

		5	<p>and/or other community locations promoting healthy lifestyles.</p> <p>District schools are encouraged to establish school gardens and/or farm-to-school projects to increase the availability of safe, fresh, seasonal fruits and vegetables for school meals and to support the district's nutrition education program.</p>
5. Chula Vista	BP (2017)	2	<p>School Nutrition, Physical Education, and Physical Activity Goals</p> <p>The Board shall adopt goals for nutrition, nutrition education and promotion, physical education, physical activity, and other school-based activities such as school gardens that are designed to promote student wellness in a manner that the District determines appropriate. (42 USC 1758b)</p> <ul style="list-style-type: none"> • Include developmentally-appropriate, culturally-relevant, participatory activities such as taste testing, working in school gardens, field trips to farms, community gardens, and/or other community locations promoting healthy lifestyles.
		9	<p>School Gardens</p> <p>School gardens can promote nutrition and support a healthy learning environment. Gardening fosters improved student health and ensures students have the opportunities to experience planting, harvesting, preparing, serving, and tasting self-grown food.</p> <p>The District supports:</p> <ul style="list-style-type: none"> • The use of school property for school gardens that promote nutrition education and physical activity that is integrated with other subject area instruction to enhance learning. • Exploring and establishing partnerships and/or joint-use arrangements with outside organizations to support the sustainability of school gardens at individual school sites as appropriate. • The sustainability of school gardens through activities including, but not limited to, grant writing, fundraising, and/or in-kind donations of materials or other resources. • The site administrator/designee to be responsible for supervising all materials, resources, and services requested for the school site's garden program, making sure that requests adhere to District protocols and policies. (Education Code 51795-51796.5)
6. Dehesa	BP (2016)	2	<p>Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before- and after-school programs, summer learning programs, and school garden programs.</p>
		3	<p>Developmentally-appropriate, culturally-relevant, participatory activities such as taste testing, working in school gardens, field trips to farms, community gardens, and/or other community locations promoting healthy</p>

		5	<p>lifestyles.</p> <p>District schools are encouraged to establish school gardens and/or farm-to-school projects to increase the availability of safe, fresh, seasonal fruits and vegetables for school meals and to support the district's nutrition education program.</p>
7. Encinitas	BP (2017)	1 3	<p>Whereas, school gardens can provide students with experiences in planting, harvesting, preparation, serving and tasting foods, including ceremonies and celebrations that observe food traditions, integrated with the core curriculum, and articulated with state standards;</p> <p>Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before- and after-school programs, summer learning programs, and school garden programs.</p>
8. Fallbrook Union District	BP (2016)	1	Nutrition education may also be provided through school garden activities. Staff are encouraged to integrated hands-on experiences with school gardens as feasible, including composting, planting, and harvesting.
9. Jamul-Dulzura	BP (2011)	1	Encourage instructional strategies that incorporate experiential learning opportunities (e.g., taste testing, cooking demonstrations, tours of farmers markets, and school gardens) that engage students and family members in reinforcing healthy nutrition behaviors.
10. Julian Union	BP (2012)	7	<ul style="list-style-type: none"> Julian Elementary and Junior High shall maintain instructional gardens of sufficient size to provide students with experiences in planting, harvesting, preparation, serving and tasting foods, including ceremonies and celebrations that observe food traditions, integrated with nutrition education and core curriculum and aligned with state standards. Staff is encouraged to integrate hands-on experiences in the garden classroom and enrichment activities such as visits to local farms so that students begin to understand how food reaches the table and the implications that has for their health and future.
11. Julian Union High	BP (2017)	2	Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before- and after-school programs, summer learning programs, and school garden programs.
12. Lakeside	BP (2016)	7	<p><i>Nutrition Education</i></p> <p>The District aims to teach, model, encourage, and support healthy eating by students. Schools will provide nutrition education and engage in nutrition promotion that:</p> <ul style="list-style-type: none"> Link with school meal programs, cafeteria nutrition promotion activities, school gardens, Farm to School programs, other school foods, and nutrition-related community services;
13. La Mesa-Spring Valley	BP (2017)	2	Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational

			students learn about their food system and apply academic concepts with hands-on activities.
18. Solana Beach	BP (2017)	2	The nutrition education program shall include, but is not limited to, information about the benefits of healthy eating for learning, disease prevention, and oral health. Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before- and after-school programs, summer learning programs, and school garden programs.
19. South Bay	BP (2017)	2	The nutrition education program shall include, but is not limited to, information about the benefits of healthy eating for learning, disease prevention, weight management, and oral health. Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before- and after-school programs, summer learning programs, and school garden programs.
20. Spencer Valley	BP (2016)	2	The nutrition education program shall include, but not be limited to, information about the benefits of healthy eating for learning, disease prevention, healthy weight, and oral health. Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before-and-after-school programs, school gardening programs, and summer learning programs.
		7	Goals for Nutrition, Physical Activity, and Other Wellness Activities Examples of programs Spencer Valley has participated in or currently participates in to meet goals may include: <ul style="list-style-type: none"> • A weekly gardening program in which students participate in composting, tilling, weeding, planting, watering, and harvesting a variety of garden vegetables. • Cooking classes using garden produce grown through the school gardening program that highlight cultural education.
21. Sweetwater	BP (2017)	4	Nutrition/Nutrition Services 4. The district shall foster a culture of support for growing and procuring fresh, local produce through community engagement, opportunities for school gardens, Farm- to-School and Garden-to-Cafeteria programs, farmers markets, and food distribution at school sites.
22. Warner	BP (2017)	1	Nutrition Education and Physical Activity Goals Each school in the District shall be encouraged to establish an instructional garden to provide students with experiences in planting, harvesting, preparing, serving, and tasting foods. To the extent possible, such activities should be integrated with nutrition education, state standards, and core curriculum goals.
		3	Guidelines for Reimbursable Meals The Warner Unified Food Services will attempt to coordinate its menus with seasonal production of local

			farms and with production in school gardens in order to reflect seasonality and local agriculture.
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