

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
July 24, 2018**

Attendees: Awichu Akwanya, Cecilia Morley, Dan Fesperman, Heather Ransons, Jannet Valdes, Jennifer Attias, Judith Hays, Keturah Swenson, Kim McDougal, Lisa Bandong, Maria Martinez, Mary Sadile, Maura Molish, Rynna Herwehe, Shana Wright, Thomas Olinger

Recorder: Lyndsey Tapia

AGENDA ITEM	DISCUSSION	ACTION ITEMS
1. Introductions	<ul style="list-style-type: none"> • Kim opened the meetings and led introductions. 	
2. COI Updates Dan Fesperman	<ul style="list-style-type: none"> • Nina has accepted a position at the United Way and will no longer be working for CHIP. Susan Lopez-Adolph will be filling the COI Manager position starting on August 1. Susana was the REACH Manager prior, and is familiar with the COI and partners which will make for a smooth transition. CHIP is excited to have her back on the team moving forward. • On June 20 SANDAG and Alta Planning + Design hosted a forum designed to strengthen applications for funding through the Active Transportation Program (ATP). The forum brought together engineers, planners, and school administrators/staff to walk through the application process and share local resources. There were about five school districts and nine cities in attendance. • Alta Planning + Design has developed one-pagers on the most deadliest corridors around school locations for nearly every city, which are available on the COI website. • AB 1838 was passed on June 28, four days after it was introduced. This will ban California cities and counties from creating taxes on soda and other sugary drinks for more than a decade. • This bill served as a compromise to a ballot initiative that would require a supermajority of two-thirds to pass any state or local taxes potentially crippling communities from raising new revenues. • Many of the assembly members who voted to pass AB 1838 were not in favor of the bill. • The 2020 ballot initiative by CDA and CMA would implement a statewide tax on sugar-sweetened drinks, providing at least \$1.7 billion in revenue for critical health programs and constitutionally preserving the ability of California's local communities to make their own decisions regarding future soda taxes. • With the passing of AB 1838, it impacts the COI policy agenda item focused on SSB efforts. CDA and CMA will put ballad together for 2020 in advocating against. • SB 1192 ask that all default beverages offered in all restaurants serving kids' combination meals should be water or milk. A sugary drink can still be ordered with a kids' meal at no additional cost; however, the customer must explicitly ask to replace the healthy drink with a sugary drink. This has yet to be enacted but is moving along promisingly. 	
3. UC Davis Baby and Toddler Behavior Resource for Providers Dan Fesperman	<ul style="list-style-type: none"> • UC Davis has created a baby and toddler behavior resources for providers which included online video trainings and modules covering various topics. • Kathleen Merchant is working locally to support these efforts and has implemented parts of it throughout the WIC offices. • The videos do a great job covering typical baby and toddler behaviors and are engaging, educational, and easy to understand. UC Davis requires all who utilize resources to go through a training which included the information in the modules. The modules are also password protected. 	

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	<ul style="list-style-type: none"> • The Healthcare Domain is looking to bringing UC Davis down to provide a training and wanted to know how they can engage the Early Childhood Domain. • Next steps are to get permission from UC Davis and work with them about a time for a training and maybe hosting it together with Healthcare and Early Childcare providers. • The Early Childhood workgroup expressed great interest in being included in the training and resources once the COI moves forward with the conversation with UC Davis. 	
<p>4. CACFP Conference</p> <p>Dan Fesperman</p>	<ul style="list-style-type: none"> • The COI submitted a proposal for the CACFP Conference. Dan will be presenting on the COI work along with Heather, Shana, and Rynna. • Heather Ransons will be sharing the QPI work and about the Preschool Initiative and how they implemented menu revisions, parent workshops on nutrition, talk about feeding environment and how to modify family style. • Shana Write Bruno will be sharing about the Breastfeeding San Diego Project. She will be talking about the collaboration between partners, building blocks, how providers can incorporate these efforts into their practices by featuring training videos and toolkits that can be used. • Rynna Herwehe will be sharing about the Nutrition Family Wellbeing Project which encompasses parents and center directors. She will also be going over how the project went and best practices. • The workgroup will continue to discuss the conference at the next meeting. 	
<p>5. Workplan Update</p>	<ul style="list-style-type: none"> • One of the items on the workplan includes connecting with the San Diego libraries and help to build nutrition and physical activities into their current programs. • Kim met with them a few weeks ago and they are in transition of finding a specific person for the representative position. Currently there is not a direct contact. • The library staff would like to invite the COI to present at their staff meeting to discuss what it is that the workgroup offers. They have also agreed to send a library staff to future workgroup meeting. • San Diego County BF Coalition responded and will be attending a staff meeting to train all staff on BF friendly. • Nicole who was interning with Shana has completed internship but will be still working on the survey project to follow through until it is completed. • Kim sent the 5210 Healthy Messaging criteria to Nicole as it aligns with the survey criteria to offer a little more structure. • The survey is meant to connect with the Community Colleges, specifically professors in the Child Development department, to identify their specific needs and how the domain can support healthy eating and active living efforts. The survey is currently in the draft stage and the workgroup added a few final edits to the draft. Jenny, who the workgroup's contact at Palomar Community College, will be sending the survey out to all professors in the Fall. If all goes well then she will send the survey to the Early Childhood educators at the Universities as well. The survey will be created in Survey Monkey for convenience. • A few next steps are to compiling what the workgroup and partners have to offer including resources, handouts, best practices, etc. • Shana will be making the final revisions to the survey before it is launched. Nicole is going to upload it to survey monkey once it is finalized. 	

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6. Partner Announcements	<ul style="list-style-type: none">• The Foundation for the Children of the Californias partnered with the Del Mar Fair to collect the stuffed animals from those attendees that do not wish to keep them, to provide for the children at the hospital. This year there was an overabundance of stuffed animals that the hospital collects. If any of the partners have a program where it would be helpful to have plush toys, the hospital would love to help. Contact amandaj@usfcc.org to arrange for pick up at the Otay Mesa unit location.• Cal State San Marcos has MPH students that are interested in internships. This year has the largest group of students this Fall semester. They are each required to complete 180 hours and can start by mid-May to August. The interns are required to have three goals set up and the supervisor has have a health related field background. The site needs to have a university community partnership agreement. If any of the workgroup partners are in need of some intern assistance, contact Lisa.	
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**Next Meeting: August 28, 2018
Location: San Diego Foundation**