

## Wellness Policy Attribute: **Water Access and Safety**

<b>District</b>	<b>BP/AR (Year)</b>	<b>Page</b>	<b>Language</b>
1. <b>Alpine</b>	BP (2017)	5	Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children's diets and health, with an emphasis on serving healthy snacks that include fruits and vegetables and <i>water</i> as a primary beverage.
2. <b>Borrego Springs</b>	BP (2017)	8	<p><b><i>Water</i></b></p> <p>To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day* and throughout every school campus* (“school campus” and “school day” are defined in the glossary). The District will make drinking water available where school meals are served during meal times.</p> <ul style="list-style-type: none"> <li>▪ Water jugs will be available in the cafeteria if a drinking fountain is not present.</li> <li>▪ All water sources and containers will be maintained on a regular basis to ensure good hygiene and health safety standards. Such sources and containers may include drinking fountains, water jugs, hydration stations, water jets and other methods for delivering drinking water.</li> <li>▪ Students will be allowed to bring and carry non-glass water bottles filled only with water with them throughout the day.</li> <li>▪ The Borrego Water District is working with BSUSD to test drinking water at all sites for lead. Depending on the results, appropriate measures will be taken.</li> </ul>
3. <b>Cajon Valley</b>	BP (2017)		The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
4. <b>Cardiff</b>	BP (2017)	2	<p>Provide free drinking water during meals, including both drinking fountains and water bottle refilling stations.</p> <p>Provide free drinking water at both school sites including drinking fountains and reusable water bottle filling stations.</p>
5. <b>Carlsbad</b>	BP (2017)	5	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
6. <b>Chula Vista</b>	BP (2017)	3  9	<p>Reimbursable Meals</p> <p>Provide access to free, fresh drinking water during meal times in the food service area(s) of the school. (SB 1413)</p> <p>Nutrition Promotion and Marketing in Schools</p> <p>Students should be encouraged to consume water through education about the health benefits of water, allowing students to refill reusable, capped water bottles, with clean potable water during the school day to consume in the classroom, and by maintaining clean, functioning water fountains.</p>

7. <b>Dehesa</b>	BP (2016)	4	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
8. <b>Del Mar</b>	BP (2014)	2	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
9. <b>Encinitas</b>	BP (2017)	4  5	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.  Schools shall provide access to free, potable water during meal times in the food service area, and shall encourage students' consumption of water through education about the health benefits of water and serving water in an appealing manner.
10. <b>Escondido Union</b>	BP (2014)	5	The superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
11. <b>Escondido Union High</b>	AR (2006)	3	Allowed: water or seltzer water without added caloric sweeteners; appropriate sports drinks; fruit and vegetable juices and fruit-based drinks that contain at least 50% fruit juice and that do not contain additional caloric sweeteners; unflavored or flavored low-fat or fat-free fluid milk and nutritional-equivalent nondairy beverages (to be defined by USDA)
12. <b>Julian Union</b>	BP (2012)	6	Schools will offer an accessible water station located within the snack/lunch area during meals and nutrition breaks to ensure that all children have access to water.  Snacks served during the school day or in after-school programs will make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.
13. <b>Julian Union High</b>	BP (2017)	8	Beverages Schools will offer an accessible water station located within the snack/lunch area during meals and nutrition breaks to ensure that all children have access to water.  Snacks Snacks served during the school day or in after-school programs will make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.

			<p><b>Nutritional Guidelines for Foods Available at School</b>  The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.</p>
14. <b>La Mesa-Spring Valley</b>	BP (2017)	4	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
15. <b>Lakeside</b>	BP (2016)	5	<p><b>Water</b>  To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day and throughout every school campus. The District will make drinking water available where school meals are served during mealtimes.</p>
16. <b>Lemon Grove</b>	BP (2013)	3	Promote the consumption of water, fruits, vegetables, whole-grain products, low-fat or fat-free dairy products, and healthy food preparation methods emphasizing calorie balance between food intake and energy expenditure through physical activity and exercise.
17. <b>Mt. Empire</b>	BP (2017)	3	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
18. <b>National</b>	BP (2013)	5	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
19. <b>Poway</b>	BP (2006)	2	Students and staff should have access to appropriate hydration (e.g., water or other fluids).
20. <b>SD Unified</b>	BP (2017)  Frame-work (2015)	2  10	<p>Goals for Food and Nutrition are:  f. Make available free potable drinking water for all students, at minimum during mealtimes.</p> <p><b>Water:</b> Availability and consumption of water is supported throughout the day. Students are allowed to bring drinking water into the classroom provided that the container is a capped, such as a recyclable or reusable bottle. These vessels are not to be shared among students.</p>
21. <b>San Pasqual</b>	BP (2012)	4	Students and staff should have access to appropriate hydration (e.g., water or other fluids).
22. <b>San Ysidro</b>	BP (2014)	8	Free, potable water will be available for consumption in the place where meals are served during meal service at all district schools.
23. <b>Santee</b>	BP (2017)	3	<p><b>Drinking Water</b>  The Superintendent or designee shall provide access to free, potable water in food service areas during meal times in accordance with Education Code 38086 42USC1758, and</p>

			shall encourage student's consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
24. <b>Solana Beach</b>	BP (2017)	4	The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.
25. <b>South Bay</b>	BP (2017)	1	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
26. <b>Spencer Valley</b>	BP (2015)	3	The school shall provide access to free, potable water during meal time in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner. This may include allowing students to refill reusable water bottles with clean, potable water during the school day. Well water is routinely tested quarterly and on a yearly cycle, and the results are made public each June.
27. <b>Sweetwater</b>	BP (2017)	4	<ol style="list-style-type: none"> <li>1. Students shall be provided access to free potable drinking water in eating areas during meal times and throughout the school day by allowing for installation or renovation of water stations when possible.</li> <li>2. Students shall also be encouraged to consume water during the school day and in campus after-school programs by allowing capped water bottles in classrooms and other campus areas.</li> </ol>
		5	<p><b>5. Fundraising, Food Sales, and Activities</b></p> <ol style="list-style-type: none"> <li>1. ...Marketing activities that promote healthful behaviors (and are therefore allowable) include: vending machine covers promoting water; pricing structures that promote healthy options in a la carte lines or; sales of fruit for fundraisers.</li> <li>6. School-based or school-sponsored events including during after-school or non-school hours shall include one or more healthy options when selling/serving/offering foods and beverages. (i.e. water, fruits, vegetables, whole grains, low fat dairy products.)</li> </ol>
28. <b>Valley Center-Pauma</b>	BP (2016)	3	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.