

Meeting Minutes: Schools & After-School Domain Work Group September 18, 2018, 2018: 2:00 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Room 114 San Diego, CA 92123	Next Work Group Meeting: Schools & After-School Domain October 16, 2018, 2018: 2:00 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Room 114 San Diego, CA 92123
Attendees: Adrianna Moore (Point Loma Nazarene University), Anali Rosales Garcés, Beatrice Lomar, Danielle Isola, Deirdre Kleske, Dianne Bourque, Erika Hernandez, Jamie Felice, Kim Mai, Melissa Roberts, Nidia Croce, Tom Olinger, (HHSA), Casey Mackereth (Harden + CO), Corinne McCarthy, Paige Metz (SDCOE), Dana Henderson (Feeding San Diego), Heather Berkoben (Dairy Council of CA), Heather Cruz (CVESD), Jake McGough (YMCA CRS), Anthony Proia, Jamie Moody (UCSD), Janelle Manzano (SDU Food & Nutrition Services), Leah DeGuzman (Children's Initiative), Paloma Perez (SD Hunger Coalition), Priscilla Hegger (Rady Children's Hospital), Staci Boretzky (Alliance for a Healthier Generation), Stella Weaver (UCCE), Yuka Asada (University of IL Chicago) Recorder: Lyndsey Tapia (CHIP)	
View previous work group presentations on the COI YouTube Channel: https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. Susana led an icebreaker activity for the workgroup. 	
Announcements	<ul style="list-style-type: none"> UCSD Center for Community Health released their new Harvest of the Month calendars. For more information or to obtain poster copies, please contact Kate Edra at kedra@ucsd.edu The Annual Summit on School Engagement and Attendance will be on October 12, with a resource fair from 9-10 am that several work group partners will participate in. This event audience is school administrators, counselors, school nurses, and other community partners. 	
What's in a Wellness Policy: After School Wellness! Jake McGough	<ul style="list-style-type: none"> Some programs use policies to define the types of foods allowed to be served, while others may set requirements for minimum number of physical activity minutes during program hours. Many policies also focus on staff wellness to emphasize healthy role-modeling. In 2015 the <i>Live Well San Diego</i> school wellness team analyzed Local School Wellness Policies (LSWP) for all districts in San Diego County using the Wellness School Assessment Tool (WellSAT) to evaluate the comprehensiveness and strength of LSWPs. Some recommended best practices are to form a Wellness Committee, ensure various stakeholders are present, include district level facilitators, and use the WellSAT scorecard to improve the policy. The "What's in a Wellness Policy? After-School Wellness!" resource sheet includes local resources as well as model policy language from YMCA, Afterschool Alliance, and Alliance for a Healthier Generation. Find the 	<ul style="list-style-type: none"> Access all "What's in a Wellness Policy?" resource sheets here: https://sdcoi.org/wp-content/uploads/2018/08/After-School-Resources-and-Model-Language-2.pdf Deirdre to add oral health as a policy priority

	resource sheet here, https://sdcoi.org/wp-content/uploads/2018/08/After-School-Resources-and-Model-Language-2.pdf	(on list on the back of the agenda).
Workgroup Project Updates Support for Wellness Policy Assessment Deirdre Kleske Heather Cruz Casey Mackereth	<ul style="list-style-type: none"> All schools participating in the National School Lunch Program are required to have a school wellness policy. There are a total of 42 districts required to have a policy, implement the policy and assess progress in meeting those goals. The Schools & After-School domain decided to focus on providing assessment resources and encouragement to school districts in San Diego County. One of the first ways of providing support was a workshop in February to present a number of assessment tools and resources along with best practices, with 23 of the 42 school districts represented. The next step was to offer support to one school district to perform this assessment, and gain knowledge and experience to share with other school districts. Chula Vista Elementary School District, the largest elementary district in the state, was chosen for the assessment. Heather Cruz is one of the wellness leads in the district and is an active member of the Schools & After-school Domain. Onsite observations and the Alliance for a Healthier Generation's online Healthy Schools Program assessment tool will be used. Harder + Co, the County contractor evaluating impact of the COI overall, will design the observation tool, help implement the assessments, analyze the results, and provide a report. The school site wellness leads will take the lead completing the online assessment for their schools. Observations will be done at 10 different school sites (including two with preschools) to assess the nutrition and physical activity environments. The project goal is to identify differences in schools based on variables, gain lessons learned, and provide recommendations for other districts. <p>Many Domain work group partners are collaborating on this project in a demonstration of the strength of the COI collective impact model.</p>	
Workgroup Project Updates Jake McGough, YMCA CRS	<ul style="list-style-type: none"> Jake works for YMCA Childcare Resource Service (CRS), focusing on healthy childcare and preschool environments. More recently he has begun leading the organization's efforts to improve the nutrition environment in YMCA after-school settings. Supporting these efforts is what our work group's Healthy After-School Programs project is all about. 	

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| | <ul style="list-style-type: none">• There are approximately 16,000 children and youth served daily by the YMCA in nearly 200 out-of-school time programs.• The YMCA provided a Building Healthy Foundations Assessment to each of the 52 YMCA licensed after-school sites throughout the county to evaluate areas such as parent engagement, physical activity, screen time, and food and beverages being served.• A total of 22 completed assessments were turned in. Half were completed by program directors and others were filled out by the site supervisors.• Common themes that came out of the assessment tool were a need for support to implement family style meals (where the children serve themselves with limited help from adults), engaging parents/caregivers using informational materials and/or activities focused on healthy eating and physical activity a minimum of once a quarter each year, and a updating the handbook and policies.• Site supervisors are asking for healthy food shopping lists to take with them to the store. Additionally, the YMCA is exploring using a federal meal program called CACFP so the Y can be reimbursed for after-school meals served to students eligible for free and reduced priced meals.• Next steps , the School-Age care environment rating scale, contains 42 components to assess space and furniture, health and safety, activities, interactions, program structure, and staff development.• The YMCA is utilizing this as a coaching tool and will be conducting site visits to observe components and review with the site supervisors.• The goal is to assess all 52 license programs by the end of the program year. | |
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COI Updates	<ul style="list-style-type: none"> • The COI will be working with Cal Walks and Bayside Community Center to host a “safe communities and environmental change forum” on an evening in early November. There will be a nighttime walk audit in areas that are perceived to be unsafe. The concept of the forum will be about helping support active transportation and safe streets. • There might be translation support available in Spanish and Vietnamese. The County has translation equipment if needed. • Cal Walks will be facilitating the forum and Bayside will be providing staff. More updates will be reported out at the next meeting. • The Healthcare Domain is working on providing a Baby and Toddler training which will mainly focus on helping providers and staff talk with parents about feeding/hunger cues. The workgroup has been working in conjunction with the health plans and Healthy San Diego. The training will take place at 211 in the first quarter of 2019. More details to come. • The COI is interviewing for the Manager position. Almost 200 applications were received. • The COI will be presenting in conjunction with three other COI partners at the CACFP Roundtable Conference in Anaheim on October 15-17. The panel will include Heather Ransons with YMCA CRS, Shana Wright Bruno with UCSD Center for Community Health, and Rynna Herwehe with AKA Head Start. 	
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