Wellness Policy Component: **Celebrations**

District	BP/AR (Year)	Page	Language
1. **Alpine**	BP (2017)	5	Celebrations: ● Schools will limit celebrations that involve food to no more than three class parties per school year. Each party should include no more than one food or beverage that does not meet nutrition standards for foods and beverages sold individually (above). ● At the middle school, this will mean that there would be no more than 3 parties per student per school year. The district will disseminate a list of healthy party ideas to parents and teachers. Birthday Celebrations: No celebratory food items will be allowed on school sites during the school day in celebration of a student's birthday. The District encourages and supports the use of non-food celebratory activities and will provide a list of suggestions to schools and parents. Other Celebrations/Special Occasions: ● All food items and/or donations of food items by outside parties are strongly encouraged to meet or exceed California Nutritional Standards and guidelines set forth by the District. School staff shall encourage parents/guardians or other volunteers to support the District's nutritional education program by considering nutritional quality when selecting any food or beverage they may donate for an occasional class party. ● All foods items brought on campus by parents/guardians or other volunteers or school staff for celebrations should be store bought, prepackaged, and pre-wrapped items with a label, listing ingredients so students with food allergies are protected from accidental exposure. ● No home-cooked meals should be served to students in order to minimize the risk of foodborne illnesses.
2. **Bonsall**	BP (2016)	5	The district will: • Offer and promote healthy food and beverage products at all school-sponsored events. • Encourage schools to limit celebrations that involve food during the school day and encourage the serving of healthy foods. • The District determines that the maximum number of classroom celebrations will be no more than 3 per year. This will be consistent at each school site. • Require that schools do not lose instructional time for birthday celebrations. • Encourage classroom and school celebrations to be centered around physical activity and games that will get students moving rather than sitting and eating. • Recommend a nutritional snack list that will be provided for parents/guardians who choose to bring treats for classes.

			• Encourage school organizations and Parent Teacher Associations to work with School Nutrition Services to purchase foods for events whenever possible.
3. **Borrego**	BP (2017)	8	All foods offered on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards including through: 1. Celebrations and parties. The district will provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas. Healthy party ideas are available from the Alliance for a Healthier Generation and from the USDA 2. Classroom snacks brought by parents. The District will provide to parents a list of foods and beverages that meet Smart Snacks nutrition standards.

4. **Chula Vista**	BP (2017)		1. School-Sponsored Events/Celebrations During School Day
			• For events hosted on school campuses from midnight through 30 minutes after the school day ends:
			• Organizers must ensure that:
			  • All food items brought on campus by parents/guardians or other volunteers or school staff for celebrations should be store bought, pre-packaged, and pre-wrapped items with a label listing ingredients so students with food allergies are protected from accidental exposure.
			  • No home cooked foods should be served to students in order to minimize the risk of food-borne illnesses.
			• Organizers are strongly encouraged to ensure that:
			  • All donated or purchased foods and beverages served meet the Smart Snacks in Schools nutrition standards (foods and beverages *sold to students must meet* the California Smart Snacks in Schools nutrition standards).
			• Schools shall limit celebrations that involve food during instructional time to no more than two times per school year.
			• If possible, the celebration should take place during the last half hour of the school day.
			• Birthday Celebrations: No celebratory food items will be allowed on school sites during the school day in celebration of a student's birthday. The District encourages and supports the use of nonfood celebratory activities and will provide a list of suggestions to schools and parents.
			2. School-Sponsored Events After School Day
			• For events hosted on school campuses more than 30 minutes after the school day ends, (such as an open house, parent meetings, carnivals, etc.), organizers are strongly encouraged to balance non-nutritious food and beverage offerings with healthy food items that meet California Smart Snacks in Schools nutrition standards.

5. **Coronado**	BP (2016)	4	Celebrations during the School Day Schools shall limit celebrations that involve food during instructional time to no more than three times per school year. If possible, the celebration should take place during the last half hour of the school day. School celebrations will include

			no more than one food or beverage that does not meet the nutrition standards for food and beverages. Birthday Celebrations No celebratory food items will be allowed on school sites during the school day in celebration of a student's birthday. The District encourages and supports the use of nonfood celebratory activities and will provide a list of suggestions to schools and parents on the District Food Services & Student Nutrition website. Other Celebrations/Special Occasions All food items and/or donations of food items by outside parties are strongly encouraged to meet or exceed California Nutrition Standards and guidelines set forth by the District. School staff shall encourage parents/guardians or other volunteers to support the District's nutrition education program by considering nutritional quality when selecting any food or beverages they may donate for an occasional class party. All food items brought on campus by parents/guardians or other volunteers or school staff for celebrations should be store bought, prepackaged, and prewrapped items with a label listing ingredients so students with food allergies are protected from accidental exposure. No home-cooked meals should shall be served to students in order to minimize the risk of foodborne illnesses.
6. **Del Mar**	BP (2014)	8	Celebrations Schools should limit celebrations that involve food during the school day to no more than one party per class per month. Each party should include no more than one food or beverage that does not meet nutrition standards for foods and beverages sold individually. The district will disseminate a list of healthy party ideas to parents and teachers. These celebrations should occur at least 30 minutes after the lunch hour. Annual District celebrations, such as 6th Grade Promotion, are exempt.
7. **Escondido Union**	BP (2014)	5	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks that they may donate for occasional class parties or celebrations. Foods and beverages that do not meet nutritional standards shall be limited to no more than one food or beverage per party or celebration. Class parties or celebrations shall be held after the last lunch period or be incorporated into the school lunch program through Nutrition Services. The frequency of class parties or celebrations shall be left to the discretion of the site administrator.
8. **Escondido Union High**	BP (2015)	5	School staff shall strongly encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks that they may donate for occasional class parties or celebrations. Foods and beverages that do not meet nutritional

			standards shall be limited to no more than one food or beverage per party or celebration. Class parties or celebrations shall be held after the last lunch period or be incorporated into the school lunch program through Nutrition Services. The frequency of class parties or celebrations shall be left to the discretion of the site administrator.
9. **Fallbrook Union**	BP (2016)	3	Principals shall recommend the use of non-food rewards and healthy alternative meals or snack choices when events are being planned for students. This includes teachers, parents, parent teacher organizations, community groups, and others who plan celebrations or reward events for students. **Classroom or School Celebrations** Healthy drinks and snack food items are recommended for classroom or school celebrations. A special event meal may be utilized as a celebration when it is part of the National School Lunch Program. Also, food may be part of a celebration when it is not the main focus of the event. Examples of this are lunch with a teacher, principal or special person and awards assemblies where food is not a reward. When food or beverage items are being utilized, they must be given after the lunch time of the students and an allowable snack or school beverage must be offered. **Student Stores** The district health council recommends all student stores limit sales to non-food items. **Birthday or Personal Celebrations** Birthday or personal celebrations in the classroom may only be recognized with items that meet the allowable snacks and must be purchased and not made at home. All celebration items must be approved by the Principal or designee before being distributed to students.
10. **Fallbrook Union High**	BP (2013)	3	Staff planning student functions during the school day with more than 20 students in attendance, shall notify the Director of Food Services in writing at least five days in advance to lessen the impact on the Food Services Department. School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class functions and by limiting foods or beverages that do not meet nutritional standards to no more than one food or beverage per function. Foods or beverages served at class functions shall be store bought, unopened, and include an ingredient label on packaging. Due to the potential of food borne illness, foods and beverages prepared at home shall not be allowed. Class functions, including parties or celebrations, shall be held after the lunch period when possible.
11. **Grossmont**	BP (2014)	2	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by limiting foods or beverages that do not meet nutritional

			standards to no more than one such food or beverage per party. Class parties or celebrations shall be held after the lunch period when possible.
12. **Jamul-Dulzura**	BP (2011)	6	**Guidelines for Other Foods and Beverages Available to Students** Require that schools limit celebrations that involve food during the school day and encourage the serving of healthful foods.
13. **Julian Union Elementary**	BP (2012)	6 7	**Celebrations** Schools shall limit celebrations that involve food during the school day to no more than one party per class per month. Each party should include no more than one food or beverage that does not meet nutrition standards for foods and beverages sold individually (above). The district will disseminate a list of healthy party ideas to parents and teachers and encourage non-food focused celebrations. Julian Elementary and Junior High shall maintain instructional gardens of sufficient size to provide students with experiences in planting, harvesting, preparation, serving and tasting foods, including ceremonies and celebrations that observe food traditions, integrated with nutrition education and core curriculum and aligned with state standards.
14. **Julian Union High**	BP (2017)	3	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
15. **La Mesa-Spring Valley**	BP (2017)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
16. **Lakeside**	BP (2016)	6	***Foods Not Intended for Consumption at School: Competitive Foods and Beverages, Celebrations and Rewards*** 2. Classroom parties and celebrations should not be held during school meal periods. 3. Students or adults providing food for parties and celebrations should be aware that foods that comply with the USDA and California state nutrition standards are the most appropriate for a school setting. 4. Students or adults providing food as a reward should be aware that foods that comply with the USDA and California state nutrition standards are the most appropriate for a school setting. 5. Food and beverages should not be withheld as a punishment. 6. The principal may determine any special circumstances in which non-compliant foods should be made available to students during the school day. These should be limited to infrequent events.
17. **Lemon Grove**	BP (2013)	5	**Communications with Parents and Other Community Members**

			Additionally, the district will assist and support parents' efforts to provide a healthy diet for their children by: 6. Providing parents with a list of foods that meet the district snack, celebrations, and fundraising standards and guidelines.
18. **Mt. Empire**	BP (2017)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
19. **National**	BP (2015)	5	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
20. **Oceanside**	BP (2011)	4	School staff shall require parents/guardians or other volunteers to support the district's nutrition education program by meeting or exceeding nutritional guidelines set forth in Administrative Regulation 5030 when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
21. **Ramona**	BP (2012	3	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by - taking a balanced approach in selecting foods and beverages. Class parties or celebrations shall be held after the lunch period when possible.
22. **SD Unified**	BP (2017) Frame-work (2015)	3 11 31	i. Ensure all foods offered or provided on the school campus meet or exceed the USDA Smart Snacks in School nutrition standards and meet state nutrition standards, including celebrations, parties, classroom snacks, and student rewards for performance or behavior. **Celebrations:** In circumstances where food cannot be avoided at celebrations, those responsible for bringing foods to celebrations (whether school staff, parents/guardians, volunteers) are instructed to select food items that meet the criteria described in the "Allowable Foods" section below. School staff and parents shall be provided with non-food and healthy snack ideas for celebrations. It is best practice for celebrations to be held after the lunch period. **Supporting a Healthy Diet:** Parent/guardian support is essential in optimizing the health and educational success of students. The district provides parents and staff a list of foods and beverages that meet the district snack, celebration and fundraising standards and guidelines through the Food Services Department website or the Wellness website at www.sandi.net/wellness or in written format upon request. In addition, schools are advised to engage parents in the following ways in regards to healthy eating:

			• Provide parents with nonfood and healthy snack ideas for celebrations.
23. **San Marcos**	BP (2016)	4	Principals shall encourage the use of non-food reward items and healthy alternative meals or snack choices when events are being planned for students. This includes teachers, parents, parent teacher organizations, community groups, and others who plan celebrations or reward events for students.
24. **San Pasqual**	BP (2012)	7 9	**Classroom Celebrations:** • All classroom parties or celebrations in elementary school will be held after lunch period. • A list of party and celebration alternatives will be shared with the staff, teachers and parents. • Staff will encourage parents/guardians or volunteers to consider nutritional quality when selecting snacks for parties and omitting foods or beverages that do not meet nutritional standards. **Lists of Foods:** The District/School will make available to parents a list of foods that meet the District's Nutrition Standards and ideas for healthy celebrations/parties, rewards, and fundraising activities.
25. **San Ysidro**	BP (2014)	10	Classroom and School Celebrations Classroom celebrations are required to be non-food and/or beverage 50% of the time. A special event meal may be utilized when it is part of the National School Lunch or Breakfast Program. Food may be part of the function when it is not the main focus of the event, such as in "lunch with the Principal" (or teacher) and during award assemblies. When snacks items are being utilized as part of the event, they must be served after lunch time of the students and be compliant with snack guidelines. Birthday Celebrations No celebratory food items will be allowed on school sites during the school day in celebration of a student's birthday. Examples of non-food items that may be utilized will be available on the District's website or at the school office. All celebration items must be approved by the classroom teacher before being distributed to students." Classroom Educational Events Event must be part of the educational process. The event may include food items; however, if any item is a potentially hazardous food, all safe handling procedures must be followed.
26. **Santee**	BP (2017)	2	School staff shall encourage parents/guardians and other volunteers to support the District's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by limiting foods or beverages that do not meet nutritional standards to no more than one such food or beverage per party. Class parties or celebrations shall be held after lunch.
27. **Solana Beach**	BP (2017)	4	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class

			parties or celebrations shall be held after the lunch period when possible.
28. **South Bay**	BP (2017)	2	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
29. **Spencer Valley**	BP (2015)	4	Students shall be discouraged from bring non-nutritious food items from home such as candy, soda, and sports drinks. Families and volunteers shall be encouraged to support the District's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional celebrations such as student birthdays, holidays, etc. These celebrations shall be held during lunch or after school and not in the classrooms when possible. Staff shall be prohibited from using non-nutritious food items for school performance rewards or incentives.
30. **Sweetwater**	BP (2017)	6	**5. Fundraising, Food Sales, and Activities** **10.** Celebrations and parties: Celebrations during school hours are strongly encouraged to use non-food activities. The district will provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas. https://www.healthiergeneration.org/asset/1062yk/07-278 HSPFramework.pdf
31. **Vallecitos**	BP (2010)	2	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by limiting foods or beverages that do not meet nutritional standards to no more than one such food or beverage per party. Class parties or celebrations shall be held after the lunch period when possible.
32. **Valley Center-Pauma**	BP (2016)	3	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by focusing classroom celebrations on activities, rather than food. Foods and beverages served at school or classroom celebrations are encouraged to meet the District's Nutritional Standards for fat, sugar, calories, and sodium content. Class parties or celebrations should be held after the lunch period when possible. Nutritional standards will be listed on the District's website.
33. **Warner Unified**	BP (2017)	2	Outreach to parents/guardians shall emphasize when food may be used in the classroom for reinforcement, celebration, or education, as well as the relationship between student health and academic performance. The District encourages class parties or celebrations to involve non-food items to the extent possible.