



Schools & After-school Domain Meeting Minutes:	Next School & After-school Domain Meeting:		
March 19, 2019 from 2:00-3:30 p.m.	April 16, 2019 from 2:00-3:30 p.m.		
City Heights/Weingart Branch Library, Community Room	College Rolando Branch Library, Community Room		
3795 Fairmount Ave.	6600 Montezuma Rd.		
San Diego, CA 92105	San Diego, CA 92115		
Attendence Camellin Martenandeh (CHID), Anali Perales, Carces, Parhara Hughes, Pentrical emar, Carina Villaneda, Claricsa Peer, Daniella Isela, Dairdre Klecke, Frika			

Attendees: Camellia Mortezazadeh (CHIP), Anali Rosales-Garces, Barbara Hughes, Beatrice Lomar, Carina Villaneda, Clarissa Boer, Danielle Isola, Deirdre Kleske, Erika Hernandez, KellyAnne Rodriguez, Lori Gutierrez, Maritza Herrera, Nidia Croce, (HHSA), Heather Cruz (CVESD), Heather Ransons (YMCA CRS), Jamie Moody (UCSD), Janelle Manzano (SDU Food & Nutrition Services), Rosa Carney (Lemon Grove HEAL Zone), Trisha Daniel (The Children's Initiative) Recorder: Lyndsey Tapia

Topic/Issue	Discussion	Action
Welcome/ Introductions	Deirdre led introductions	
1. Announcements	<ul> <li>San Diego Unified Wellness Council meetings are held the 2nd Monday of every month from 3-4:30 at the Education Center in University Heights.</li> <li>The COI is excited to announce its first annual Partner Mix &amp; Mingle event on the evening of Thursday, April 18, 2019 from 5:30 to 7:30 p.m. at Stone Brewing in Liberty Station – Garden Firepit Area. This event is open to all current and prospective partners as we celebrate 13 years of collective efforts to reduce and prevent childhood obesity in San Diego County. Light hors d'oeuvres will be provided and drinks and food will be available for purchase through Stone Brewing. Please RSVP by April 15<sup>th</sup>. An email invitation will be sent out to partners soon.</li> <li>The Dental Health Initiative/Share the Care program will be offering Oral Health 101 for Childcare Providers. There are various session dates and registration times, an email will be sent out including more information to share with your networks.</li> </ul>	
2. District-wide School Wellness Program Kate McDevitt	<ul> <li>The District Wellness Initiative pushes forth several different efforts including forming a council, district wellness policies, stakeholder engagement, assessments and implementation.</li> <li>The components of the District Wellness Initiative include: District Wellness Council, School Site Wellness Program, High school Wellness Centers, Wellness Integration in the Districts Central Offices, and Student Voice in Student Health.</li> <li>At several school sites there have been school wellness coordinators and school wellness committees which have provided support.</li> <li>SDUSD has released an Annual Wellness Report for the 2017-2018 school year which the findings were included in Kate's presentation.</li> <li>To view the presentation, click here https://sdcoi.org/wp-content/uploads/2019/04/19-0319-COI-SDUSD-Wellness-Initiative-2019.pdf</li> </ul>	





3. CO	I Updates		• On March 20 <sup>th</sup> in partnership with COI and Healthy San Diego, a free Healthcare Provider Training will be held at 2-1-1 Connections Center from 11am-2pm. Dr. Jane Heinig from UC Davis' Human Lactation	
		Cer	nter, has developed a toddler behavior and feeding cue training that she will be presenting to the	
		pro	oviders at the workshop. On that same day the COI in partnership with the YMCA CRS and NHA will be	
		hos	sting a similar training but more focused on Early Childcare providers, which will be held from 2:30-	
		5:0	Opm. Flyers are still being finalized and more information will be provided once logistics are	
		con	nplete.	
4. Ind	icators of	• Due	e to limited time, this discussion topic will be tabled for the next domain meeting.	
Pro	gress			
5. Tab	ole Topics		e following were table topics that were provided by the workgroup to discuss at future domain	
		me	etings.	
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		•	Awareness of Oral Health	
		•	Entertaining and engaging students	
		•	Parent Education and Engagement	
		•	Attending Wellness Meetings	
		٠	FRPM Participation	
		•	Healthy Celebrations	
		•	Food Insecurity Screening in School	
		•	Access to Food Programs- Breakfast, Summer, Support	
		•	Integrating Oral Health with Nutrition Education/Health	
		•	Increase School Nurse awareness of wellness	
		•	Stakeholders/ Community Involvement in Schools	
		•	Afterschool MVPA increase	
		•	Supper: Food waste solutions	
		•	More grocery store tours for parents- Partnerships?	
		•	Farm to school policy	
		•	Collaborations with school food services	
		•	How public health nurses can support	
		•	Engaging hard to reach populations - how to increase wellness in these groups	
		•	Transportation Barrier to engagement	
		•	Engaging Physicians in schools	
		•	Increasing PE time	
		•	Hearing from school site wellness leads	
		•	CEP Eligibility- Participation?	
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Recognizing school/district champions
Recess before lunch
Partnership with Rural sites
Sustainability of Wellness Policy
Assessment + Implementation at site
Interventions for PA at schools
Attendance + Health- access to healthcare
Safe Routes
Civic Engagement
Engaging/Administrative Buy in
Programs + resources for mental health
Support to district wellness councils
Consistent engagement of students