

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
October 23, 2018**

Attendees: Casey Mackereth, Dan Fesperman, Heather Ransons, Joan Vrielink-Capito, Jonnelle Kershner, Kim Elkins, Kimberly Mai, Lisa Bandong, Natalie Svistoonoff, Nidia Croce, Penny Alder, Shana Wright

Recorder: Lyndsey Tapia

AGENDA ITEM	DISCUSSION	ACTION ITEMS
1. Introductions	<ul style="list-style-type: none"> Dan opened the meetings and led introductions. 	
2. COI Updates Dan Fesperman	<ul style="list-style-type: none"> The COI has been collaborating with Cal Walks and Bayside Community Center to host a Safe Communities and Environmental Change Forum on Monday, November, 5th from 5:00-7:00pm. The concept of the forum will be about helping support active transportation and safe streets. Cal Walks will be facilitating the forum by discussing ways to incorporate the community and infrastructure changes that can be made to create a safer community environment. There will be a nighttime walk audit in areas that are perceived to be unsafe in order for the community to utilize and advocate for change. There will be translation support available in Spanish and Vietnamese. The Early Childhood Domain workgroup took a field trip last month to visit two of the CDA Child Development Associates' unique preschool locations including CDA Hilltop Child Development Center and CDA Parks Child Development Center. The workgroup learned about the CDA's experience creating dynamic outdoor learning environments in partnership with Rooted in Place Landscape Architecture and Consulting. The CACFP Roundtable Conference took place on October 14-17 in Anaheim. The roundtable talked about infant and toddler feeding style and how breastmilk is considered a reimbursable meal. The COI Program Assistant along with three COI partners, Heather Ransons with YMCA CRS, Rynna Herwehe with AKA Head Start, and Shana Wright-Bruno with UCSD Center for Community presented during one of the breakout sessions. Lyndsey presented on the San Diego County Childhood Obesity Initiative and the initiatives collective impact efforts throughout all domains, specifically the Early Childhood Domain. Heather presented on the Quality Preschool Initiative (QPI) and how they implemented menu revisions, parent workshops on nutrition, she also talked about feeding environment and how to modify family style. Shana shared about the Breastfeeding San Diego Project and the collaboration between partners and how providers can incorporate these efforts into their practices by featuring training videos and toolkits that can be used. Rynna shared about the Nutrition Family Wellbeing Project which encompasses parents and center directors. She also went over how the project went and best practices. Unfortunately, the session was not as well attended as hoped, but was impactful to the individuals who attended. The Healthcare Domain has been planning a provider training focused on the Baby Behavior Training modules that were created by Jane Heinig with UC Davis Human Lactation Center. The provider training is set to occur within quarter one of 2019, however, a specific date has not yet been identified. Kathleen Merchant spoke with Jane Heinig and Kim Elkins about the baby and toddler behavior training. Jane would be providing the toddler behavior training while Kim would provide a training on baby feeding cues. This training will be focusing on engaging medical provider staff, nursing staff, medical assistants, and office staff that have interaction with patients. The training will be located at 2-1-1 Connections Center. 	<ul style="list-style-type: none"> Lyndsey bring baby behavior training videos to meeting and share.

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<p>3. Higher Education Survey</p>	<ul style="list-style-type: none"> • The workgroup developed a survey to evaluate what is being taught throughout the Community College higher education early childhood courses around physical activity, nutrition, and childhood obesity. • The survey was sent out on Monday to all full-time and part-time faculty and will run for five weeks long. So far four people have completed the survey. The final survey results will be shared soon after November. 	
<p>4. Partner Announcements</p>	<ul style="list-style-type: none"> • The Dental Health Initiative Share the Care program is a public-private partnership between the County of San Diego Health and Human Services Agency (HHS), the San Diego County Dental and Dental Hygienists' Societies, and the San Diego County Dental Health Coalition and is focused on optimizing oral health for children of San Diego County. They provide no-cost dental care for pregnant women and children ages 0-5 years, preventive services in neighborhood-based programs, resources and materials for parents, children, educators, care providers, and community-based organizations, free or reduced-cost emergency dental care for children of families with limited resources through a network of pro-bono dentists, and technical support and community mobilization. They also work with AKA Head Start and Early Head Start by providing screenings at preschool sites. 	

**Next Meeting: November 27, 2018
Location: 2-1-1 Connections Center**