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| **Early Childhood Domain Meeting**:  **July 28, 2020 10am-11:30am**Via Zoom | **Next Early Childhood Domain Meeting:**  **August 25, 2020 10:00-11:30 a.m.** Via Zoom  |
| **Attendees:**  Kathryn Goldberg, Juanita Garcia, Lexie Palacio, Laura Niksch, Miranda Westfall, Brandi Paniagua, Jennifer Taylor, Kyleigh Kirbach, Mariela Martinez, Trista Collins, Elizabeth Mendoza, Kim Elkins, Rynna Herwehe, Jake McGough, Micaela Smith, Helena Sabala, Naomi Billups, Karis Grounds, Blanca Melendrez, Carissa Hwu**Recorder**: Carissa Hwu |

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| **Topic/Issue** | **Discussion** | **Action** |
| **Welcome and Introductions** | Jake McGough led introductions.  |  |
| **Partner Announcements and Updates**  | Cheryl Moder came to the Leadership Council meeting and updated COI on her work. * She is working with Leah’s Pantry to address issues that affect children ages 0-5
* Screening for nutrition insecurity
* With COVID-19, taking steps to be really intentional about addressing nutrition security challenges
* More updates to come on this

NHA is currently accepting applications * Will have center-based slots and home-based slots
* Fill out online intake form to start this process and include phone number
* July 31st 10 AM -12 PM: opportunity to network and build on the efforts already going on. Will also be reporting on how services will be continued during this time
* Centering community voices
* Reach out to Laura Niksch if you are interested in attending this event

Head Start is also accepting applications * When schools open up, there will be slots for the children of essential workers while the rest of children stay virtual

SD Breastfeeding Coalition * Offers 6 webinars on breastfeeding topics in August for Breastfeeding Awareness Month
* $15 each or $60 for the series
* Register at [breastfeeding.org](http://breastfeeding.org/)

2-1-1, Overseeing San Diego’s CIE* 150,000 individuals have agreed to have their information shared across over 90 providers
* Preventing the re-traumatization of patients through having to re-share their healthcare information with different providers
* If you have already accessed homeless services, etc. a provider can see what you have already accessed and follow-up on this
* Provide interventions in a more comprehensive way
* Example: Housing providers can directly refer patients to food providers and any other outside organizations to help provide services for low-income individuals
* Can see where others have already been referred to as well
* Resource database for everyone to leverage and use for maximized efficiency and person-centered care.
* No fee for community-based organizations and FQHC to join. Fee for hospitals to join.
* Very strict rule-based permissions to protect client privacy.
* Governance structure with advisory board to look over internal policies to ensure that everyone within this system is using the information in the best way possible.
* Immigration status is never shared. Ways to make sure sensitive information is locked up.
* Even though 2-1-1 is a nationwide organization, this does not mean every county will or should have the same CIE based on national policies. Really trying to make sure that our CIE is uniquely useful for specifically San Diego County communities’ needs.
* System continuing to grow. Constantly looking for new partners to join.
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| **Lifestyle Medicine Project**  | Kyleigh Kirbach Assessing the Landscape of Lifestyle Medicine Resources in SD County Project funded by Sanford Institute for Empathy and Compassion and supported by COIBackground* While nutrition is a very important component of health, Kyleigh wanted to help in a broader way. This led to her decision to pursue medical school.
* Lifestyle Medicine:
	+ Covers social determinants of health
	+ Improve overall health and wellbeing
	+ Reduce medication burden
	+ Address chronic conditions

Project Aims * Assess presence of resources in SD

Project Design* Phase 1: Exploration (this summer’s focus)
	+ Collect community data and resources
* Phase 2: Preparation and Planning (3+ Years)
	+ Define strategies
* Phase 3: Implementation
	+ Support communities to implement defined strategies
* Phase 4: Maintenance

Exploration Phase* Need to define first target community
* Put together social assessment
	+ In the process of developing a survey for key stakeholders, community members, clinicians
	+ Focus groups
* Putting together an epidemiological assessment
	+ Organize nationwide, state, county, and local data
* Putting together an ecological assessment
	+ Map LM resources available to children by zip code in partnership with 2-1-1 team
* Identify predisposing, enabling, and reinforcing factors

\*After the Exploration phase, will need to apply for grant to support the last phases. With CIE, one can see available resources in a geographic region. But then there’s another layer of who is at capacity for services, who is understaffed, who is limited because of COVID, etc. Need to address this and provide this information to more people. * Indirect referrals: broad 2-1-1 database of organizations’ services and programs
* Direct referrals
* Each organization has the opportunity to close or open their availability based on their current capacity
* A lot of food services have been opened since COVID-19
* Still pretty new in doing this
* Managing the process is still challenging but working on this
* Will try to start adding more details of exactly how many resources programs may have left – not just whether their availability is open or closed
* Could explore doing bi-directional referrals
* Hoping more organizations can shift to a more person-centered model

Feedback from the group* Could be good to find scholarships from COI for residents to participate in SDCBC webinars
* This domain would be a good group to ask about the structure of questions for focus groups, interviews, surveys + best practices in asking these questions
* Could be beneficial to talk to people who work in county programs for children (e.g., CWS)
* First 5 would love to brainstorm on ways to partner
* Have separate sessions between different communities to hear what their identified needs and demands are
* Share the Care educates on risk factors and barriers that refugee communities experience that prevent them from accessing care. Working on switching to virtual platform and using interpreters .Will connect offline.
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| **COI Announcements and Updates**  |  Healthy Cities and Counties Challenge* One of 20 recipients in the country
* Pledge to improve local systems and policies to advance health equity and community well-being
* Focusing on the city of Chula Vista
* Leveraging ¡Mas Fresco! More Fresh program
* Increasing food security
* Ensuring community voice is at the table through a Promotora model
* If your organization wants to partner with our work in Chula Vista, please contact us.
* Planning to have a press conference in the next couple weeks.

Advocacy* Good Food Purchasing Program
* COI signed to support Escondido Union School District
* Framework for food procurement that encourages healthy, affordable, sustainable, and more humane food consumption
* Also signed a letter of support for SB 33 Skinner to expand online EBT CalFresh purchasing

COI Mini Grants * City Heights Community Development Corporation
	+ Have had garden for over 10 years
	+ Funding for garden improvements + new children’s plot with a hose bib and garden tools
* Stories of Resilience
	+ 3 mini documentaries with a focus on Vietnamese, Somali, and Spanish-speaking communities
* Mundo Gardens
	+ World markets for local community members to sell their goods
	+ Living pantry and garden workshops in Southeast and South Bay
	+ Supporting with business permits and licenses

Mindfulness classes are still being offered with UCSD. Register at <https://medschool.ucsd.edu/som/fmph/research/mindfulness/free-sessions/Pages/default.aspx>.  |  |
| **Next Meeting**  | The next meeting will take place on **August 25 from 10:00 – 11:30 AM.**  |  |