

<b>Meeting Minutes:</b> <b>Schools &amp; After-School Domain Work Group</b> <b>August 21, 2018, 2018: 2:30 p.m. – 4:00 p.m.</b> Serra Mesa Kearny Mesa Public Library 9005 Aero Drive, Community Room San Diego, CA 92123	<b>Next Work Group Meeting:</b> <b>Schools &amp; After-School Domain</b> <b>September 18, 2018, 2018: 2:30 p.m. – 4:00 p.m.</b> 2-1-1 San Diego 3860 Calle Fortunada, Room 114 San Diego, CA 92123
<b>Attendees:</b> Adi Wyshograd (EUSD), Anali Rosales, Beatrice Lomar, Deirdre Kleske, Dianne Bourque, Erika Hernandez, Judith Hays-Zavala, KellyAnne Rodriguez, Lori Gutierrez, Mary Sadile, Thomas Olinger, Vivian Paroj (HHSA), Corrie Adair, Shana Wright-Bruno (UCSD), Dan Fesperman, Megan Schwarz, Nora Stewart, Susana Lopez-Adolph (CHIP), Dana Henderson (Feeding San Diego), Heather Berkoben (Dairy Council of CA), Jaime Moody (UCSD), Kate McDevitt (SDUSD), Kim Speckhahn (North County Health Service WIC), Kristin Gonzalez, Leah DeGuzman (The Children's Initiative), Priscilla Heggler (Rady Children's Hospital) <b>Recorder:</b> Lyndsey Tapia (CHIP)	
View previous work group presentations on the COI YouTube Channel: <a href="https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber">https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber</a>	

Topic/Issue	Discussion	Action
<b>Welcome</b>	<ul style="list-style-type: none"> <li>Deirdre Kleske led introductions.</li> </ul>	
<b>Announcements</b>	<ul style="list-style-type: none"> <li>The Good Food Showcase will on Monday, September 17<sup>th</sup> from 11:30am – 5:00pm in Escondido at the California Center for the Arts (340 N Escondido Blvd, Escondido, CA 92025). This year, the showcase will include a local food marketing panel discussion and key farming insights with Eric Larson. Overall, there will be a total of ten speaker panelists including a local food trade show. Registration is now open and event details can be found at <a href="http://www.gfs2018.eventzilla.net">www.gfs2018.eventzilla.net</a>.</li> <li>Dairy Council of California has hired someone to oversee the Orange County regions and Heather B. will now be managing all of the San Diego County efforts.</li> <li>Rady Children's Hospital recently received a grant which will allow them to distribute car seats to low income families. There are a total of 100 car seats and each family is limited to one per household. The families are required to show proof of low income status. Contact Priscilla at <a href="mailto:proedel@rchsd.org">proedel@rchsd.org</a>.</li> <li>Some of the COI partners attended the 9th District PTA board meeting along with 16 councils around the county. They presented an overview of the Schools &amp; After-school Domain focus areas, healthy fundraising, Safe Routes to School, and the District Wellness Policy Committee they also provided a linked to the Tools for Schools toolkit and the State Of Childhood Obesity Report.</li> <li>The San Diego County Breastfeeding Coalition is seeking to immediately fill the position of a Part-Time Administrative Coordinator. A cover letter and resume should be submitted to Kim Speckhahn, at <a href="mailto:kims@breastfeeding.org">kims@breastfeeding.org</a> by <b>Tuesday, September 11, 2018.</b></li> </ul>	

	<ul style="list-style-type: none"> <li>Deirdre has accepted a position with the San Diego Hunger Coalition part time as the Director of Strategic Initiatives. She will still be working part-time with the County but will now be splitting both roles.</li> </ul>	
<p><b>What's in a Wellness Policy: Lactation Accommodation!</b></p> <p>Shana Wright-Bruno, UCSD Center for Community Health</p> <p>Kim Speckhahn, North County Health Services, WIC</p>	<ul style="list-style-type: none"> <li>Kim went over the benefits of lactation accommodation for both the baby and the mother, and how lactation accommodation fits into the upstream approach of preventing childhood obesity by focusing on the first food system and early childhood health and development.</li> <li>A lot of the work that is being done through advocating for better lactation accommodation in public spaces is to work to break down the barriers that mothers face.</li> <li>The work force has a high rate of women of childbearing age and not all work spaces have designated areas and appropriate time needed to breastfeed for working mothers.</li> <li>AB 1025 states that every employer in the state shall provide a reasonable amount of break time to accommodate an employee desiring to express breast milk for the employee's infant child.</li> <li>In addition to the mothers in the workforce, there is a huge lack of accommodation for students who are mothers, and can have negative effects on their health and education, and support from administration is very important.</li> <li>As of January 1, 2016 schools shall provide reasonable accommodations to a lactating student on a school campus to express breast milk, breast-feed an infant child, or address other needs related to breast-feeding. AB 302 is a lactation accommodation policy that is put in place for student mothers schools are required to provide lactation accommodation in the schools. Under this bill the student mother should be allowed reasonable break time, private safe space, and access to teen parent programs.</li> <li>California School Board Association (CSBA) has granted permission to Communities Putting Prevention to Work (CPPW) to disseminate a sample policy in workshops, consultations with local educational agencies or other employers, and/or other opportunities in support of breastfeeding and lactation accommodation provided that the sample policy is attributed to CSBA.</li> <li>School districts and county offices of education receiving CSBA's sample policy through CPPW may use this sample for their own policy development purposes.</li> <li>By the conclusion, four school districts in San Diego had adopted new voluntary policies, currently 33 out of our 42 school districts. About half of the 800 CSBA member school districts statewide have voluntarily adopted the CSBA policy.</li> </ul>	<p><b>What's in a Wellness Policy? Lactation Accommodation Resource Sheet:</b></p> <p><a href="https://bit.ly/2oYtLUY">https://bit.ly/2oYtLUY</a></p> <p><b>Watch the presentation recording here:</b></p> <p><a href="https://youtu.be/yaquhJFv_-w">https://youtu.be/yaquhJFv_-w</a></p>

	<ul style="list-style-type: none"> <li>• The What's in a Wellness Policy? Lactation Accommodation resource sheet contains sample policy language focusing on lactation accommodation that is available for those who are not currently utilizing it in their wellness policy.</li> <li>• There are currently four school districts that have language on lactation accommodation are Sweetwater, Chula Vista, San Ysidro, and San Diego, and Lemon Grove has included it in their draft.</li> <li>• Fallbrook and San Diego Unified School Districts have won awards in the previous years by the San Diego County Breastfeeding Coalition for their work around breastfeeding and lactation accommodation.</li> <li>• Partners are encouraged to view the What's in a Wellness Policy? sheets to find more information, sample policy language, and resource.</li> </ul>	
<b>COI Updates</b>	<ul style="list-style-type: none"> <li>• Red Cross WIC and the COI will be hosting a LIVE 5-7 minute slated segment for NBC on Tuesday, September 11 that will take place from 4-5pm. The Media Domain workgroup put together segment talking points focusing on September being National Childhood Obesity Awareness and Hunger Awareness Month. Dean will be the spokesperson for the COI along with a Red Cross Dietician.</li> <li>• Susana Lopez-Adolph is the new COI Program Manager. Susana was the REACH Manager prior, and is familiar with the COI and partners has made for a smooth transition. CHIP is excited to have her back on the team moving forward.</li> <li>• Several of the domains have been discussing doing similar work around the 5210 healthy messaging and have come up with the idea of creating a toolkit for all of the workgroups collectively including their own section. The toolkit will be composed of different videos, printed materials, and other 5210 related resources. If any of the partners have ideas and resources that can be shared about healthy celebrations from the school that partners currently work with, contact Deirdre.</li> <li>• COI staff have been participating in the Vision Zero Coalition meeting. At the most recent meeting the group talked about the goal of trying to connect municipalities and schools. The meeting coordinator, Maya Rosas, had agreed to put ATP funding on the agenda for each meeting to discuss and see where potential connections can be made.</li> <li>• During the next meeting, the workgroup will go over project updates.</li> </ul>	