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| **Early Childhood Domain Meeting Minutes**: **June 23, 2020 from 10am-11:30am**Zoom | **Next Early Childhood Domain Meeting:****July 28, 2020 from 10am-11:30am** TBD |
| **Attendees:** Kathryn Goldberg, Jake McGough, Penny Adler, Cecilia Morley, Jamie Moody, Shana Wright, Jourdan Hallare, Yuke Asada, Josh Bariuan, Kim Elkins, Blanca Melendrez**Recorder**: Mariela Martinez |

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| **Topic/Issue** | **Discussion** | **Action** |
| **Welcome/ Introductions** | * Jake McGough led introductions
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| **COI Update** Kathryn Goldberg | **Kathryn Goldberg, Interim Director COI**New Leadership Council Seats* Youth Ally Seat: UCSD, CCH, Youth Advisory Council
* Trauma Informed Seat: Leah’s Pantry
* Food System Seat: San Diego Food Systems Alliance
* Policy Seat: California Food Policy Advocates
* **Currently Recruiting for:** Bi-National, Behavioral Health, & Refugee Seat
* **Open Seats:** Tribal Seat and Faith Community Seat

Business Domain* **Healthy Workplace Accelerator Program** (for small to medium sized businesses)
	+ Free personalized workplace program through *Live Well San Diego*
	+ Take an Assessment
	+ Track Progress, collaborate, get recognized and take action
* Based on *The CDC Worksite Health ScoreCard*
	+ Helps show business how to add diversity, equity, and inclusivity in the workplace
		- There are action steps and resources in the Accelerator Program

Community Domain Frontline Model* Focuses to empower those who are most vulnerable to support recovery and improve resiliency
* There has been collaboration with San Diego Hunger Coalition to provide P-EBT outreach
	+ Work with ECBOs, community leaders, and community members to build trust and to find out how best to support vulnerable communities in order to change programming and policy.

Assessing the Landscape of Lifestyle Medicine Resources in SD County for Children in Underserved Communities* Lifestyle Medicine: Treats underlying factors of disease rather than symptoms
* Goal: Map the lifestyle medicine resources available to children in underserved communities in SD county.
	+ Timing for the project is during the summer starting Monday, June 22.
* Help 211 not many resources for children and help clinicians and connect children to help them thrive in the community.

Advocacy: School Nutrition Reimbursement* COI has signed on to support $63.2 million for COVID-19 school nutrition reimbursement in the 2020-21 California State Budget
	+ Provide flexible resource spending to feeding students now and during the summer

UC San Diego Design Lab* In July they will join meetings and have working groups to develop work plans
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| **Announcements** | **Jamie Moody:*** Free online oral health education for pregnant women and parents with children ages 0-5. The sessions can be offered individually and as a group, in English or Spanish. To set up a an online session contact Jamie Moody at: Jsmoody@health.ucsd.edu.

**Shana Wright:*** Grant for the breastfeeding friendly program will be ending this month, but the program will be continuing with the San Diego Breastfeeding Coalition. Everything is online for childcare providers to get recognized as well as online training and resources.

**Jake McGough:*** 4.5 million dollars to give out food and providers choose between cash to use for products or products are provided.
* Santee and SD Unified and Escondido to serve all of their campers free lunches from the school district. Waivers from USDA and free during the summer to serve all kids no matter where they are living.
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| **Learn Well Heal** | **Cecilia Morley YMCA Childcare Resource Service**Background* Strengthening Families
	+ Parent Cafe is conversation between facilitator and parent and is equal and more relationship building
	+ Hybrid version
* Capacity Building
	+ Building leaders within the centers and build them up where they feel empowered to be leaders.
* Early Childhood System Assessment
	+ Study of social policy and modified to reflect those different tiers
	+ Tiered approach
		- Quality Programs and Activities
			* Center wide effort, family cafes
		- Leadership Development
			* Encouraging people to be leaders at their centers
			* Leadership training etc.
			* Be co-presenters and hand in hand development
		- Community Capacity Building
			* Leaders from one agency to another to be that community support and health and wellness or nutrition programs

Overview* Strengthening Families Track
	+ Family Cafes
		- Adults and preschoolers learn separately and then they come together at the end.
		- Focused on relationship building within family.
	+ Leadership Development
		- Family members will be invited to co-host cafes
		- Diversity & leadership training
		- Board meetings, supporting materials etc.
* Capacity Building Track
	+ Staff Cafes
		- Teachers will collaborate each session to identify how content can be applied to classrooms
		- Focused on team building
	+ Technical Assistance
		- Increase family attendance
		- Facilitate focus groups
		- Demographic data analysis
	+ Leadership Development
		- Wellness lead, joining conferences, and support
* Nutrition Family Cafes example
	+ Example themes: Picking foods for picky eaters, eating on a budget, the right size for me over or under eating, etc.
	+ Will start out with general question, activity, and reflection at the end
		- Decreasing food waste, what about today surprised you, how does your family history affect the foods you choose, how do you model seeking help when you need it?
	+ Let’s summarize together
		- If our group had one voice what would we say summarizes, what is something you heard that you wish everyone could have heard, etc.
	+ Specific goals
		- 2 ideas that resonate
		- Something you will start or stop doing
	+ At home activity
		- Make infused water with your child
		- replace one of your sugary drinks
		- Talk about color, size, taste or smell of food
	+ Also summary of what they learned, lecture based content little card/keychain to take home. Incentive to keep coming back and collecting all of the cards.

Questions and Comments* Virtual?
	+ It will start off virtual and then move in person when possible. So hoping to have materials delivered to attendees homes
* How do parents sign up and get involved?
	+ Flyers will go out to centers and YMCA will work with QPI centers and family home providers. The program will provide different promotional vides to get people excited about this program. Must be part of a family at a center to be a part of the program.
* Recommendation from Kathryn to add the SD Hunger Coalition flyer to their promotion or outreach.
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| **Summer Meal Discussion** | * Feeding programs during the summer website: <https://www.sdcoe.net/news/Pages/Summer-Feeding-Programs-for-San-Diego-County--.aspx>
	+ Families can go receive summer meals for their children with no documentation needed and no questions asked
	+ **P-EBT has been extended to July 15!**
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| **Next Meeting**  | * Updates on meeting plan will be soon to come

**Our** **next meeting will be held on Tuesday, July 28, 2020 from 10am-11:30am**  |  |