

<b>Meeting Minutes:</b> <b>Schools &amp; After-School Domain</b> <b>November 27, 2018, 2018: 2:30 p.m. – 4:00 p.m.</b> 2-1-1 San Diego 3860 Calle Fortunada, Room 114 San Diego, CA 92123	<b>Next Work Group Meeting:</b> <b>Schools &amp; After-School Domain</b> <b>January 15, 2019, 2018: 2:00 p.m. – 3:30 p.m.</b> Location is TBD
<b>Attendees:</b> Anali Rosales Garcés, Barbara Hughes, Beatrice Lomar, Deirdre Kleske, Dianne Bourque, Erika Hernandez, Jamie Felice, Judith Hays, Lori Gutierrez, Maritza Herrera, Michael Miller, Nidia Croce, (HHS) Cynde Lane (SD Children in Nature), Camellia Mortezaadeh, Dan Fesperman, Megan Gietzen, Nora Stewart (CHIP), Heather Ransons (YMCA CRS), Kimberly Eickholt, Carrie Adair, Jamie Moody, Michelle Dilley, Monika Jelic, Nia Acevedo, Rachel Kramer (UCSD), Linley (High Tech High Charter), Nina Ghatan (United Way), Paloma Perez (San Diego Hunger Coalition), Shohre Zahedi (Hygia Weight Loss & Nutrition), Trisha Daniel (The Children's Initiative), Vanessa Barnik (Kitchens for Good)	
<b>Recorder:</b> Lyndsey Tapia (CHIP)	
View previous work group presentations on the COI YouTube Channel: <a href="https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber">https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber</a>	

Topic/Issue	Discussion	Action
<b>Welcome</b>	<ul style="list-style-type: none"> <li>Deirdre Kleske led introductions.</li> </ul> <p><b>The Schools &amp; After-schools Domain workgroup meeting will be canceled in December.</b></p>	
<b>Announcements</b>	<ul style="list-style-type: none"> <li>SD Unified schools formed Wellness Committees in November, and are encouraged to have community partners on their committee. Interested attendees are asked to reach out by Friday, November 30.</li> <li>HASDIC listening session on November 29 which will focus on the impact of food insecurity on health. This will be an opportunity for organizations to provide input for the upcoming Community Health Needs Assessment to inform hospitals' services for addressing local health needs.</li> <li>ODPHP developed the Move Your Way campaign to share key recommendations from the second edition of the Physical Activity Guidelines for Americans, released in November 2018. Rather than a one-size-fits-all approach, Move Your Way emphasizes personalized, practical strategies that people can use to fit more activity into their busy lives, while clearly communicating the amount and types of physical activity Americans need to stay healthy.</li> <li>The San Diego Hunger Coalition released their 2018 Hunger Free Kids baseline report. This report is the first to take a deep look at San Diego's efforts to feed more kids through federally funded child nutrition programs and was created with the goal of applying data-driven approaches to ending hunger.</li> <li>CHIP's Farm to Institution Center recently released the State of Farm to School report which provides a countywide assessment of school food procurement and farm to school activities. The</li> </ul>	<p>To view the second edition of the Physical Activity Guidelines for Americans: <a href="https://sdcoi.org/wp-content/uploads/2018/12/Physical_Activity_Guidelines_2nd_edition.pdf">https://sdcoi.org/wp-content/uploads/2018/12/Physical_Activity_Guidelines_2nd_edition.pdf</a></p> <p>To view the Hunger Free Kids Report: <a href="https://static1.squarespace.com/static/55130907e4b018f9300f3e63/t/5bd095b1f4e1fc2e82480be1/1540396474833/HFK+Report+for+email.pdf">https://static1.squarespace.com/static/55130907e4b018f9300f3e63/t/5bd095b1f4e1fc2e82480be1/1540396474833/HFK+Report+for+email.pdf</a></p> <p>To view the 2016-17 State of Farm to School report: <a href="https://f2icenter.org/wp-content/uploads/2018/09/FINAL-F2S-Report-1.pdf">https://f2icenter.org/wp-content/uploads/2018/09/FINAL-F2S-Report-1.pdf</a></p>

	report measures farm to school participation and progress from the report's baseline year, identifies common needs and concerns, and recommends opportunities to systematically strengthen and expand farm to school activities.	
<b>What's in a Wellness Policy: Social and Emotional Health!</b>  Jamie Felice and Lori Gutierrez	<ul style="list-style-type: none"> <li>• Social, emotional and mental health are all very important components in students and staff wellness throughout the school districts, however, it is not a required to be incorporated into school wellness policies.</li> <li>• Included in the What's in a Wellness Policy resource sheet are local resources and model language from the Live Well San Diego Tools for Schools toolkit model wellness policy. Bullying is one topic that is required by the schools to include how they will address this issue, decrease and prevent it.</li> <li>• Central and North Central region HHSA Public Healthlink Nurses, Jamie Felice and Lori Gutierrez shared that HealthLink is the connection between public health nursing in the county to the community. HealthLink Public Health Nurses also work with schools and districts to address health and wellness issues interfering with school attendance or performance.</li> </ul>	<p>To view Social and Emotional Health resource sheet: <a href="https://sdcoi.org/wp-content/uploads/2018/08/Social-Emotional-Resources-and-Model-Language.pdf">https://sdcoi.org/wp-content/uploads/2018/08/Social-Emotional-Resources-and-Model-Language.pdf</a></p> <p>To view the San Diego County Suicide Prevention Council's Support Recourses- A Quick Guide for Schools: <a href="http://www.sdchip.org/wp-content/uploads/2018/06/SPC-Suicide-Prevention-Support-Resources-Quick-Guide-for-Schools-2018-6-12-18.pdf">http://www.sdchip.org/wp-content/uploads/2018/06/SPC-Suicide-Prevention-Support-Resources-Quick-Guide-for-Schools-2018-6-12-18.pdf</a></p>
<b>SchoolLink</b>  Mike Miller	<ul style="list-style-type: none"> <li>• Mike Miller, Behavioral Health Program Coordinator with San Diego County HHSA presented on the new SchoolLink training program which provides an overview of SchoolLink, standardized tools, resources and best practices for connecting students to care throughout an 11 module course.</li> <li>• SchoolLink was developed through collaboration between the County of San Diego, San Diego Unified School District, Community Research Foundation, Price Philanthropies and was informed by stakeholder input and best practices at local schools.</li> <li>• To learn more about SchoolLink and to view the modules visit: <a href="https://theacademy.sdsu.edu/bheta-schoolink/#/menu/5b1058975336621b30dfcd5b">https://theacademy.sdsu.edu/bheta-schoolink/#/menu/5b1058975336621b30dfcd5b</a></li> <li>• To view the presentation on SchoolLink, please find the PowerPoint link in the action section.</li> </ul>	<p>To view the SchoolLink presentation: <a href="https://sdcoi.org/wp-content/uploads/2018/12/Power-Point-of-Schoolink.pdf">https://sdcoi.org/wp-content/uploads/2018/12/Power-Point-of-Schoolink.pdf</a></p>
<b>COI Updates</b>  Dan Fesperman	<ul style="list-style-type: none"> <li>• Dan will be transitioning from the Director of the COI and moving with his family to the East Coast and Camellia Morteazadeh will be filling Dan's position as the Program Director. In addition, Megan Gietzen will be taking over the Manager Position for the COI.</li> </ul>	<p><b>Camellia Morteazadeh, COI Director</b> <a href="mailto:cmorteazadeh@sdchip.org">cmorteazadeh@sdchip.org</a></p>

	<ul style="list-style-type: none"> <li>• COI is currently in the process of looking to do an update to the State of Childhood Obesity Report. The County HHSA worked with California Department of Education (CDE) to gain access to individual level obesity data which will allow the tracking of children across school districts from year to year using their student ID. The focus of this report will mostly be focused on this data. Camellia and Megan will be overseeing that process with epidemiologist in the Disease &amp; Health Equity Unit at the County.</li> <li>• The Healthcare Domain has been planning a provider training focused on the Baby Behavior Training modules that were created by Jane Heinig with UC Davis Human Lactation Center. The provider training is set to occur within quarter one of 2019, however, a specific date has not yet been identified. Kathleen Merchant spoke with Jane Heinig and Kim Elkins about the baby and toddler behavior training. Jane would be providing the toddler behavior training while Kim would provide a training on baby feeding cues.</li> <li>• This training will be focusing on engaging medical provider staff, nursing staff, medical assistants, and office staff that have interaction with patients. The training will be located at 2-1-1 Connections Center.</li> </ul>	<p><b>Megan Gietzen, COI Manager</b>  <a href="mailto:mgietzen@sdchip.org">mgietzen@sdchip.org</a></p>
<p><b>Project Updates</b></p> <p>Deirdre Kleske</p>	<ul style="list-style-type: none"> <li>• Chula Vista Elementary school district wellness implementation assessment project is currently in progress. The school wellness leads are learning how to use the Alliance for a Healthier Generation tool to assess their school campuses. This month and next month consist of observations on select school campuses. Heather Cruz is managing the project very well and it is going smoothly. The observations should be complete and reported out on by Spring 2019 with the results.</li> </ul>	