

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
November 27, 2018**

Attendees: Camellia Mortezaadeh, Dan Fesperman, Halle Walsh, Jamie Moody, Jubilee Hoover, Judith Hays, Kim Elkins, Kim McDougal, Kimberly Eickhott, Kimberly Mai, Laura Nicksch, Lisa Bandong, Megan Gietzen, Olivia Nolan, Rynna Herwehe, Sana Wright

Recorder: Lyndsey Tapia

AGENDA ITEM	DISCUSSION	ACTION ITEMS
The Early Childhood Domain workgroup meeting will be canceled in December.		
1. Introductions	<ul style="list-style-type: none"> Dan opened the meetings and led introductions. Dan will be transitioning from the Director of the COI and moving with his family to the East Coast and Camellia Mortezaadeh will be filling Dan's position as the Program Director. In addition, Megan Gietzen will be taking over the Manager Position for the COI. 	
2. COI Updates Dan Fesperman	<ul style="list-style-type: none"> COI is currently in the process of looking to do an update to the State of Childhood Obesity Report. The County HHS worked with California Department of Education (CDE) to gain access to individual level obesity data which will allow the tracking of children across school districts from year to year using their student ID. The focus of this report will mostly be focused on this data. Camellia and Megan will be overseeing that process with epidemiologist in the Disease & Health Equity Unit at the County. The COI works to bring together all programs under the Early Childhood domain, and it would be a good opportunity to gather data that looks at a broad range of early childhood indicators to not just including BMI but the rate of families that have access to health care, height and weight, percentage of babies being breastfed, breastfeeding rates, medical insurance, etc. A subset of the domain members will get together in December to go over available data and plan for the SOCO report update. 	<ul style="list-style-type: none"> Set up meeting with subset of EC domain members to go over available data and plan for the State of Childhood Obesity update Attendees who have available data, send list with the type of data to COI staff.
3. Baby and Toddler Behavior Training for Providers	<ul style="list-style-type: none"> The COI is in the process of planning a provider training through the Healthcare Domain. Originally the training was specifically going to be focused towards healthcare provider staff on some of the baby behavior basics around feeding. Since Jane will be down in San Diego around March for this training, it would be a great opportunity to have to provide an early childcare provider training. If the workgroup thinks it's a good idea and we hear back from Kathleen about specific dates, the group will move forward with planning the training as a potential forum either the day before or after the Healthcare Provider training. If it doesn't work out in this setting, the COI has talked about hosting the training in a webinar platform. The NHA has auditorium setting that should hold about 300 people. Live Well Center in Escondido might be a good location. 	
4. Workgroup Update	<ul style="list-style-type: none"> As mentioned previously, the opportunity to gather data that looks at a broad range of early childhood indicators aside from BMI measures is the effort moving forward. Identifying data that shows access to health care, height and weight, percentage of babies being breastfed, breastfeeding rates, medical insurance, etc. will continue to be collected. The subset group will work to compile the data and brainstorm ways to include in the SOCO report. 	<ul style="list-style-type: none"> COI staff connect with Kathleen Merchant on WIC data – ask if she is

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	<ul style="list-style-type: none"> • There are currently no updates on the City libraries and what the main contact person is, due to the frequent turn over. Once a person of contact is identified, Kate will provide an update. • The workgroup developed a survey to evaluate what is being taught throughout the Community College higher education early childhood courses around physical activity, nutrition, and childhood obesity. The survey was sent out the end of October to all full-time and part-time faculty and will run for five weeks long. There were a total of 13 respondents. All said they were teaching about physical activity to some level, half were talking about childhood obesity, 9 out of 13 reported that they teach nutrition and they all provided their email address signifying they are interested in supplemental resources. More report will be in the future after the analysis. • There were five different community college representatives who responded. Olivia Nolan has volunteered to compile the data and put together a presentation on the data for a future workgroup meeting. 	<p>able to provide analyses.</p> <ul style="list-style-type: none"> • Kim revisit connecting with library staff once the full-time contact is back re: after-school programming and being breastfeeding friendly.
<p>5. Partner Announcements</p>	<ul style="list-style-type: none"> • February 23 free fluoride varnish at seven clinics throughout San Diego County. Particularly for lower income families and children age four years or older. Flyers will be coming soon. • NHA requires each of their centers to go through workshops pertaining to oral health education. Laura connect with Jamie Moody about UCSD providing information. • The newest Physical Activity Guidelines for Americans was released and different from the previous guidelines, this edition includes guidance for preschool age children (ages 3 through 5years). 	<ul style="list-style-type: none"> • Lyndsey send out Physical Activity Guidelines for Americans

Next Meeting: January 22, 2018