

Wellness Policy Component: **Lactation Accommodation**

<b>District</b>	<b>BP/AR</b> (Year)	<b>Page</b>	<b>Language</b>
<b>1. Chula Vista</b>	BP (2017)	18	<p>2. Healthy Worksite Environments</p> <p>The worksite wellness initiatives shall address the primary components of a healthy lifestyle including healthy eating, physical activity, tobacco use cessation, a drug- and alcohol-free lifestyle, and stress management.</p> <p>Examples of workplace policies that support wellness:</p> <ul style="list-style-type: none"> <li>• Provide smoke-free workplace environment/policies.</li> <li>• Promote healthy food policies for work events (meetings, workshops).</li> <li>• <i>Ensure lactation accommodation (Labor Code section 1030, 1031)</i></li> <li>• Encourage participation in community/District/school site wellness and physical activities.</li> </ul>
<b>2. San Diego Unified</b>	BP (2017)	8	<p><b>Staff Wellness</b></p> <p>Provide a reasonable amount of additional break time to accommodate an employee desiring to express breast milk for the employee’s infant child. If possible, the lactation break time should run concurrently with the employee’s break time.</p> <p>Reasonable efforts should be made to provide employees with the use of a room or other sanitary location (other than a toilet stall) in close proximity to the employee’s work area, so that the employee may express breast milk in private (Labor Code 1030-1033).</p>
<b>3. San Ysidro</b>	BP (2014)	13	<p><b>Breastfeeding in the Workplace</b></p> <p>In recognition of the well documented health advantage of breastfeeding for infants and mothers, the SYSD provides a supportive environment for breastfeeding mothers. The district will follow state and federal breastfeeding laws.</p>

<p><b>4. Sweetwater</b></p>	<p>BP (2017)</p>	<p>8</p>	<p>11. Lactation Accommodation: In recognition of the connection between breastfeeding, health and healthy weight for infants, and in accordance to BP 5146, the district shall ensure a lactation supportive environment.</p> <ul style="list-style-type: none"> <li>• The district shall provide a reasonable amount of break time to accommodate an employee and/or student each time she has a need to express breast milk for her infant child. (Labor Code 1030 &amp; AB302).</li> <li>• The district shall provide a clean and private space, other than a restroom, to accommodate an employee and/or student each time she has a need to express breast milk for her infant child. (Labor Code 1030 &amp; AB302)</li> <li>•The district shall provide permission to bring onto a school campus any equipment used to express breast milk, access to a power source for that equipment, and access to a place to safely store expressed breast milk.</li> <li>•The bill would prohibit a pupil from incurring an academic penalty as a result of her use, during the school day, of these reasonable accommodations.</li> </ul>
-----------------------------	----------------------	----------	---