

Schools & After-school Domain Meeting Minutes: July 16, 2019 from 2:00-3:30 p.m. Linda Vista Library 2160 Ulric St. San Diego, CA 92111	Next School & After-school Domain Meeting: August 20, 2019 from 2:00-3:30 p.m. 2-1-1 Connections Center-Rooms 113 & 114 3860 Calle Fortunada, Suite 101 San Diego, CA 92123
Attendees: Heather Berkoben, Kristin Haukom, Lori Kurz, Kate McDevitt, Jamie Moody, Dot Nevarez, Katie Anderson, Anali Rosales Garces, Shohre Zahedi, Camellia Mortezaadeh, Megan Gietzen, Catherine Slomka, Ada Del Pozo, Liz Mendoza, Lorrie Lynn, Maya Shahar, Recorder: Megan Gietzen	

Topic/Issue	Discussion	Action
Welcome/ Introductions	<ul style="list-style-type: none"> Deirdre led introductions 	
Announcements	<ul style="list-style-type: none"> 8th Annual North County Grandparents Raising Grandchildren Relative Caregiver Symposium on Saturday, August 24, 2019 from 8:00am – 1:30pm at the North Inland Live Well Center The theme for this FREE community event is “<i>Growing Wings: Embracing the Beauty and Power of Change</i>” to explore the transformation experienced by kinship families. Participants will have the option to participate in a variety of activities during the day and connect with other families and individuals with similar experiences. <i>Lunch and childcare will be provided for those who pre-register.</i> Event highlights: <ul style="list-style-type: none"> Free Health Screenings Resource Fair Free shingles Vaccines Opportunity Drawings Spanish Interpretation Available <p>Space is limited, so please RSVP today: http://211sandiego.org/resources/highlighted-resources/grandparents-caregivers/grg-registration/. Please contact Martha Guzman at martha.guzman@sdcounty.ca.gov with any questions.</p> Dental Health Initiative – Share the Care Opportunities <ul style="list-style-type: none"> Share the Care offers free oral health treatment and screenings for pregnant women and children ages 0-5. There are also oral health education opportunities available for parents, pregnant women, and providers focusing on children ages 0-5. Check out the Share the Care website for more information. 	

	<ul style="list-style-type: none"> • Dairy Council of California – Family Wellness Prescription The Dairy Council of California has Family Wellness Prescription pads that are a useful tool for a variety of audiences including families, school wellness centers, and providers to address child health and overweight/obesity using a small changes model. Visit the website HERE for more information. You can order print copies through Heather Berkoben at HTroska@dairycouncilofca.org • The Live Well 5k is taking place on July 28 at Waterfront Park. 	
<p>Safe Routes to School – Walk Audits and Funding Opportunities</p> <p>Kristin Haukom</p>	<ul style="list-style-type: none"> • Kristin provided an overview of Safe Routes to School (SRTS) and related grant opportunities. • What is SRTS? <ul style="list-style-type: none"> ○ A policy plan & programmatic statement to get kids to walk/bike to school and to make it safer for them to do so. ○ 5 E's – Education, Encouragement, Enforcement, Engineering, and Evaluation ○ Walk audits are a good opportunity to get the conversation started on challenges and areas to improve. ○ Groups can circle areas on maps within .5 to 1 mile radius of the school to document. ○ It's important to work with city staff and school administrators when doing the audit. • Why SRTS? <ul style="list-style-type: none"> ○ SRTS encourages physical activity, increases safety, and improves indicators for school success such as attendance. ○ A district's wellness policy can support programs and proactively seeking funding. • SRTS Plan <ul style="list-style-type: none"> ○ A menu of what should be done to make walking/biking to school completely safe • Funding for SRTS through Caltrans <ul style="list-style-type: none"> ○ Sustainable Transportation Planning Grants – annually in August <ul style="list-style-type: none"> ▪ Funding for infrastructure, education, SRTS plans, complete streets, etc. Easier application but, as with ATP grants, cities/County must apply. Ideally districts and/or individual schools are included in grant applications. ▪ Planning grants can identify needs for future ATP grant applications. ○ Active Transportation Program (ATP) – every two years in June <ul style="list-style-type: none"> ▪ Larger funding opportunities that are administered through Caltrans ▪ Can fund infrastructure and education projects ▪ Cities/County must apply. If a district wants to apply on its own it must have a Master Agreement with Caltrans. In San Diego County, Chula Vista Elementary School District is the only district with a Master Agreement ▪ Projects related to schools must be located within 2-miles of a public school or public school bus stop, and students must be the intended beneficiaries. 	<p>Contact Kristin for help with a walk audit or information on eligibility for ATP funding:</p> <p>kristinhaukom@altaplanning.com</p> <p>Access the SRTS presentation here</p> <p>Access the Get It Done Mobile App Here:</p> <p>Android</p> <p>Apple</p>

	<ul style="list-style-type: none"> The City of San Diego has an app and a website (Get It Done) for residents to report infrastructure and safety issues within the City of San Diego. Issues are more likely to be resolved when large groups file a report, and if student safety is involved. 	
COI Updates Camellia Mortezaazadeh	<ul style="list-style-type: none"> Camellia gave an update on planning for Childhood Obesity Awareness Month (COAM) in September including the COI's partnership with YMCA branches to provide 5210 materials and resources to kids and families. If partners are interested in receiving free Y passes to distribute and having a 5210 display toolkit at their offices, please email Camellia at cmortezaazadeh@sdchip.org <ul style="list-style-type: none"> Participating partners will receive physical 5210 resources, 2-day passes to the YMCA to provide to children and families, and a social media toolkit The COI Healthcare Domain is working to bring together a Provider Advisory Council in September as part of COAM to hear from medical providers about the needs in clinical settings to address the consistently high rates of childhood obesity. Deirdre suggested including food insecurity screening in clinics, specifically in school-based health clinics, given the link between obesity and food insecurity. 	<p>For more information contact <i>Camellia Mortezaazadeh, COI Director</i> at cmortezaazadeh@sdchip.org</p>
Wellness Policy: Communication and Public Notification Deirdre Kleske	<ul style="list-style-type: none"> Deirdre led a discussion on communicating about wellness policies: requirements for inviting stakeholder participation in the wellness council, and notifying parents and the public about implementation progress. <ul style="list-style-type: none"> Many schools have web information on the school wellness policy and should include specific information (like a contact email) for how parents can get involved. School newsletters and Parent/Student handbooks should also include this information. You can find out more viewing the attached handout. 	<p>Access the handout HERE</p>