



Schools & After-school Domain Meeting Minutes: February 19 2019 from 2:00-3:30 p.m.

> 2-1-1 Connections Center, Room 113-114 3860 Calle Fortunada, San Diego CA, 92123

**Next School & After-school Domain Meeting:** 

March 19, 2019 from 2:00-3:30 p.m.

 $\label{lem:community} \textbf{Community Room 3795 Fairmount Ave.}$ 

San Diego, CA 92105

Attendees: Camellia Mortezazadeh (CHIP), Carina Villaneda, Clarissa Boer, Danielle Isola, Deirdre Kleske, Erika Hernandez, Jamie Felice, KellyAnne Rodriguez, Lori Gutierrez, Maritza Herrera, Nidia Croce, (HHSA), Emily Coldiron (CoachArt), Heather Cruz (CVESD), Heather Ransons (YMCA CRS), Jamie Moody (UCSD), Janelle Manzano (SDUSD Food & Nutrition Services), Rosa Carney (Lemon Grove HEAL Zone), Shohre Zahedi (Hygia Weight Loss & Nutrition), Trisha Daniel (The Children's Initiative)

Recorder: Lyndsey Tapia

Topic/Issue	Discussion	Action
Welcome/ Introductions	Deirdre led introductions	
1. Announcements	<ul> <li>The Annual Give Kids a Smile event is on February 23 from 8:30am-12:00pm. Free dental screening, sealants and fluoride varnish treatments will be offered throughout the County for children ages 1-18. Kindergarteners can get a free oral health assessment screening for school. Contact Jamie Moody for more information.</li> <li>Kaiser Permanente has releases their Community Benefit Funding for projects focusing on obesity and physical activity. The funding amount is \$25,000 and emphasizes partnerships and collaborations. Camellia will meet with the community benefits coordinator to learn more. COI would like to collaborate with interested partners.</li> <li>Lemon Grover Farmers Market, held every Thursday from 3:00-7:00 pm. is looking for vendors and local farm growers to continue to be a part of the farmers market. If interested or know of any local farm growers that would be interested, contact Rosa Carney.</li> <li>The Lemon Grove Community Garden will host its grand opening on March 30<sup>th</sup> from 9:30am-11: 30am. For more information visit: <a href="https://www.lemongrovecommunitygarden.us/">https://www.lemongrovecommunitygarden.us/</a></li> <li>On Thursday, March 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, and April 4<sup>th</sup>, from 9:30-11:00am The Lemon Grove HEAL Zone will host Healthy Food, Healthy Choices nutrition classes at the Lemon Grove Library. To view the flyer click here: <a href="https://sdcoi.org/wp-content/uploads/2018/01/LEMON-GROVE.png">https://sdcoi.org/wp-content/uploads/2018/01/LEMON-GROVE.png</a></li> <li>On Thursday, March 15<sup>th</sup> from 10:00-11:30 am, CHIP's Farm to Institution Center in partnership with Health Care Without Harm will host a California Food as Medicine Webinar. Attendees will hear from speakers implementing new initiatives centered on food, and share best practices towards shaping better patient meals. To register, followthis link: <a href="https://www.eventbrite.com/e/california-food-as-medicine-webinar-a-recipe-for-health-tickets-56522360903">https://www.eventbrite</a></li></ul>	
2. COI Updates	On February 27 from 9-10am Circulate San Diego will host a media conference to launch the Vision Zero Toolkit in partnership with COI, and Alta Planning. There will also be brief highlighting intersections that are highest priorities within South County and Imperial Beach. Circulate plans to have several events showcasing specific regions of the county.	





- Later that evening, Circulate will host a Mix & Mingle to celebrate the release. Everyone is welcome so be on the lookout for more details.
- On March 20<sup>th</sup> from 11 am 2 pm a free Healthcare Provider Training will be held by COI and Healthy San Diego, at 2-1-1 Connections Center. Dr. Jane Heinig from UC Davis' Human Lactation Center will present a toddler behavior and feeding cue training
- On that same day the COI, in partnership with the YMCA CRS and Neighborhood House Association, will host a similar training fro 2:30 -5 pm for Early Childcare providers. Notices will be sent out.
- The Annual COI Strategic Planning Retreat took place on February 8<sup>th</sup>. A main topic for discussion was on future areas of focus for the the COI. Major takeaways will be shared after the report is presented at the March COI Leadership Council meeting.

# 3. Partners Program Overviews

- In previous meetings the workgroup discussed the benefits of learning more about partner organizations in the work group. This month we are providing time for some partners to share about their organization's services and resources, with a goal of making more connections within the workgroup.
- Included were partners from the County of San Diego Health and Human Services Agency: Oral Health Programs, and the Community Health Promotion Specialists, the Nutrition Educators from the Nutrition Education and Obesity Prevention (SNAP-Ed) Program, and the Health Link Public Health Nurses in the six County of San Diego Regions.
- The focus of each of these partners is to further the vision of *Live Well San Diego* by working to improve the health, safety, and self-sufficiency of school-aged youth, families, and communities of San Diego County.

### Oral Health Programs with HHSA / Share the Care Program

- Jamie Moody and Nidia Croce presented information on the County's Oral Health Programs, which include the Share the Care program and the Local Oral Health Initiative.
- Services include: oral Health assessments for ages 1-5, Kinder-1<sup>st</sup>, as well as homeless and foster youth; oral health education for pregnant women and parents; and oral health education on school sites. Oral health problems are a leading cause of student absenteeism so schools are a good place for these interventions to take place.

### **Community Health Promotion**

Community Health Promotion Specialists KellyAnne Rodriguez and Maritza Herrera, along with graduate student Danielle Isola, hared a presentation based on the services provided throughout each County Region, which differ slightly be Region based on community need. Services include: participation on school district wellness committees, help revising and implementing wellness policies, provide classroom presentations, field trips, and participate in wellness events. They support the Resident Leadership Academies, the Regional Leadership teams, and other services. For contacts and to learn more click here: <a href="https://sdcoi.org/wp-content/uploads/2018/01/COI-Mini-.pptx">https://sdcoi.org/wp-content/uploads/2018/01/COI-Mini-.pptx</a>

## **NEOP (Nutrition Education Obesity Prevention**





• Erika Hernandez represented the NEOP Nutrition Educators in each Region who provide classes and school assemblies and participate in events throughout the county in schools and communities that are NEOP eligible. For schools that means at least 50% of students are eligible for the Free and Reduced Price Meal Program. They work on policy systems and environmental changes in schools and the community, and participate on wellness committees.

#### **Health Link**

Public Health Nurses Jamie Felice and Lori Gutierrez presented on behalf of the Health Link program.
 They were joined by fellow HealthLink nurses Clarissa Boer and Carina Villaneda. The role of Health Link is to collaborate with other County programs, and connect school district and community members and partners to needed services. In this role they work closely with school district nurses, and also participate on wellness communities and get involved in wellness events as much as their time allows. For contacts and to learn more click here: <a href="https://sdcoi.org/wp-content/uploads/2018/01/COI-HealthLink-slides-02.19.19.pptx">https://sdcoi.org/wp-content/uploads/2018/01/COI-HealthLink-slides-02.19.19.pptx</a>