

Schools and Afterschool Domain Meeting Minutes: September 15, 2020 2 pm – 3:30 pm Via Zoom	<u>Next</u> Schools and Afterschool Domain Meeting: October 19, 2020 2 pm - 3:30 pm Via Zoom
<p>Attendees: Kristin Haukom (Alta Planning and Design), Blanca Melendrez, Kelley Axelson, Kathryn Golberg Carissa Hwu(COI), Naomi Billups, Barbara Hughes, Deirdre Kleske, Paul Lasso, Nicole Villa (HHSA), Amanda Mascia (San Diego Hunger Coalition), Jake McGough (YMCA), Lorrie Lynn (Rady’s Children’s Hospital), Emma Wan (HHSA – Live Well Schools), Paige Metz (San Diego County Office of Education), Madeline Moritsch (Alliance for a Healthier Generation), Chelsea Walczak Vircks (American Heart Association), Heather Cruz (Chula Vista Elementary School District), Shohre Zahedi (Hygia Weight Loss and Nutrition), Kathy Kinane (Move Your Feet Before You Eat Foundation), Angeles Nelson (California Food Policy Advocates)</p> <p>Guests: Maayan Yakir, , Katherine Tygart, Angeles Nelson (California Food Policy Advocates)</p> <p>Recorder: Carissa Hwu</p>	

Topic/Issue	Discussion	Action
Welcome and Introductions	Deirdre Kleske led introductions.	
Partner Spotligh	Carissa Hwu led the ice-breaker. Featured partners were Jake McGaugh and Madeline Moritsch. Thank you for participating!	

<p>Partner Announcements</p>	<p>YMCA</p> <ul style="list-style-type: none"> • Academic enrichment programs have started • All programs at different branches run differently/have different needs • Providing safe space for kids to go, comparable to the way afterschool programs work • Trying to figure out how to meet all meal needs for students; working with school district child nutrition departments to see if there is a way to provide meals, working through weekly deliveries, room for storage, etc. <p>SDCOE</p> <ul style="list-style-type: none"> • In the next 2 weeks, rolling out mini grants to districts and schools to implement health education • Applications are being accepted on a rolling basis • Offering hybrid trainings for health education framework • Dates will be firmed up in the next 2-3 weeks • Need to get this funding out as the deadline to use it is June 2021. • Grantees are required to have at least 2 people attend the series of trainings, but trainings will be open to everyone <p>Live Well Advance</p> <ul style="list-style-type: none"> • Free, virtual all-day event on December 3rd • There will be a Schools Track • Should promote to school people (teachers, students, partners) and schools' allies <p>Alliance Health</p>	<p>Ask Pam Smith to send out information on Health Education mini grants to superintendents</p>
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<p>COI Updates</p>	<p>COI Director Transition</p> <ul style="list-style-type: none"> • Kelley just returned from maternity leave • Kelley and Kathryn will both be working part-time throughout this transition • Please email both Kelley and Kathryn if you need to get ahold of them <p>September Awareness Month</p> <ul style="list-style-type: none"> • Working on two social media posts for September Childhood Obesity Awareness Month and September Hunger Awareness month • A trauma-informed lens was used in developing messaging. • Integrating gratitude for Physical Education teachers and school nutrition staff that have been working so hard to keep students fed and mentally and physically healthy <p>CA4LessSoda</p> <ul style="list-style-type: none"> • The goal of the CA4LessSoda coalition is to overturn AB1838 to restore local control of sugary drink taxes that can be redistributed to support preventative wellness programs (i.e. diabetes prevention). • The first step is to overturn AB 1838 legislation by asking cities if they are interested in participating. • Currently targeting three cities and tentatively a fourth - IB, Oceanside, Carlsbad and National City. More information to come on this initiative! 	<p>COI emails:</p> <p>Kaxelson@health.ucsd.edu</p> <p>Kgoldberg@health.ucsd.edu</p>
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<p>American Heart Association</p> <p>Current Efforts</p> <p>Chelsea Walczak Vircks</p>	<p>Restoring local control to cities to make the decision about whether they want to tax sugary drinks</p> <ul style="list-style-type: none"> • AB 1838: legislator held in a really tough place by the soda industry. 10-year pre-emption was passed prohibiting all cities in CA from passing soda taxes • COVID-19 makes overturning AB 1838 even more urgent. Cities like Seattle have been able to use the tax revenue to give families emergency funding for COVID-19 response • Tax revenue can be used for many different things. Ultimately, the tax revenue is poured back into the community • Impacts: increased consumption of water, indicators around childhood obesity rates decreasing • Long-term goal: giving back local control to cities to decide whether they want to pass a soda tax • Looking for cross-over support <p>1.</p> <p>School Nutrition Policies</p> <ul style="list-style-type: none"> • 2010 Healthy Hunger Free Kids Act, designed in part by Michelle Obama : working on getting schools getting back to the stronger nutrition standards for sodium and whole grains • Trying to take advantage of supper and summer meal funding <ul style="list-style-type: none"> ○ Making sure all students have access to nutritious meals ○ Working with SD Hunger Coalition on this <p>Tobacco</p> <ul style="list-style-type: none"> • AHA has worked nationally with superintendents and other stakeholders to rethink school policies around tobacco • Working with school districts to eliminate punitive policies against students with tobacco/vaping products on campus • Would be useful to think about model language that should be used for social/emotional health, stressors, COVID-19 impact, and vaping/tobacco use 	
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<p>Administrative vs. Legislative Advocacy</p> <p>Angeles Nelson, CFPA</p>	<p>Presentation slides shared in the email meeting follow-up</p> <p>Advocacy: any action that speaks in favor of, recommends, argues for a cause, supports or defends, or pleads on behalf of others</p> <ul style="list-style-type: none"> • Self-advocacy • Individual advocacy • Systems advocacy – taking action to influence social, political, and economic systems to bring about change for groups of people (COI’s work) <p>Advocacy vs. Lobbying</p> <ul style="list-style-type: none"> • Everyone is an advocate! • Lobbying: to conduct activities aimed at influencing public officials, especially members of a legislative body, on specific and active pieces of legislation <p>Legislative Advocacy</p> <ul style="list-style-type: none"> • Efforts to influence the introduction, enactment, modification of legislation • Contacting legislator (assembly or senate) • Sharing your view, story • Asking someone to vote on a specific way on a bill <p>Administrative Advocacy</p> <ul style="list-style-type: none"> • Influencing the formation, application, or change of rules that government agencies put in place to implement statutory law • Contacting an administrator (USDA, CDE) • Sharing your view or story • Asking someone to implement a law, change a program 	
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<p>Discussion: Breakout Rooms</p>	<p>Developing our domain's workplans: Given the impact of ACES, how can we use a trauma-informed approach?</p> <p>Session 1 Notes (Deirdre)</p> <ul style="list-style-type: none"> • Utilize the work taking place in school districts around MTSS <ul style="list-style-type: none"> ○ MTSS – 3 tiers of services and support <ul style="list-style-type: none"> ▪ There will be students who need little support ▪ There will be students who need a little more support than others ▪ There will be students who need intensive support ○ A lot of schools are struggling with what the top 2 tiers looks like ○ What programs will COI be promoting? ○ It could be powerful to identify community programs around ACEs that we are not aware of and promote those to districts ○ ○ Live Well San Diego's Tools for Schools toolkit includes 200+ local and locally-used resources, including those for Social and Emotion Wellness. An online searchable database is in development and is scheduled to be unveiled at the Live Well Advance event December 3. ○ Need to make sure all community resources have been vetted to make sure not <i>all</i> resources are being shared, but the most effective, etc. <ul style="list-style-type: none"> ○ Model wellness policy does not have specific language around ACEs ○ The YMCA is trying to address ACEs by stressing protective factors <ul style="list-style-type: none"> ▪ Taking this approach could be useful for COI • SDCOE offers trauma-informed trainings for school staff • Utilize a strengths-based approach to garner student feedback 	
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Next Meeting	The next meeting will take place on Tuesday, October 19 from 2:00 – 3:30 PM.	
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