

Meeting Minutes: Schools & After-School Domain Work Group July 17, 2018: 2:30 p.m. – 4:00 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Manpower Room San Diego, CA 92123	Next Work Group Meeting: Schools & After-School Domain August 21, 2018: 2:30 p.m. – 4:00 p.m. Serra Mesa Kearny Mesa Public Library 9005 Aero Drive, Community Room San Diego, CA 92123
Attendees: Anali Rosales-Garces, Barbara Hughes, Beatrice Lomer, Daniel Barajas, Deirdre Kleske, Dianne Bourque, Erika Hernandez, KellyAnne Rodriguez, Lori Gutierrez, Mary Sadile, Thomas Olinger, Vivian Paroj (HHSA), Dan Fesperman, Megan Schwarz, Prem Durairaj (CHIP), Heather Berkoben (Dairy Council of CA), Heather Cruz (CVESD), Heather Ransons (YMCA CRS), Jamie Moody (UCSD), Kate McDevitt (SDUSD), Kristin Gonzalez (The Children's Initiative), Paige Metz (SDCOE), Staci Boretzky (Alliance for Healthier Generation), Shohre Zahedi (Hygia Weight Loss & Nutrition), Trishia Salindony (Kitchens for Good)	
Recorder: Lyndsey Tapia (CHIP)	
View previous work group presentations on the COI YouTube Channel: https://www.youtube.com/user/COISanDiego/videos?view_as=subscriber	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> The 2018 Good Food Showcase will be 9/17 from 11:30am-5:00pm in Escondido. This year there will be local food marketing panel discussion and key insights in farming regulations. Flyers will be printed soon. To register, visit http://gfs2018.eventzilla.net/web/event?eventid=2138931257 The 7th Annual North County Grandparents Raising Grandchildren event will be on August 25 from 8:00am-1:30pm. The event will feature family fun activities, free health screenings, community resource fair, and more. Lunch and childcare will be provided. Kitchens for Good will become a CACFP sponsor in the fall. This means they can provide reimbursable meals to child-care, summer meal, and after-school sites. San Diego Hunger Coalition is currently hiring for two position, the Hunger Free kids Program Director and the CalFresh Program Manager. Cover letters and resume should be sent to info@sdhunger.org Save the date for the Annual Summit on Student Engagement and Attendance on October 12 from 8:00am-2:00pm. The event will focus on improving student attendance. A Resource Fair will be held at the event. If your program offers physical or mental health resources or services and you would like to participate in the Resource Fair, contact Deirdre Kleske at Deirdre.kleske@sdcounty.ca.gov 	
What's in a Wellness Policy: School Meals!	<ul style="list-style-type: none"> The series of resource sheets provide resources and model language for various components should to be included in a wellness policy. 	<ul style="list-style-type: none"> What's in a Wellness Policy: School Meals! resource sheet may be found at this link:

	<ul style="list-style-type: none"> The School Meals resource sheet provides wellness policy model language that addresses school meals such as meal plans, schedules, Recess before Lunch, oral health, food safety, etc. Some items are required and some are optional but encouraged. Resources that support greater meal participation and/or greater consumption of healthy foods include the CA Smarter Lunch Room Movement, the Hunger Free Kids Report, NEOP SNAP Ed for CalFresh eligible students, California School Food Breakfast Before the Bell, and resources to increase water access in schools. 	<p>What's in a Wellness Policy? resource sheets can be found here:</p> <p>http://sdcoi.wpengine.com/focus-areas/schools-and-after-schools/resources/</p>
<p>Hunger Free Kids Report</p> <p>Heidi Giertsen, San Diego Hunger Coalition</p>	<ul style="list-style-type: none"> Heidi Giertsen, San Diego Hunger Coalition Research Director, provided an overview of the Hunger Free Kids report and the opportunities by districts to address child hunger. The report is currently in soft release though the district profiles are the final versions. The district profiles include public and charter schools of all grade levels with the exception of preschools. Students who are hungry and lack good nutrition are more likely to miss class due to illness, have physical and cognitive developmental delays, show lower grades and graduation rates, and more. Federal nutrition programs provide significant food assistance to children. SD Hunger Coalition provides support for in-school, afterschool, and summer meals through various programs. SD Hunger Coalition compiled data for 2016 on the numbers of meals provided by every source of food assistance in SD County. 23.5% of meals were provided by Federal Child & Youth Meals, while 56.3% of meals were provided through CalFresh. Other programs that were included in the data were WIC, Senior Meals, and Food Banks and Pantries. District Profiles were created for the 25 school districts where at least 50% of students qualify for free and reduced lunch enrollment. Each profile provides a baseline report which breaks down variables such as attendance, test scores, race and ethnicity, and opportunities to provide more food to students and receive significant dollars in reimbursement from federal food programs. The goals of the Hunger Free Kids Report are to highlight local and national best practice strategies, suggest opportunities to feed more students, and provide information and resources to school districts, non-profits, and parents on implementation strategies and prioritizing efforts. There are five main strategies described in the report: <ol style="list-style-type: none"> Universal Free meals: Enroll all eligible students in free & reduced meals <ul style="list-style-type: none"> Opportunity for the school to participate in Community Eligible Provision (CEP) which is an option for schools that have a high rate of identified students enrolled in Medi-Cal, CalFresh, etc. 	<ul style="list-style-type: none"> Contact Deirdre if you would like a specific school district's profile. <p>deirdre.kleske@sdcounty.ca.gov</p>

	<p>2. Breakfast after the Bell</p> <ul style="list-style-type: none"> • <i>Breakfast in the Classroom</i> for grades K-6, which requires universal free meals. • <i>Grab n' Go</i> for grades 7-12 can be served before or after the bell, or during Second Chance Nutrition Break later in the morning. This does not require universal free meals. <p>3. Afterschool Supper:</p> <ul style="list-style-type: none"> • CACFP supper offers the chance for a full meal for the students and a higher reimbursement rate for the district versus just a snack. • There was a 9% countywide participation rate in afterschool supper and \$118 million in missed federal reimbursements in the 15'-16' school year. <p>4. Summer Meals:</p> <ul style="list-style-type: none"> • Focus is to find new sites where kids already congregate such as libraries, affordable housing, youth-servicing organizations, etc. • To find a summer meal site call 2-1-1 or text "FOOD" to 877-877. <p>5. School-Based Charitable Food Assistance:</p> <ul style="list-style-type: none"> • Backpack program, currently at 58 schools. • Mobile school pantries offering onsite food distribution sites, currently at 30 schools. 	
COI Updates	<ul style="list-style-type: none"> • Nina Ghatan has accepted a position at the United Way, in the Attendance Matters program. Susana Lopez-Adolph will return to CHIP as the COI Manager position on 8/1. Susana was formerly CHIP's REACH Manager, and is familiar with the COI and partners which will make for a smooth transition. CHIP is excited to have her back on the team! • On June 20 SANDAG and Alta Planning + Design hosted a forum designed to strengthen applications for funding through the Active Transportation Program (ATP). The goal is to connect schools/districts to those applying for ATP funds (cities and the County) so that funding for Safe Routes to School programming and/or improvements can be included in the applications (which strengthens the applications). The forum brought together engineers, planners, and school administrators/staff to walk through the application process and share local resources. Staff from five school districts and nine cities attended. <ul style="list-style-type: none"> ○ Alta Planning + Design developed Vision Zero+Safe Routes to School Resource Sheets showing the deadliest corridors around school locations for 17 cities. ○ The next round of ATP funding is in 2020 which will allow more time for collaboration and partnerships. 	<p>Vision Zero+Safe Routes to School Resource Sheets for 17 cities can be found here</p> <p>https://sdcoi.org/active-transportation-program-a-forum-to-strengthen-funding-applications/</p>

- COI received 15 Mini-Grant applications received. This compares to the seven applications received in the first round of mini-grants, and the 30 applications received in the second round.
- The COI and Community Domain Co-chairs reviewed the applications and decided on a grantee. The project proposal was presented at the Leadership Council meeting and was officially selected to receive the funding. The selected candidate will be notified by the end of this month and the COI will have more updates for the next meeting.
- 5210 healthy messaging posters and banners were displayed throughout the San Diego County Fair, along with a healthy food finder map (through the County Fair app and printed materials) pointing to healthier eating options, such as Albertsons/Von stands, and food vendors featuring locally grown produce. The map also included a step count for families to identify distances from point to point throughout the fairgrounds. UCSD Center for Community Health Worksite Wellness is supporting the 1,800 fair staff who qualify for the Walk Well Program.
- The Fair also incorporated a full-page 5210 advertisement in the coloring/activity book that reached roughly 30,000 students and are used in school Fair promotional visits.
- The COI staff and Fair organizers will meet again in September to start planning for next year.
 - Dianne Bourque suggested that additional, and more readily-accessible, lactation rooms be available at the Fair next year.