienne@leahspantry.org) |  |
| **Parent Think Tanks**  Kate McDevitt | SD Unified Parent Think Tanks – done over the summer  Topics   * Health and safety * Volunteerism * Parents as partners * Students with disabilities * Supporting English learners   Thinks Tanks provided simultaneous translation in multiple different languages   * 2000 parents responded to invitation to participate * Think Tanks provided a space to voice concerns * Small groups brain-stormed on each topic and overlap between groups was noted and shared with district administration   One result: Family Welcome Week  Future Modules   * Handwashing * How to properly wear face coverings * Social and emotional learning |  |
| **Southern Region School Wellness Conference** | Southern Region School Wellness Conference   * Natalie Moya, Orange County Department of Education was presenter * CA Health Education Framework re-cap * Health Ed Standards created back in 2008 * Framework came out in 2019   + Framework is guide for teachers * CDE Framework: <https://www.cde.ca.gov/ci/he/cf/>   + Scroll down to look at each chapter. This document is in the process of going to production/printing at CDE * New CA Health Education site rolling out * Sessions 1, 2, 3, and 4   + Sessions 2 is on nutrition and physical activity   + Session 3 is on tobacco, alcohol * SDCOE working with OCDE and CDE to offer virtual trainings (all 4 sessions)   + Session 1 to take place in early fall * Hope to move graduates of this program to be advocates * Content areas are introduced to different groups   + Younger groups are given less content at a time to digest * Data drove the design of the Framework. For example:   + 75% of youth surveyed do not meet daily recommendation of fruits and vegetables   + Large health disparities along the axes of race and socioeconomic status * Designed with access and equity in mind   + Example: Understanding that not all students have the same level of access to food * Administrative and Leadership Support   + FAQ’s   + Online learning modules   + Classroom examples/narratives   + Encouraging partners at the end of each content area   + Meeting the needs of the whole child * Many children are getting very little health education in K-12 * COI embraced making K-12 health education a priority area due to the increasing importance of health literacy |  |
| **COI Updates** | Advocacy  COI signed letter of support for USDA Child Nutrition Waiver Extensions   * This would expand non-congregate, area eligibility, and afterschool activity waiver making it easier to serve school meals when students aren’t always at school. * US Census Bureau survey reported that 30% of families “sometimes” or “often” don’t have enough food in 7 days * Sign on to the letter here: <https://docs.google.com/forms/d/e/1FAIpQLSfVpBjbnh8m9he_9AJcEFx36q9_E9ZgFdxs0ahim1EqPfCxsw/viewform>   COI also signed letter of support for Pandemic Child Hunger Prevention Act   * This would make all children eligible for universal free meals * Easier for schools to operate and provides financial relief for families   Social Media Toolkit   * Access toolkit here: * <https://docs.google.com/document/d/1JtUdcCRe4d8-7T0CFu4TAkiQXFlK8lpH1eyszLeuuXk/edit?usp=sharing> * Over the summer, COI Intern worked on Social Media Toolkit * Purpose: to create a document to facilitate social media posts for COI and partners * Improve communities’ access to resources * Promote work of COI and our partners * Increase COI social media activity * Bring awareness to COI newfound priorities areas and strategies * Partners can use this toolkit to post efficiently on multiple different topics for a campaign or awareness month/week/etc.   Next Steps   * Consult with BIPOC-led organizations to ensure all messaging within this toolkit is useful and resonates with community stakeholders * Moving forward, 1 week each month COI and partners will be posting consistent messaging across all social media platforms   + This month, 2 posts during Black Breastfeeding Week 8/25-31   + Posts will be sent soon * This is a working document. Please send us any additional content your organization has or additional content that you would like to see in this toolkit. * Along the same line, let us know what topics/campaigns/awareness months you would recommend adding.   Feedback: Give more lead time to partners to so they can get internal approval to post. |  |
| **Next Meeting** | The next meeting will take place on **Tuesday, September 15 from 2:00 – 3:30 PM.** |  |