



Early Childhood Domain Meeting Minutes: June 25, 2019 from 10:00-11:30 a.m. San Diego Foundation – Raymond EBR 2508 Historic Decatur Rd #200 San Diego, CA 92106

Next Early Childhood Domain Meeting: August 27, 2019 from 10:00-11:30 a.m. SAY San Diego 4775 Viewridge Ave. San Diego, CA 92123

Attendees: Camellia Mortezazadeh, Heather Ransons, Keturah Swenson, Jourdan Bondurant, Laura Niksch, Jamie Moody, Megan Gietzen, Jamie Felice, Kim McDougal, Jake McGough, Vianey Perez Maldonado

Recorder: Megan Gietzen

	Topic/Issue	Discussion	Action
	Welcome/ Introductions	Kim McDougal led introductions.	
1.	Announcements	 YMCA CRS received a Kaiser grant to work on the Wellness Champion program in National City Jamie Felice provided an overview of the nurse home visit program provided by Nurse Family Partnership (NFP) and Maternal Child Health (MCH) Home Visitations This program provides nurse home visits for high-risk first-time moms prior to 28 weeks of pregnancy Services are also provided for moms beyond 28 weeks and postpartum on a case-by-case basis Jamie Moody provided a brief overview of services provided by the Dental Health Initiative/Share the Care including free oral health screenings for children ages 0-5 and parent education 	
2.	COI Updates	 Camellia provided updates on recent COI events and upcoming projects The COI held a forum on June 13 at Olivewood Gardens in National City, which had ~50 attendees who learned about the latest childhood obesity data and community and policy solutions The COI is currently planning messaging and activities emphasizing 5210 during Childhood Obesity Awareness Month in September Plans include a press release and press conference, 5210 message distribution at partner sites, and giveaways Legislation tracking – all 5 SSB legislation bills have been pulled or turned into 2-year bills that will be revisited in 2020 	
3.	Health Stars Vianey Perez Maldonado	 Health Stars is a free program offered by the Rady Children's Hospital Center for Healthier Communities. Through the program, pediatricians promote the importance of reading while also providing health education for low-income families with children ages 0-5. 	For more information contact Vianey Perez Maldonado at <u>VPerezMaldonado1@rchsd.org</u>





			• The program offers 5 sessions including sleep, nutrition, behavior & positive	
		•	parenting, illness prevention, and oral health as well as supplemental topics such as play, cooking, home safety & injury prevention, CPR, and child passenger safety The program also connects participants to resources through 2-1-1 Health Navigation referrals Rady Children's is currently looking for partners to host classes particularly for groups that are already established to enhance retention. Contact Vianey if you are interested.	
4.	Project Updates		 The COI team is working to finalize resources for higher education providers on the COI website Resource topics are based on the survey conducted in 2018 and include: role modeling active behaviors, screen time recommendations for children, farm to early care and education, support for breastfeeding and proper breast milk storage, developing feeding plans for infants, and oral health These resources will first be sent out to participants of the survey who requested additional resources along with an introductory letter The goal of this project is to provide higher education providers with quality, evidence-based resources to help supplement their curricula to include more content related to nutrition, physical activity, and obesity prevention 	Finalize resources on COI website for higher education providers and invite survey participants to access the webpage
5.	Group Discussion	•	The group briefly discussed future presentations including healthy screen time and how to use current screen time as an opportunity to get kids active (e.g., sesame street activity videos/role modeling) Attendees agreed to go dark for the July meeting	 COI Team Research speakers who can present on the importance of reducing screen time Send cancelation notice for July meeting