

Schools & After-school Domain Meeting Minutes: September 17, 2019 from 2:00-3:30 p.m. Toby Wells YMCA 5105 Overland Ave. San Diego, CA 92123	Next School & After-school Domain Meeting: October 15, 2019 from 2:00-3:30 p.m. Toby Wells YMCA 5105 Overland Ave. San Diego, CA 92123
Attendees: Yuka Asada, Heather Berkoben, Rosa Carney, Heather Cruz, Pam Fleming, Megan Gietzen, Rosie Davis Gonzalez, Lori Gutierrez, Erika Hernandez, Deirdre Kleske, Lori Kurz, Beatrice Lomer, Lorrie Lynn, Kim Mai, Janelle Manzano, Jake McGough, Maddy Moritsch, Camellia Mortezaadeh, Dot Nevarez, KellyAnne Rodriguez, Anali Rosales Garces, Samantha Sonnich, Nicole Villa, Stella Weaver, Megan Larson, Shirley Salado, Patricia Fernandez, Vilma Poroj, Tyler Linvill Recorder: Megan Gietzen	

Topic/Issue	Discussion	Action
Welcome/ Introductions	<ul style="list-style-type: none"> Deirdre led introductions 	
Announcements	<ol style="list-style-type: none"> State of Childhood Obesity in San Diego County: Supplemental Report 2019 The COI released a new report last week detailing rates of childhood obesity across San Diego County and the importance of addressing root causes to support underserved communities and build on progress. You can access the full report HERE. October is Walk to School Month - This is a great opportunity to encourage parents and kids in your school/district to walk or bike to school. Check Your Mood Day – October 10 An annual event designed to promote emotional well-being. Several organizations across the county will be offering free mental health resources, information, and Check Your Mood screenings. Click HERE for more information. Chula Vista Film Screening and Panel Discussion – October 7 & 10 Join the COI and the City of Chula Vista for a screening of the documentary <i>A Place at the Table</i> followed by a panel discussion with experts to learn about the impact of hunger and poor nutrition. <ul style="list-style-type: none"> October 7, 6:00 – 7:30 pm – Civic Center Library (365 F Street, Chula Vista 91910) Full screening of the film <i>A Place at the Table</i> October 10, 5:15 – 7:30 pm – Civic Center Library (365 F Street, Chula Vista 91910) Join experts for a discussion of the film and commentary on the impact of hunger and what is being done locally to combat hunger and childhood obesity. 	

5. South Region Grandparents Raising Grandchildren Relative Caregiver Symposium – October 12 from 8:30 am – 2:30 pm

The theme for this FREE community event is “*Fill Your Cup! A day of inspiration, reflection, connection, and opportunities.*” The event will provide participants with resources, skills, and tools to help them better care for their families. Participants will also have the opportunity to connect with other families and individuals with similar experiences.

Event highlights:

- Free flu shots and dental varnish
- Healthcare and food application assistance
- Spanish interpretation available
- Free lunch and childcare for those who **pre-register**

Space is limited, so please **RSVP** [HERE](#). For questions or additional information, contact Lizbeth Lopez at Lizbeth.Lopez@sdcounty.ca.gov.

6. October 28 – Registration is Now Open for the 2019 *Live Well Advance*

The fourth annual *Live Well Advance* will take place on Monday, October 28, 2019 from 9:00 am – 5:00 pm at the Marriott Marquis San Diego Marina. Themes of the day will include best practices and emerging trends. Running concurrently will be the *Schools Summit on Student Engagement and Attendance* where participants will learn about regional efforts and resources for healthy, safe and thriving schools. Entry, parking, and refreshments are FREE.

Register for the Live Well Advance [HERE](#). You will have the option to choose *Schools Summit on Student Engagement and Attendance* as part of the registration process.

7. National Alliance for Hispanic Health – All of Us Research Program

The National Alliance for Hispanic Health has partnered with the *All of Us* Research Program, designed to help researchers learn how to tailor treatments to individuals. They hope to encourage more members of the Hispanic community to participate in these studies to learn how different factors affect health such as environment, lifestyle, and genes. This data could help health care providers better treat individual patients in the future.

All of Us is searching for individuals willing to help them learn more about what affects health including habits, living conditions, etc. More information can be found [HERE](#).

8. Dairy Council of California – GIS Map

This useful data tool can show the following information for the districts in California including San Diego County: Chronic Absenteeism, 200% or below poverty, free/reduced priced lunch,

	overweight/obese, and districts where the Dairy Council is involved in the wellness committee or working on Smarter Lunchrooms Movement strategies. You can access the map HERE .	
National School Wellness Policy Research Report and ESSA Yuka Asada	<p>Yuka Asada (University of Illinois at Chicago) provided an overview of the National Wellness Policy Study looking at the link between state laws and wellness policies and district/school outcomes</p> <ul style="list-style-type: none"> ○ The study looked at stakeholder (including parents and superintendents) experiences and perceptions of revised policies and their implementation ○ Some barriers for rural schools included limited procurement and lack of staff capacity to fully implement nutrition standards ● Every Student Succeeds Act (ESSA) – legislation on federal education funding <ul style="list-style-type: none"> ○ ESSA replaced the No Child Left Behind Act to address underserved student populations <ul style="list-style-type: none"> ● Incorporates language that could apply to health and wellness programs ○ The majority (90%) of funding for California school districts comes from state and local taxes, not federal funding. Only the lowest income schools receive federal funding. ○ In California, AB 97 was passed in 2013 establishing Local Control and Accountability Plans (LCAPs) to target district spending, which can include wellness. ○ ESSA requires states to include at least one measure of School Quality and Student Success (SQSS) in accountability systems. <ul style="list-style-type: none"> ▪ Chronic absenteeism, chosen by California, is the most commonly used indicator. 	Access Yuka's presentation: HERE
Chronic Absenteeism Data Analysis Vilma Poroj	<p>Vilma Poroj (Live Well Schools) provided an overview of chronic absenteeism data for San Diego County.</p> <ul style="list-style-type: none"> ○ Chronic absenteeism is a measure of how many days students miss in a year and is used as a predictor for student success. <ul style="list-style-type: none"> ▪ In California, it is defined as a percentage of school days missed (typically 10% or more). ▪ The federal definition is 15 or more days missed. ○ Nationally, 16% of students (over 7 million) were chronically absent during SY (school year) 2015-2016. <ul style="list-style-type: none"> ▪ For California, 11.1% (over 700,000) students were chronically absent for SY 2017-2018. ▪ San Diego County had a slightly lower rate of 10.9% (over 57,000) for SY 2017-2018. ○ Schools in CA reported chronic absenteeism for the first time for SY 2016-2017. ○ The available data can be used to see trends and which regions/districts/schools have above-average rates of chronic absenteeism and in which subgroups of students. ○ Chronic absenteeism is connected to health and wellness policies play an important role <ul style="list-style-type: none"> ▪ San Diego County districts have been working toward stronger wellness policies. ▪ 29 districts have updated their wellness policies since 2015 with an average increase of 47% in comprehensiveness and 55% in language strength. ▪ Investments in health/wellness in LCAPs increased by \$13.4 million for the SY 2018-2019 	Access Vilma's presentation: HERE

	<ul style="list-style-type: none"> Each district will receive a package from Live Well schools with data and trends for wellness policy improvements, health and wellness LCAP spending, and chronic absenteeism information 	
COI Updates Camellia Mortezaazadeh	Camellia provided updates on the COI's new report on childhood obesity for San Diego County <ul style="list-style-type: none"> A press conference was held to officially release the report on September 9th with coverage by several media outlets and a large boost for awareness across the county. 	View media coverage for the State of Childhood Obesity Report release: HERE