



Schools & After-school Domain Meeting Minutes:

January 15 2019 from 2:00-3:30 p.m.

American Red Cross- Classroom 1 3950 Calle Fortunada, San Diego CA, 92123 **Next School & After-school Domain Meeting:**

February 19, 2019 from 2:00-3:30 p.m.

2-1-1 San Diego 3860 Calle Fortunada, Room 114 San Diego, CA 92123

Attendees: Anali Rosales Garces, Angeles Nelson, Beatrice Lomar, Cam Petersen, Camellia Mortezazadeh, Trisha Daniel, Dan Petersen, Erika Hernandez, Jamie Moody, Janelle Manzano, Josh Bariuan, Kristen Haukom, Lori Gutierrez, Megan Gietzen, Melanie Moyer, Nicole Villa, Paige Metz, Paloma Perez, Rachel Kramer, Yuka Asada

Recorder: Lyndsey Tapia

Topic/Issue	Discussion	Action
Welcome/ Introductions	Deirdre led workgroup introductions.	
1. Announcements	• The Annual Give Kids a Smile event is on February 23 from 8:30am-12:00pm. Free dental screening, sealants and fluoride varnish treatments will be offered throughout the County for children ages 1-18. Kindergarteners can get a free oral health assessment screening for school. Contact Jamie Moody for questions and more information.	
2. What's in a Wellness Policy? Healthy Fundraising, Celebrations & Rewards	 The What's in a Wellness Policy? Resource sheet includes healthy fundraising resources, Healthy Classroom Party pledge resources, healthy celebration and health rewards resources, etc. The resource sheet also includes example policy language having to do with competitive foods, school-sponsored events, fundraisers, and birthday celebration. Find the What's in a Wellness Policy? Resource sheet here: https://sdcoi.org/wp-content/uploads/2018/08/Fundraising-Celebrations-Resources-and-Model-Language.pdf 	
3. Healthy Celebrations Rachel Kramer UCSD Center for Community Health	 Rachel provided an overview of the School Wellness program of <i>Live Well San Diego: Healthy Works</i>, which support the County of San Diego's vision to create a healthy, safe, and thriving community. There are currently 15 schools within 7 San Diego County school districts involved with the School Wellness program. The framework approach that is implemented through the School Wellness program includes Policy & Environment, Nutation Services, Nutation Education, and Physical Activity. The Healthy School Program assessment was conducted which included school site interviews with principals, PE teachers, etc. and did site observations during recess, PE class, and lunch time. To get a sense of whether or not the school is interested in continuing with the healthier celebrations. 	





	Based on the results of assessment, the program helps the school put together an action plan, recommend	
Melanie Moyer	schools to work with school cite wellness committees, and help draft the healthier celebrations policy and	
SD Unified School	recommend nonfood alternatives for birthday celebrations.	
District	For more information, please find the full presentation here:	
	https://sdcoi.org/wp-content/uploads/2019/02/Healthy-Celebrations-School-After-School-Domain-	
	Presentation.pdf	
	Melanie provided an overview of health celebration and school wellness policy from a nutrition services	
	department perspective.	
	She share resources such as the San Diego Unified School District Approved Smart Snack List, Food at School	
	Parties infographics, and the Healthy Celebrations Manual. There recourse are to help guide teachers, parents,	
	and school staff to shift the focus from unhealthy food to healthy fun.	
	All handouts that were mentioned in the presentation can be found at:	
	https://www.sandiegounified.org/competitiveoods	
	For more information, please find the full presentation here:	
	https://sdcoi.org/wp-content/uploads/2019/02/Healthy-Celebrations-School-Wellness-Presentation-for-	
	<u>Childhood-Obesity.pdf</u>	
4. Project	Kristin provided an update on the Safe Routes to School and Vision Zero project efforts that are incorporated	
Updates- SRTS/	in the domain workplan.	
Vision Zero	 SRTS is a strategy to encourage students to walk and bike to school utilizing the six "E's" 	
	Education, Encouragement, Enforcement, Evaluation, Engineering, and Equity.	
Kristin Haukom	Kristin shared the San Diego Regional Safe Routes to School + Vision Zero maps which highlight the	
Alta Planning +	intersections where there are the highest pedestrian deaths and showing how close the collision deaths have	
Design	been in relation to schools within the vicinity.	
	These one-pages will help to inform stakeholders about COI's SRTS + Vision Zero effort. Help to work with	
	partners to get cities and County to go after ATP funding for SRTS + Vision Zero Projects. In addition to	
	supporting ATP SRTS + Vision Zero applications.	
	For more information, please find the full presentation here:	
	• https://sdcoi.org/wp-content/uploads/2019/02/Vision-Zero-SRTS_SAS-Domain_011519.pdf	
5. COI Updates	Camellia provided updates on the other domain workgroup upcoming projects and efforts. The COI staff will	
	continue to do this to help increase the awareness of other current domain work and potentially increase	
	cross-domain collaboration.	