|  |  |
| --- | --- |
|  **Schools & After-school Domain Meeting Minutes**: **June 16, 2020 from 2:00-3:30 p.m.** **Zoom Call** | **Next School & After-school Domain Meeting:** **July 21, 2020 from 2:00-3:30 p.m.**T**BD**  |
| **Attendees:** Yuka Asada (University of Illinois at Chicago), Heather Berkoben (Dairy Council of CA), Heather Cruz (Chula Vista Elementary School District,) Kate McDevitt (San Diego Unified School District), Trisha Daniel (The Children's Initiative), Nicole Villa (HHSA), Lorrie Lynne (Rady Children’s Hospital Center for Healthier Communities), Jake McGough (YMCA Childcare Resource Service), Deirdre Kleske (HHSA), Madeline Moritsch (Alliance for a Healthier Generation), Maria Acosta (Neighborhood Healthcare), Barbara Hughes (HHSA), Blanca Melendrez (UC San Diego Center for Community Health), Kathryn Goldberg (San Diego County COI), Amanda Mascia (San Diego Hunger Coalition), Ana de Castro (South Bay Union School District), Anali Rosales Blomer (HHSA), Dane Peterson (CHIP, Farm to Institution Center), Emma Wan (Live Well Schools), Jeannine Mengel (VA Dietetic Intern), Naomi Billups (HHSA), Sam Sonnich (HHSA), Shohre Zahedi (Hygia Weight Loss & Nutrition), Deirdre Kleske (HHSA)**Recorder**: Mariela Martinez  |

|  |  |  |
| --- | --- | --- |
| **Topic/Issue** | **Discussion** | **Action** |
| **Welcome/ Introductions** | Deirdre Kleske led introductions |  |
| **COI Updates** Kathryn Goldberg | **Kathryn Goldberg, Interim Director COI**New Leadership Council Seats* Youth Ally Seat: UCSD, CCH, Youth Advisory Council
* Trauma Informed Seat: Leah’s Pantry
* Food System Seat: San Diego Food Systems Alliance
* Policy Seat: California Food Policy Advocates
* **Currently Recruiting for:** Bi-National, Behavioral Health, & Refugee Seat
* **Open Seats:** Tribal Seat and Faith Community Seat

Business Domain* **Healthy Workplace Accelerator Program** (for small to medium sized businesses)
	+ Free personalized workplace program through *Live Well San Diego*
	+ Take an Assessment
	+ Track Progress, collaborate, get recognized and take action
* Based on *The CDC Worksite Health ScoreCard*
	+ Opportunity to add diversity, equity, and inclusivity in the Accelerator Program and CDC *ScoreCard*.

Community Domain Frontline Model* Focuses to empower those who are most vulnerable to support recovery and improve resiliency
* There has been collaboration with San Diego Hunger Coalition to provide P-EBT outreach
	+ Work with ECBOs, community leaders, and community members to build trust and to find out how best to support vulnerable communities in order to change programming and policy.

Assessing the Landscape of Lifestyle Medicine Resources in SD County for Children in Underserved Communities* Lifestyle Medicine: Treats underlying factors of disease rather than symptoms
* Goal: Map the lifestyle medicine resources available to children in underserved communities in SD County.
	+ Timing for the project is during the summer starting Monday, June 22.
* This project will support 211’s Community Information Exchange (CIE) to build upon their community resources for children and support clinicians in connecting children to these resources for health and wellbeing.

Advocacy: School Nutrition Reimbursement* COI has signed on to support providing $63.2 million for COVID-19 school nutrition reimbursement in the 2020-21 California State Budget

Questions and Discussions* Partners offered suggestions on the Tribal and Behavioral Health seats. Kathryn will follow up.
 | **If you have seat suggestions please let us know or if you know anyone who could fill these seats.** |
| **Announcements** | Madeline Moritsch, Alliance for a Healthier Generation:* San Bernardino County Superintendent of Schools is hosting the annual *Southern Region Student Wellness conference* on July 14-15. For the first time the conference will be virtual, and is now free. San Diego partners are welcome! Southern Region Student Wellness Conference Link: <http://www.srswc.org> See flyer attached
* The Alliance for Healthier Generation is working on a tool for schools to use to assess COVID response:
	+ It will give schools a better idea of what areas to address based on national best practices.
	+ Hoping to have it available to use in the new school year.
* Partnership with Kaiser to put out a COVID-19 Playbook during the summer with specific chapters available on a periodic basis to give resources on different topics such as COVID-19 mitigation, mental health needs, staff self-care, etc.

Jake McGough, YMCA CRS:* YMCA is working on securing summer meals for YMCA campers with help of San Diego Hunger Coalition. Working with 4 school districts to secure lunches for Santee, Escondido, Oceanside and some San Diego locations.
	+ Schools nutrition departments would provide the meals and YMCA would them pick up to bring back to the YMCA branches for distribution.

Heather Cruz, Chula Vista Elementary School District:* Resources available for children and families through the summer. Can access resources anytime on various YouTube channels, with videos for physical education, mental health, nutrition, etc. Link: <https://www.cvesd.org/parents/my_childs_learning/independent_learning_at_home>
* VAPA YouTube channel, social emotional learning and paper/pencil resources for parents to access. Other districts can these share resources online and it is open to anyone. <https://www.youtube.com/channel/UCRcnPSiTZ1wv68twiJ_eWRw>
* CVESD Arts & Movement at home website: <https://www.vapacvesd.com/health--wellness.html>
* District recognized district wellness champions. More than 50 nominations received – more than ever! An individual and a school site were selected. They will be recognized at a Chula Vista City Council meeting and school board meeting. COI may also provide recognition in a future e-news. Congratulations to the wellness champions!

Kate McDevitt* She is encouraging the California Local School Wellness Policy Collaborative (CLSWPC)to advocate at state level to continue the work around social justice and equity, and include youth leaders. The CLSWPC wants to be responsive and asked to talk about youth engagement.
	+ If you know of any youth leaders who could contribute to this please contact Kate at **kmcdevitt@sandi.net.**

Deirdre Kleske* COI letter of support for Escondido Union Elementary School District (EUSD) Good Food Purchasing pledge
* Good Food Purchasing Program (GFPP)
	+ Has become a guiding force for taking public dollars for buying food for school meal programs taking into account nutrition content, are they buying locally, are they buying from companies that support the local workforce, animal welfare, and environmental sustainability.
	+ EUSD child nutrition program is requesting EUSD school board support, and this letter of support from COI would encourage that.
	+ San Diego Food Systems Alliance, leading the GFPP effort, has already has secured funding for baseline analysis of where the school district is at with GFPP
		- First district to adopt GFPP in San Diego County
		- Millions of dollars in food purchasing can influence producers, manufacturers and distributors to increase the percentage of “good food” they offer.
		- Needs COI letter of support by June 25.
* This was approved and will be moved to the COI Leadership Council for a vote.
	+ Kate suggested that of the vote is approved, someone from COI should advocate to the EUSD school board at their (virtual) meeting.
 | **Kathryn to inquire with UCSD, Youth Advisory Council about advocating on wellness policy and inclusion for racial justice and equity.** **Need letter of support by June 25** |
| **Support for Schools During COVID-19** | **Amanda Mascia Hunger Free Kids COVID-19 task force**P-EBT Update:* Outreach
	+ 300+ CBO’s
	+ All SD School Districts
	+ Social Media (250,000+)
	+ Press conference, press articles, interviews, webinars, radio
* Overcoming skepticism and unease
	+ Explaining card is not a scam
	+ Not a public charge (won’t affect immigration status)
	+ Multiple touch-points with immigrant families needed

P-EBT Update CDSS* When in doubt apply apply apply!
	+ Apply for all children in the home even if families are uncertain.
	+ CDSS will take out duplicates, there is **no harm** with sending in a duplicate application.
* CA P-EBT Numbers
	+ 3.8M children eligible
	+ 1.7M cards have been mailed to 2.9M children
	+ 2M received cards through direct certification
	+ No data available on activation of cards
	+ CDSS received 1.3M apps in the first weekend applications were open!
	+ State is sending P-EBT cards in batches of 130k cards per day
	+ It is taking up to 3 weeks for cards to be received
* If there is an unresolved issue CDSS will continue to resolve problems and mail out cards throughout the summer.
	+ No denials being sent out, and if later denied, families can dispute the denial.
	+ **Must apply by June 30 - still a firm deadline.**
		- Asking to extend deadline to the Washington deadline of August 31st.
		- Advocacy letter in the process if you have questions contact Amanda.

Summer Feeding Site Listings:* The **CA Meals for Kids mobile application** helps you find nearby CA Afterschool and Summer Meal Programs Sites. CA meal sites 2020 and choose San Diego: [www.cde.ca.gov/ds/sh/sn/summersites20.asp](http://www.cde.ca.gov/ds/sh/sn/summersites20.asp)

Questions and Discussions:* School districts need to do triennial assessments of progress towards meeting their wellness policy goals. There is a waiver to extend the deadline for an extra year.
* No data has been released on if people are activating the cards
* Community most concerned about food assistance and many are still not aware of P-EBT.
	+ More advocacy on P-EBT when talking to families, especially those hardest to reach.
 |  See Attachments  |
| **Wellness Stakeholder Engagement Scan****Deirdre Kleske,** **Samantha Sonich & Nicole Villa, HHSA****Heather Cruz, CVESD****Ana DeCastro, SBUSD** | Collaborative project that began with an MPH thesis project by Samantha Sonnich, and continued when a district wellness lead shared that their Administrative Review suggested more efforts to engage families was needed. HHSA interns have helped complete the scans of school websites in 8 districts so far.Importance of Family Engagement:* School closures made it clear that school-family connection is crucial to the health and academic success of students.
* Providing resources to families is one way to engage
* Participation and decision making is important

Background Wellness Policy:* The federal Health Hunger Free Kids Act requires that districts permit participation by the stakeholders in the wellness policy process
	+ One step is to provide a contact to the district wellness lead, and promoting the wellness policy to staff and families.

Background LCAP:* Local Control and Accountability Plan (LCAP) budgeting process expects districts to improve engagement of families, specifically underrepresented families, by:
	+ Building relationships, building partnerships, and seeking input for decision-making

District Wellness Communication (Samantha Sonnich):* Nearly all districts have info about the wellness policy on their district website.
	+ Each district’s information varies, and Sam Sonnich did a descriptive study of school wellness policy quality and implementation as evidenced by website communications in school districts in San Diego County.
		- Scoring tool, modeled after WellSAT, is provided as Attachment 1 was used to look at websites and score them in an objective way
		- Limitations: done two years ago, and only looking at the district website.
	+ Results:
		- Most districts did not have the information on their website at that time.
		- There was a trend that showed benefits to having a full-time wellness lead
		- Larger school districts had more info on their websites.
		- Support was needed for districts who do not have as many resources.
		- Questions contact: samantha.sonnick@sdcounty.ca.gov

Family Engagement in Wellness (Deirdre Kleske):* Hypothesis: Parents are more likely to look for info on their own school’s website and parent/student handbook rather than the district website.
* The intent is to build on what districts/schools are already doing and provide suggestions.
* The goal is to help schools better engage stakeholders and be able to provide evidence of strategies to engage families during the Administrative Review and as a requirement of the LCAP development process.
* Wellness Stakeholder Engagement Scan (2019-2020) (provided as Attachment 2 – example of scan from South Bay Union School District)

South Region Pilot:* *Live Well San Diego* South Region School Wellness work group has three goals; one is Improving family engagement.
	+ Reps from 5 South Region school districts participate in the work group.
	+ School websites in all 5 districts were scanned, with the scan results and summary report provided to each.
	+ Work group created a Family Engagement Checklist (provided as Attachment 3)
		- Meant to show how a district is doing well and where they can improve.
* Questions contact Nicole.villa@sdcounty.ca.gov

District Experience with South Region Pilot:* Heather Cruz: Coordinator of Physical Education, Health and Wellness, Chula Vista Elementary School District shared her lessons learned:
	+ The provided summary of school website scans (provided as Attachment 4) and checklist was extremely helpful, especially coming from *Live Well San Diego* versus from the district wellness lead.
		- District websites were good, but individual school websites needed work.
	+ Ideal if there is a wellness leads for each school sites. Also important to know who updates the district website.
	+ It’s important to get the checklist to the right person to complete.
		- This was also helpful as a way to build relationships with staff leading parent engagement efforts.
	+ Important to note that schools do not necessarily use their websites, but may use social media or other strategies to communicate with parents.
	+ Ideally, a template of the desired language for district/school web sites and parent handbooks should be developed by each district.
		- It was suggested that this could be a good project for district wellness committees to create this language.
		- Some schools have a district-created website and their own customized site.
* Ana de Castro, RD Child Nutrition Supervisor of South Bay Union School District, found:
	+ Very little information in Spanish, and majority of important info not translated
	+ Wellness information on websites varies from school to school.
	+ Some old information on wellness committee meetings was on the website.
	+ Parents call are often asking about celebrations and healthy snacks. Parents do not know who to contact and sometimes information from school is contradictory to other information the parents get from the district, teacher, or principal.

Next Steps:* Scan school websites in six North County Districts.
* Many opportunities to help, and if anyone has an intern with time to spare they can help with this wellness project.
 |  |
| **July Meeting Preview** | **Next meeting:** July 21, 2020, 2-3:30pm*. Location: TBD*   |  |